



Can you believe this school year is already coming to an end? These past few months have gone by so fast. Hope everyone enjoyed all of the festivities that the month of April had for us. With us getting ready for Summer, there may be a lot of changes (friends leaving, new friends coming, vacations, teacher subs). We thought it would be good to have reminders about healthy eating and creating healthy habits. Below is the article talking about the different ways us parents can help aide our children into starting healthy eating and habits early on.

<https://www.zerotothree.org/resources/155-here-s-to-healthy-eating-habits-to-start-and-habits-to-avoid>

Environment

This month in the Green Room we will continue our talk about Spring Time, plants and various types of seeds. In our Green Room Friend's lunches there are a variety of fruits and vegetables that the friends are already exposed too. One of the activities is we will create a seed collage, by gluing on plant seeds to paper and showing a representation of the final plant. In the activity area, we will act out "Grow a Little Seed", I am sure our friends are going to love another movement dance.

Now moving our learning of plants to the sensory table, we will build on our language skills. We will have the children identify and label the different vegetables and fruit in the table. Next, set up for friends will be a puppet theater, so friends can choose which puppet they would like and create a show or a skit about going to the farmers market or grocery store. Also, in the block center while children are playing and stacking, teachers will talk about positions and where the blocks are being placed.

Also, with learning about language comes motor skills. Last month, we worked on hopping and I think our children can all hop, especially hopping like bunnies. Well this month we will be working on kicking. Outside set up will be small soccer goals and various sizes of balls for the children to practice kicking. Another fun activity we have planned, is tying a string to a balloon for the children to hold and walk around kicking. I can't wait to try this myself!

Lastly, this month we will focus on color and shape recognition. In the blocks center we will provide the children with attribute shape blocks and have them match the attribute blocks to the picture cards. Also, the children will use color circle stickers and place the stickers on the corresponding color paper. And last to enhance our color recognition, the children will use small colored pencils to color on paper. Then the children will label which color they are using.

Parent Reminders:

As we approach summer days our mornings will be starting off warmer than normal. We ask that you apply sunscreen/ bug spray in the mornings before coming to school, and then we can re-apply for fun-zone time.

Monthly Events

Tuesday, May 2: Emily's Birthday

Monday, May 28: Memorial Day - School Closed

Friday, May 11: Mother's Day Tea @ 8:30am

Thursday, May 31: Last Day of the School Year

Monday, May 18: Parent Conferences

Friday, June 1: School Closed for Teacher In-service

Wednesday, May 23: End of Year Family Social

Monday, June 4: 1st Day of Summer Camp

