

# Medicare's Therapeutic Shoe Benefit

The US Centers for Disease Control and Prevention estimate that nearly 20.8 million Americans are afflicted with diabetes. Studies have shown that 25 percent of persons with diabetes develop foot problems related to the disease, and that up to 15 percent of persons with diabetes develop foot ulcers. Since 1993, Medicare has covered certain therapeutic shoes, inserts and modifications for persons with diabetes who meet specified qualifying requirements.



# \*Medicare covers diabetic shoes, inserts and modifications for program beneficiaries only if the following criteria are met:

- (a) the patient has diabetes and one or more of the following conditions:
  - Previous amputation of the other foot, or part of either foot, or
  - History of previous foot ulceration of either foot, or
  - History of pre-ulcerative calluses of either foot, or
  - Peripheral neuropathy with evidence of callus formation of either foot, or
  - Foot deformity of either foot, or
  - · Poor circulation in either foot
- (b) The patient has a prescription for a particular type of footwear (e.g., shoes, inserts, modifications) from a podiatrist or physician who is knowledgeable in the fitting of diabetic shoes and inserts.
- (c) A "Statement of Certifying Physician for Therapeutic Shoes" from a physician who manages the patient's diabetes, which certifies that the patient (a) has diabetes mellitus, (b) has at least one of the qualifying conditions (see above), (c) is being treated under a comprehensive plan of care for his or her diabetes, and (d) needs diabetic shoes.

## \*What is Covered?

## **Coverage Limitations**

For Medicare beneficiaries meeting the criteria described above, coverage is limited to one of the following within 1 calendar year:

- 1 pair of off-the-shelf depth shoes and up to 3 additional pairs of multi-density inserts.
- 1 pair of off-the-shelf depth shoes including a modification, and up to 2 additional pairs of multi-density inserts.
- 1 pair of custom-molded shoes and up to 2 additional pair of multi-density inserts.

# Medicare Beneficiary Eligibility

## Which Codes do you Reference?

## A5500

For diabetics only, fitting, preparation and supply of off-the-shelf depth inlay shoe manufactured to accommodate multi-density inserts, per shoe.

A depth shoe is one that 1) has a full length, heel-to-toe filler that when removed Provides a minimum of 3/16" of additional depth used to accommodate custom-molded or customized inserts, 2) is made from leather or other suitable material of equal quality, 3) has some form of shoe closure and 4) is available in full and half sizes with a minimum of three widths so that the sole is graded to the size and width of the upper portions of the shoe according to the American standard last sizing schedule or its equivalent. (The American last sizing schedule is the numerical shoe sizing system used for shoes in the United States.) This includes a shoe with or without an internally seamless toe.

## A5512

For diabetics only, multiple density insert, direct formed, molded to foot after external heat source of 230 degrees Fahrenheit or higher, total contact with patient's foot, including arch, base layer minimum of 1/4 inch material of Shore A 35 durometer or 3/16 inch material of Shore A 40 durometer (or higher), prefabricated, each.

## A5513

For diabetics only, multiple density insert, custom molded from model of patient's foot, total contact with patient's foot, including arch, base layer minimum of 3/16 inch material of shore a 35 durometer or higher. Includes arch filler and other shaping material, custom fabricated, each.

**Note:** Medicare instructs that when a pair of shoes, inserts or modifications is provided, two units of service should be reported on the claim; when a single unit is furnished, report only a single unit and code with appropriate modifiers to indicate whether the unit was for the right or left foot.

## Additional Requirements

Additional requirements may apply. You should consult a qualified expert or your Medicare program representative for details.

The information contained herein is a summary of Aetrex's understanding of select Medicare rules and policies, and is intended for information purposes only. Persons and entities participating in the Medicare program are responsible for understanding all applicable Medicare policies before submitting claims for payment to the program, and you should use this publication only as a guide. Failure to comply with such rules and requirements can have serious consequences. For comprehensive or authoritative guidance, please consult Medicare program representatives and publications or your counsel.

<sup>\*</sup> As noted by the SADMERC

## Ambulator Collection - Straight last

- · High, wide toe boxes
- Soft, safe linings help protect the foot from injury
- Hidden depth outsoles with raised sidewalls and firm heel counters provide added stability
- Multiple insoles provide a ½" of removable depth for maximum protection and fitting flexibility
- Ambulators are widely recognized as the #1 recommended footwear for people with diabetes related foot problems. Styles include Conforms (Plastazote lined), Bios and Stretchers
- Recommended for high, medium and low arch foot types as well as at risk feet

## Ariya Collection - Contour last

- · Unmatched forefoot freedom, and rearfoot stability
- Luxurious full grain leather uppers
- Mozaic Customization Technology
- Multiple removable insoles for fitting flexibility (5/16")
- Soft, padded collars and firm heel counters
- Recommended for medium and low arch foot types as well as at risk feet

## Essence Collection - Semi-Straight last

- · Snug rearfoot and comfortable forefoot
- Luxuriously soft full grain leather uppers and linings made with moisture transferring polyester fabrics
- · Mozaic Customization Technology
- Multiple removable insoles for fitting flexibility (1/4")
- · Soft padded collars and firm heel counters
- Recommended for high, medium and low arch foot types

## Gramercy Collection - Semi-curved last

- Sculpted heel and tailored fit
- Luxurious full grain leather uppers & linings
- · Mozaic Customization Technology
- Multiple removable insoles for fitting flexibility (1/4")
- Maxum Lite slip resistant Polyurethane outsoles
- · Firm heel counters & soft padded collars
- Recommended for high and medium arch foot types



## Lenex Collection - Straight last

- · Unmatched forefoot freedom and depth
- · Mozaic Customization Technology
- Molded external heel counter for support & rearfoot control
- Multiple removable insoles for fitting flexibility (5/16")
- Highly breathable uppers
- EVA midsole allows for easy shoe modifications
- Recommended for high, medium and low arch foot types

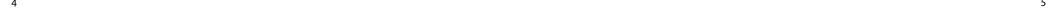
## Voyage Collection - Semi-straight last

- Snug rearfoot and forefoot freedom
- Mozaic Customization Technology
- Molded external heel counter for support & rearfoot control
- Multiple removable insoles for fitting flexibility (5/16")
- Highly breathable uppers
- Recommended for high, medium and low arch foot types



Footwear should be selected based on the LEAP (Lower Extremity Amputation Prevention) foot risk categorization.

Category	Risk Factors	Footwear Selection
0	No Sensory Loss	Choose footwear based on size and shape of foot.
1	Loss of protective sensation (no deformity or plantar ulcer history)	Ambulator, Lenex, Ariya, Essence, and Voyage.
2	Loss of protective sensation plus deformity (no plantar ulcer history)	Ambulator, Ariya and Lenex.
3	History of plantar ulcer or amputation	Ambulator or custom footwear.



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## Ambulator Collection - Straight Last - 1/2" Removable Depth

# Men's Biomechanical B2000M B2100M B2101M B2501M B2600M B2801M B3000M B3001M Men's Stretcher T1200M





## Men's Ariya Collection – Contour Last – 5/16" Removable Depth



## Men's Gramercy Collection - Semi-Curved Last - 1/4" Removable Depth



## Men's Lenex Collection - Straight Last - 5/16" Removable Depth



## Men's Voyage Collection – Semi-Straight Last – 5/16" Removable Depth



## Ambulator Collection - Straight Last - 1/2" Removable Depth

## Women's Biomechanical







T1200W

## Women's Conform









Women's Essence Collection - Semi-Straight Last - 1/4" Removable Depth



## Women's Lenex Collection - Straight Last - 5/16" Removable Depth



# Medical Technology Programs

## Women's Voyage Collection – Semi-Straight Last – 5/16" Removable Depth



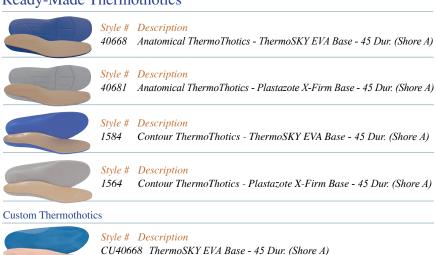
# Apex Thermothotics<sup>TM</sup>

Apex Thermothotics is a unique line of products designed to help protect the "at risk" patient with diabetes. The line consists of custom and "ready-made" orthotics that can be easily heat adjusted for your patient.

Everything in the Thermothotic line is completely heat moldable and features a Plastazote top cover for continuous protection and comfort. Plastazote is considered the ideal material to go against the diabetic foot thanks to its light-weight, unmatched purity and moldability.

All Thermothotic products are available in two different base material options – Plastazote<sup>TM</sup> X-Firm and ThermoSKY<sup>TM</sup> EVA. Apex Thermothotics make it easy and cost effective for you to properly protect your patients with diabetes.

## Ready-Made Thermothotics

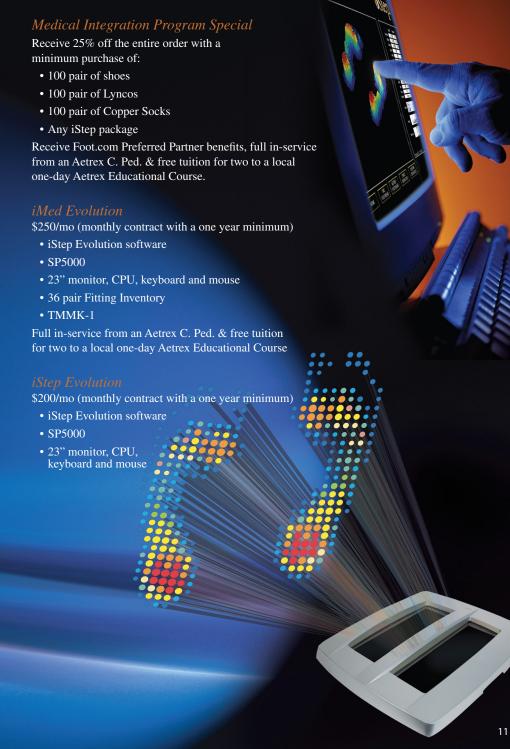


CU40681 Plastazote X-Firm Base - 45 Dur. (Shore A)

Style # Description

All Apex Ready Made Thermothotics come in women's 4-13 & men's 6-16

# Medical Integration Program Special Receive 25% off the entire order with a minimum purchase of: • 100 pair of shoes • 100 pair of Lyncos • 100 pair of Copper Socks Any iStep package





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