



Hello! This download contains the FAITH5 steps and scripture jar refill. The scriptures chosen are single verses and are easy to slip into the Faith5 format. So if you were to pull

Philippians 4:4 – Rejoice in the Lord always. I will say it again: Rejoice!
The talking part of the FAITH5 activities might begin with, I wonder what that means for our lows from today. I wonder what that means for our highs from today. There is no right or wrong answer in these questions.

The Scripture Jar Refill needs to be printed single sided and then cut along the line. Because some verses are longer than a single line they may not line up properly from page to page.

Please let me know if you have questions regarding FAITH5 or for any other reason need to chat.

God bless,
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Share

Share

Each member takes turns to share one high and one low that happened during their day. This is a time for each member to have the stage to themselves, when they get to express how they felt about their day. This step encourages communication, nurtures connection among your family and fosters a safe place for later when something really hard comes up. It also nurtures the practice of recognizing positivity even when the day didn't go the way anyone planned.



Read

Read

Choose and read a story from the Bible. Doing this roots God in the center of this practice and in the center of your lives. By reading piece of God's story each day, you pass on the faith to your children. This also allows you to explore more deeply a greater number of stories than just what we do in Sunday School. The scriptures tell of God's great love for all the people of creation, by reading these with your children you encourage them to own them also and then live into God's story.



Talk

Talk

Talk about the story that you just read. Reflect on how God's story applies to your highs and lows today. This brings God forward into our lives every day. This step also encourages dialog about how faith can and does have a real impact on your life.



Pray

Pray

In this step you bring all of the things you have talked about to God and Jesus. Prayer does not have to be complicated – this step is as simple as thanking God for the highs, asking for help on the lows and closing in Jesus' name. Prayer is as interactive as every other step – it's not just the adults that pray but also your children who pray for one another. This act teaches compassion by teaching that not only do we pray for our needs but also we pray for others.



Bless

Bless

The final step in Faith5 is blessing. The blessing involves a simple spoken blessing along with a small cross on the forehead. Keeping it simple makes it feasible for every member to participate. The blessing wraps up this time together with a verbal and physical reminder of how deeply loved each person is by each other and by God.

Acts 16:31 – Believe in the Lord Jesus Christ, and you will be saved

1 John 4:19 – We love because he first loved us.

Matthew 22:39 – You shall love your neighbor as yourself.

Psalms 145:9 -The LORD is good to all.

Genesis 16:13 – You are the God who sees.

Philippians 4:4 – Rejoice in the Lord always. I will say it again: Rejoice!

Numbers 6:24 – The Lord bless you and keep you

Colossians 3:2 – Set your minds on things above, not on earthly things.

Colossians 3:16 – Let the word of Christ dwell in you richly

1 John 5:3 – This is love for God: to obey his commands

Ephesians 4:30 – And do not grieve the Holy Spirit

Hebrews 13:8 – Jesus Christ is the same yesterday, today and forever.

Psalms 150:6 – Let everything that has breath praise the Lord.

Proverbs 3:5 – Trust in the Lord with all your heart.

Romans 10:13 – Everyone who calls on the name of the Lord will be saved.

Romans 3:23 – All people have sinned and come short of the glory of God.

Matthew 5:14 – You are the light of the world.

Psalms 145:9 – The Lord is good to all.

James 1:17 – Every good gift and every perfect gift is from above.

Matthew 28:20 – I am with you always.

Ephesians 4:32 – Be kind to one another.

1 John 3:23 – Love one another.

Psalm 56:3 – What time I am afraid, I will trust in You.

Psalm 118:24 – This is the day the Lord has made; Let us rejoice and be glad in it.

Psalm 119:105 – Your word is a lamp to my feet and a light for my path.

Psalm 136:1 – Give thanks to the Lord, for he is good. His love endures forever.

Luke 6:31 – Do to others as you would have them do to you.

Philippians 4:13 – I can do everything through Him who gives me strength.

Psalm 138:1 – I will praise thee with my whole heart.

John 10:11 – I am the good shepherd.

Matthew 6:24 – No one can serve two masters.

Proverbs 30:5 – Every word of God proves true.

Deuteronomy 6:5 – You shall love the LORD your God with all your heart and with all your soul and with all your might.

John 11:35 – Jesus wept.

1 Corinthians 10:31 – Whatever you do, do everything for the glory of God.

Psalms 19:1 – The heavens declare the glory of God.

Genesis 1:1 – In the beginning, God created the heavens and the earth.

Psalms 139:14 – I praise you God, for I am fearfully and wonderfully made.

Isaiah 43:5 – Do not be afraid for I am with you.

Ecclesiastes 12:13 – Fear God and keep his commandments.

1 Thessalonians 5:17 – Pray without ceasing.

Isaiah 26:4 – Trust in the Lord forever, for the Lord God is an everlasting rock

Psalms 46:10 – Be still, and know that I am God.

Proverbs 2:6 – The Lord gives wisdom.

Psalms 150:6 – Let everything that has breath praise the LORD!
