

COVID-19 SUGGESTED TREATMENTS TO PREVENT AND TREAT COVID-19

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A. Prevent COVID-19 Infection:

1. Neuroprotek – Luteolin, Quercetin and Rutin – 4 caps/day
2. Glutathione – 250-500mg BID
3. N-Acetylcysteine (NAC) – 600mg BID
4. Alpha Lipoic Acid (ALA) – 600mg 1-2/day
5. Zinc – 40-50mg (Zinc Gluconate)/day
6. Vitamin D-3 – 3000-5000 IU/day (blood level 50-80ng/ml)
7. Vitamin C – 1000-2000mg TID
8. Multivitamin tablet – 1/day
9. Other nutrients that can be added include curcumin 1000mg BID, Sulphoraphane 100g BID and 3,6 Beta Glucan 500-1000mg daily.
10. Colloidal Silver Nasal Spray – Argentyn-23 or ACS nasal spray – 3-4 sprays/day.
11. Covid-19 Vaccines – Pfizer and Moderna

B. Regimen for Active COVID-19 Infection:

- I.
 1. Neuroprotek – 6-8 caps/day
 2. Glutathione – 2000mg B or TID
 3. NAC – 1200mg BID
 4. Vitamin D-3 - 3000-5000 IU/day
 5. Vitamin C – 2000mg TID
 6. Ivermectin* – 0.2 mg/kg (200mcg/kg) daily for 10-14 days (14mg for 154 lb. person)
 7. Colloidal Silver – nasal spray – Argentyn 23 or ACS nasal spray 3-4 sprays/day.
- II.
 1. Hydroxychloroquine* – 200mg BID for 5-10 days
 2. Azithromycin* - 500mg/day for 5 days or Doxycycline – 100-200mg/day for 5-10 days.
 3. Zinc gluconate (50mg zinc) daily
- III.
 1. Nitazoxanide (Alinia)* – 500mg TID for 5 days
 2. Azithromycin* – 500mg/day for 5 days or 500mg day 1, 250mg day 2-5 or
 3. Doxycycline* – 100-200mg daily for 5-10 days
- IV. Monoclonal Antibodies* – Regeneron or Eli Lilly – EUA approved by FDA.
Infusion required.
- V. Convalescent Plasma* – plasma antibodies from recovered COVID-19 infected patients –
Antibody rich plasma - Infusion required.

VI. Remdesivir* – Gilead Sciences (EUA – May 2020 FDA approved October 2020)
Infusion required

VII. Condition of infected person – to be most effective the above treatments should be implemented within 2 to 3 days of symptom onset.

* Prescription Required

REFERENCES:

1. Richard Horowitz, M.D.
 2. Vladimir Zelenko, M.D.
 3. Didier Raoult, M.D., Ph.D.
 4. Mina T. Kelleni, M.D., Ph.D.
 5. Regeneron and Eli Lilly
 6. Convalescent Plasma – EUA August, 2020
 7. Pfizer and Moderna - mRNA vaccines
- A + BI, II and III – oral treatment on an outpatient basis.
B IV, V and VI require infusion