

APPETIZERS

WINGS - Jumbo chicken wings tossed in your choice of sauce & served with blue cheese & celery. Choose from: Buffalo, Barbeque, Teriyaki, Chipotle, Vidalia-Peach. 11.99

LITTLENECKS VERDE - Local littleneck clams steamed in white wine, garlic & homemade salsa verde; served with crusty French bread. 13.99

SASHIMI CHIMI - Sushi grade Ahi tuna marinated in sriracha & rolled in a crisp flour tortilla with cucumber salsa, served imaki style with teriyaki glaze & wasabi. 12.99

CABO-WABO CALAMARI - Fried calamari rings, sautéed with banana peppers, fresh tomato salsa, black olives, lime juice & tequila. Served with a side of picante sauce. 11.99

MINI-CHIMIS - Crispy flour tortillas, filled with chili-garlic chicken, mexi-beans & Monterey Jack cheese. Topped with enchilada sauce, sour cream & salsa. 10.99

LOADED NACHOS - Tortilla rounds baked crispy with Monterey Jack cheese, topped with jalapeños & served with sour cream, salsa & mexi-beans on the side. 10.99

Add Guacamole or Chili 2.25 Add Chicken 3.50

CHEESE QUESADILLA - Grilled tortilla wedges, filled with Monterey Jack cheese, mexi-beans & jalapeños; topped with sour cream & salsa. 9.99

CHICKEN FINGERS - Plain, or tossed in your favorite sauce (Buffalo, Barbeque, Teriyaki, Chipotle, Vidalia-Peach) 9.99

STUFFIES - 4.99 EACH

CHIPS & SALSA • 4.50 Add guacamole 2.25

MOZZARELLA STICKS • WITH MARINARA. 8.99

JALAPEÑO POPPERS • With sour cream. 8.99

FRENCH FRIES • 4.99

CURLY FRIES • 5.50

ONION RINGS • 6.75

SOUPS & SALADS

OCEAN MIST CLAM CHOWDER • Cup 4.99 Bowl 5.99

SOUP OF THE DAY • Cup 4.99 Bowl 5.99

CHILE CON CARNE - Topped with Monterey Jack cheese & ringed with tortilla chips
Cup 5.99 Bowl 6.99

MEXI-RICE & BEANS - Served with salsa & tortilla chips. 5.99

HOUSE SALAD - Romaine lettuce, grape tomatoes, Bermuda onions, black olives, roasted red peppers & cucumbers. Sm. 6.99 Lg. 9.99

Add Grilled Chicken 3.50 Add Sirloin 7.99 Add Yellow Fin Tuna Steak 6.99

SUNRISE SALAD - Bed of greens, topped with sautéed veggies, mexi-beans, fresh tomato salsa & shredded Monterey jack. 12.99

TROPICAL BREEZE SALAD - Jerk seasoned grilled chicken on a salad of Romaine, grape tomatoes, Bermuda onions & cucumbers, topped with tropical fruit salsa; served with champagne vinaigrette. 12.99 Substitute Jerked Yellow Fin Tuna Steak for chicken 3.50

CAESAR SALAD - Fresh Romaine tossed with traditional Caesar dressing, shredded parmesan & croutons. Sm. 6.99 Lg. 9.99

Add Chicken 3.50 Add Sirloin 7.99 Add Yellow Fin Tuna 6.99

Choice of dressings i Champagne Vinaigrette, Ranch, Blue Cheese, Light Raspberry Vinaigrette, Oil & Vinegar, Caesar

Consumption of raw or under-- cooked foods of animal origin will increase your risk of food borne illness.

Consumers who are vulnerable to food borne illness should only eat food from animals thoroughly cooked.

It is the consumeris responsibility to notify staff of any food allergies prior to ordering.

BURGERS

Our burgers are 6oz. premium Black Angus beef; served with your choice of French fries, chips & salsa, curly fries (1.00) Substitute grilled marinated chicken breast or black bean veggie pattie for any burger.

PEPE LOCO • Pepper Jack cheese, enchilada mushrooms, bacon, salsa & jalapeños. 12.50

RIP TIDE • Bacon, American cheese, lettuce & tomato. 11.99

WIPE OUT • Chili con carne, cheddar cheese & fresh tomato salsa. 10.99

TEX-MEX • Barbeque sauce, sautéed Bermuda onions, mushrooms & cheddar cheese. 10.99

TRESTLES • Cajun seasoning, sautéed Bermuda onions & Pepper Jack cheese. 10.99

POINT • Buffalo sauce, ranch dressing, lettuce & tomato. 10.99

PLAIN JANE • Lettuce & tomato. 10.25

ADD ONS:

- Raw onions, sautéed onions, lettuce, tomato, jalapeños, blue cheese, honey Dijon .50

- American cheese, cheddar cheese, Pepper Jack cheese, mushrooms, roasted red peppers .75

- Bacon 2.99 - Side salsa 1.00 - Side sour cream 1.00 - Side guacamole 2.25

WRAPS & SANDWICHES

All sandwiches come with chips & salsa or French fries, curly fries (1.00)

TSUNAMI TUNA • Grilled yellow fin (medium rare suggested) served on a bulkie roll with wasabi mayonnaise, lettuce, tomato, guacamole & salsa. 13.99

WARM LOBSTER ROLL • 6oz. of Maine lobster, lightly sautéed in dill butter & served on a toasted baguette with shredded lettuce. Market

SIRLOIN STEAK • 7oz. sirloin, grilled to order, served sliced on a toasted baguette with sautéed onions, mushrooms & American cheese. 15.99

FISH SANDWICH • Fresh Atlantic Cod, battered & fried golden brown, served on a bulkie roll with lettuce, tomato & tartar sauce. 11.99

PULLED PORK SANDWICH • Pork, slow roasted in Corona beer with a spiced rub, tossed in tangy BBQ sauce & served on a grilled, buttered bulkie roll with cheddar cheese & grilled Bermuda onions. 10.99

VEGGIE ROLL-UP • Fresh lightly sautéed vegetables (zucchini, summer squash, red peppers, broccoli, mushrooms) baby spinach & Monterey Jack cheese in a warm flour tortilla. 10.99

CHICKEN CLUB WRAP • Grilled marinated chicken breast, shredded lettuce, bacon, fresh tomato salsa & ranch dressing, in a warm flour tortilla. 12.50

BUFFALO CHICKEN WRAP • Grilled Buffalo sauce coated chicken, lettuce, tomato & ranch dressing, in a warm flour tortilla. 10.99

GRILLED CHEESE • 5.99

BLT • 8.99

ADD ONS:

- Raw onions, sautéed onions, lettuce, tomato, blue cheese, honey Dijon, ranch & jalapeños .50

- American cheese, cheddar cheese, Monterey Jack cheese, Pepper Jack cheese,

mushrooms, roasted red peppers .75

- Bacon 2.99 - Side salsa 1.00 - Side sour cream 1.00 - Side guacamole 2.25

GRILLED PIZZA

BBQ CHICKEN PIZZA • Tangy BBQ sauce, grilled chicken, Monterey Jack cheese & Bermuda onions, topped with fresh cut cilantro & scallions. 13.99

MEXICAN PIZZA • Enchilada sauce, grilled chicken, mushrooms, fresh tomato salsa, Monterey Jack cheese, scallions & cilantro. 14.25

PEPE PIZZA • Spicy Buffalo sauce, grilled chicken, diced tomato & Monterey Jack cheese, topped with shredded lettuce & ranch dressing. 13.99

WHITE PIZZA • Olive oil, garlic, basil, Monterey Jack, parmesan & black olives. 9.99

TOMATO BASIL PIZZA • Olive oil, garlic, basil, fresh sliced tomato, Monterey Jack & parmesan cheese. 13.25

TRADITIONAL CHEESE PIZZA • Marinara sauce & Monterey Jack cheese. 9.99

ADD ONS:

- Onions, roasted red peppers, banana pepper rings, tomatoes, mushrooms, fresh tomato salsa,

black olives & jalapeños .75 each Bacon or Pepperoni 2.99 Grilled Chicken 3.50



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WWW.OCEANMIST.NET

WWW.FACEBOOK.COM/THEOCEANMIST

ENTREES

FISH TACOS

Fresh Atlantic cod poached in white wine, garlic & fresh tomato salsa folded in three warm flour tortillas with Monterey Jack cheese & shredded lettuce; served with rice & beans. 15.99

CRAB & AVOCADO QUESADILLA

Premium crab claw meat, avocado salsa, bacon & Monterey Jack cheese in a crisp flour tortilla, topped with chipotle sour cream & served with a side Caesar salad. 16.99

FISH & CHIPS

Fresh Atlantic cod, fried golden brown in a traditional batter, served with French fries, coleslaw & tartar sauce. 15.99

SHRIMP & SCALLOP TACOS

Tiger shrimp & bay scallops, sautéed in white wine, garlic & light Cajun seasoning, folded in three warm flour tortillas, with fresh tomato salsa, lettuce & Monterey Jack cheese; served with rice & beans. 16.99

BBQ QUESADILLA

BBQ pulled pork or BBQ grilled chicken, Monterey Jack cheese & shredded lettuce, encased in a crisp flour tortilla, topped with sour cream, fresh tomato salsa, jalapeños; served with mexi-rice & beans. 13.99

THE KELLEY BURRITO

Flour tortilla filled with grilled chicken, rice, fresh tomato salsa, Monterey Jack cheese, topped with enchilada sauce, melted cheese, salsa & jalapeños; served with mexi-rice & beans. 13.99

BUILD YOUR OWN

BURRITO

Flour tortilla, mexi-beans, Monterey Jack, fresh tomato salsa, topped with enchilada sauce, melted cheese, fresh tomato salsa & jalapeños; served with mexi-rice & beans. 10.50

Additional fillings:

Chicken 3.50	Chili 3.00	Slow Roasted Pulled Pork 3.99
Fresh Atlantic Cod 5.99	Sirloin 7.99	Shrimp & Scallops 7.99
Sautéed Veggies 3.50		

QUESADILLA

Enchilada sauce, Monterey Jack, mushrooms, fresh tomato salsa, encased in a grilled tortilla, topped with sour cream, fresh tomato salsa & jalapeños; served with mexi-rice & beans. 9.99

Additional fillings:

Chicken 3.50	Chili 3.00	Slow Roasted Pulled Pork 3.99
Fresh Atlantic Cod 5.99	Sirloin 7.99	Shrimp & Scallops 7.99
Sautéed Veggies 3.50		

CHIMICHANGA

Mexi-beans, Monterey Jack, fresh tomato salsa, rolled in a flour tortilla fried golden brown, topped with enchilada sauce, sour cream & salsa & jalapeños; served with mexi-rice. 10.50

Additional fillings:

Chicken 3.50	Chili 3.00	Slow Roasted Pulled Pork 3.99
Fresh Atlantic Cod 5.99	Sirloin 7.99	Shrimp & Scallops 7.99
Sautéed Veggies 3.50		

ENCHILADAS

Three corn flour tortillas, filled with mexi-beans, Monterey Jack, topped with enchilada sauce, melted cheese, salsa, sour cream & jalapeños; served with mexi-rice & beans. 10.50

Additional fillings:

Chicken 3.50	Chili 3.00	Slow Roasted Pulled Pork 3.99
Fresh Atlantic Cod 5.99	Sirloin 7.99	Shrimp & Scallops 7.99
Sautéed Veggies 3.50		

EXTRA SIDES :

- **SALSA 1.00**
- **SOUR CREAM 1.00**
- **GUACAMOLE 2.25**
- **SALSA VERDE 1.00**

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BREAKFAST | SERVED UNTIL 2PM

DAWN PATROL SPECIALS

All served with home fries

S.O.B. (SOMETHING ON A BAGEL)

Start with a grilled Everything bagel coated with veggie cream cheese; continue with a vegetable & cheese omelet, smothered with hollandaise sauce. 10.99 Add ham, bacon or sausage for 2.99

JUNGLE PILE UP

Open-faced frittata style omelet heaped with mexi-beans, enchilada mushrooms, Monterey Jack cheese; ringed with guacamole, salsa & crispy tortilla chips. 11.99

BREAKFAST BURRITO

Scrambled eggs, fresh tomato salsa, mexi-beans, Monterey Jack cheese, rolled in a flour tortilla & topped with enchilada sauce, melted cheese, salsa & jalapeños. 10.99

Add bacon, sausage, ham or veggie mix. 2.99

EGGS CHIMICHANGA

Scrambled eggs, fresh tomato salsa & Monterey Jack cheese rolled in a tortilla & fried crispy golden brown, topped with hollandaise sauce & salsa. 10.99

Add bacon, sausage, ham or veggie mix. 2.99

EGGS QUESADILLA

Scrambled eggs, fresh tomato salsa, Monterey Jack cheese, folded in a crisp grilled tortilla, topped with sour cream, salsa & jalapeños. 9.99

Add bacon, sausage, ham or veggie mix. 2.99

BREAKFAST TACOS

Three flour tortilla tacos filled with scrambled eggs, chili, Monterey Jack cheese & fresh tomato salsa; served with mexi-beans on the side. 11.25

MATUNUCK BORDER

Texas toast dipped in Kahlua French toast batter, grilled & served with two eggs any style. 11.25

STEAK-N-EGGS

7oz. sirloin grilled to your liking, served with two eggs any style & toast. 15.99

BENEDICTS

All our benedicts are made with grilled Thomas English muffins & two eggs poached medium-soft, unless otherwise specified. Served with homefries.

THE CLASSIC • Virginia ham & hollandaise. 11.99

THE CRABBY BENNY • Premium crab claw meat & dill hollandaise. 13.25

THE FLORENTINE • Steamed baby spinach, sliced tomato & hollandaise. 11.99

JOSE’S BENNY • Sausage patties & chipotle hollandaise. 11.99

SMOKED SALMON • Nova Scotia smoked salmon, vegetable cream cheese & dill hollandaise. 12.99

CALIFORNIA BENNY • Fresh avocado slices, tomato, crisp bacon & chipotle hollandaise. 13.50

STEAKHOUSE BENNY • Grilled sirloin & horseradish hollandaise. 12.99

IRISH BENNY • Homemade corned beef hash & spicy mustard hollandaise. 12.50

PULLED PORK BENNY • Slow pulled pork & chipotle hollandaise on grilled corn bread. 12.99

LOBSTER BENNY • Maine lobster meat & dill hollandaise. Market

OMELETS

Our omelets are made with 3 extra large eggs & served with home fries & your choice of toast.

JIM BOB’S OMELET • Spicy Ocean Mist Chili & Monterey Jack cheese. 10.50

THE FARMER • Summer squash, zucchini, broccoli, red peppers, mushrooms, baby spinach & Monterey Jack cheese. 10.50

THE CARNIVORE • Virginia ham, sausage, bacon & American cheese. 10.50

WESTERN OMELET • Virginia ham, American cheese, sautéed onions & red bell peppers. 10.50

MEXICAN OMELET • Avocado, beans, fresh tomato salsa, pepper-jack cheese, topped with sour cream& jalapeños. 11.99

BUILD YOUR OWN • 6.99

OTHER STUFF

TEXAS FRENCH TOAST • Full 9.25 | Half 4.99

THE BASIC • Two eggs any style, home fries & toast. 6.99 - With bacon, sausage or ham. 9.99

EGG & CHEESE SANDWICH • 4.50 - With bacon, sausage or ham. 6.99

HASH & EGGS • Homemade corned beef hash, two eggs any style, home fries & toast 11.99

EGG, CHEESE & TOMATO • 4.50

OR EGG, CHEESE & VEGGIE MIX SANDWICH - 4.99

All sandwiches are served on your choice of English Muffin, White, Wheat or Rye.

Plain Bagel or Everything Bagel add .50 Add home fries 1.50 Add extra egg .75

BREAKFAST SIDES

- Bacon, Ham or Sausage 3.99

- 7 oz Sirloin 9.99

- Fresh Steamed Vegetables 3.99

- Toast or English Muffin 1.50

- Bagel (plain or everything) 1.99

- Home Fries 2.50

- One Egg 1.50

- Hollandaise 1.50

- Guacamole 2.50

- Two Eggs 2.75

- Homemade Corned Beef Hash 5.99

- Fresh Tomato Salsa or Salsa Verde 1.00

- Cream Cheese .50

- Sour Cream 1.00

- House Made Veggie Cream Cheese 1.00