

## Proper Application of Transdermal Medication

Transdermals are creams, gels, lotions and liquids designed to deliver medication to the blood or a local site through the skin. For optimal delivery of the medication, a few guidelines should be followed:

1. Make sure the area of application is clean and apply to intact skin only.
2. Determine your dose and how it corresponds to markings on the syringe. Use the blue markings to accurately estimate your dose.
3. Remove cap from syringe and hold tip close to the site of application.
4. Slowly push out determined amount onto application site.
5. **RUB IN WELL** until little to no residue is left. If possible use wrist or forearm to rub cream into application site. Replace cap on syringe.
6. Wash your hands thoroughly with soap and water immediately after application to avoid spreading the medication to other people.

There is a risk of transferring the medication to other people you come into contact with. Allow for complete absorption of the medication before touching other people with the area of application.

**Inadvertent application of transdermal medicines can have harmful effects on children, adults and animals.**

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