

The VIP Nasal Spray you have received contains Vasoactive Intestinal Peptide.

The VIP spray comes in a light resistant bottle* with an actuated nasal sprayer included. Each spray delivers 50mcg of VIP.

- VIP spray must be refrigerated at 2-8°C. Do not freeze.
- If the VIP has a distasteful (acrid or sour) smell, do not use and call the pharmacy.
- VIP spray should be discarded by the expiration date indicated on the label.
- The spray bottle is partially filled and contains 12mls of VIP, providing 120 sprays. (4 daily doses for 30 days)
- Usual dose is 1 spray, in a single nostril, 4 times daily (alternate nostrils)
- The actuated nasal sprayer should be inserted into the bottle intact- **DO NOT CUT THE TUBE ATTACHED TO THE SPRAYER**
- If you haven't used the spray bottle yet or if you haven't used it for some time, you must prime your pump unit, to do this
-Point spray tip away from you, press & release pump, repeat until a fine spray appears.

**The glass bottle will only be 1/3 full, which is indicated by the black line on bottle. This is as intended. Any moisture in the package is likely condensation and not a spilled product.*

To take your dose:

- 1-Gently blow your nose.
- 2-Remove the cap from the spray tip.
- 3-Keep the bottle upright.
- 4-Put the spray tip into nostril. Use the finger of your other hand to close off your other nostril.
- 5-Bend your head forward.
- 6-Start to breathe in through your nose. At the same time press down firmly 1 time on the spray tip.
- 7-Breathe out through your mouth.

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