

# Red Room Daily Schedule

- 8:00-9:00am-Early Birds (Morning Health Checks, Diapering, Bottle Feeding if needed, self-directed floor activities)
- 9:00-11:30am Morning Routine Care (Diapering, bottle feeding)
  - Mornings Greetings
  - Snack offered
  - Nap offered
  - Tummy Time, teacher directed activities (Music, language, motor)
  - Outdoor Play (time of day will vary)
- 11:30-1:30pm- Mid-Morning to Afternoon—Routine Care (Diapering, bottle feeding)
  - Lunch offered
  - Interest Areas, and self-directed floor activities
- 1:30-3:30pm- Afternoon—Routine Care (Diapering, bottle feeding)
  - Snack offered
  - Nap offered
  - Tummy Time, teacher directed activities (Social/Emotional, Cognitive, Science)
- 3:30-5:30 pm- Fun Zone/Late Afternoon—Routine Care (Diapering, bottle feeding)
  - Self-directed floor activities
  - Clean up and set up for next day
  - Nap Offered