

CANKER SORES

“Magic mouthwash” is commonly prescribed for conditions such as chemotherapy/radiation induced mucositis, canker sores, mouth pain, etc. The following information can be found in PHARMACIST'S LETTER / PRESCRIBER'S LETTER July 2007 ~ Volume 23 ~ Number 230703.

“There are numerous magic mouthwash formulations. Most contain at least three ingredients. Concoctions may contain a combination of an antibiotic (to reduce the bacterial flora around the lesion), antihistamine (for local anesthetic effect), antifungal (to stop any fungal growth), steroid (to reduce inflammation), a local anesthetic/pain reliever, or an antacid (to enhance coating of the ingredients on the mouth). The most popular formulation includes topical anesthetics such as lidocaine viscous and diphenhydramine plus *Maalox* (aluminum/ magnesium hydroxide) to enhance coating of the ingredients in the mouth. Other formulations

include antifungals, corticosteroids, or antibiotics for infections or inflammations. Most of the formulations are used every four to six hours with instructions to hold in the mouth for one to two minutes then spit out or swallow. Patients should be instructed to shake the bottle well before using and not to eat or drink for 30 minutes after use.”

With our state of the art compounding facility and compounding experience we have the ability to compound several forms of “Magic Mouthwash”.

An example of how you might prescribe follows:

COMPOUNDED MEDICATION

**Nystatin 100,000 units/ml + Diphenhydramine 12.5mg/5ml +
Maalox + Lidocaine Viscous 2% Mixed 1:1:1:1
Oral Rinse
240ml
Swish and spit Q4-6H PRN**