



TAKE THE NEXT STEP IN  
**PERSONALIZED NUTRITION**

**Gx** *nutrient*

GxNutrient is a DNA-based micronutrient analysis solution engineered for your body's unique chemistry.

## What is GxNutrient?

GxNutrient provides a comprehensive analysis of your genetic predisposition to absorbing micronutrients in your diet. Even if you eat a perfectly balanced diet with plenty of naturally occurring vitamins and minerals, most of us have some difficulty in absorbing one or more micronutrients at the cellular level.

Understanding your genetic profile for how your body likely processes key vitamins and minerals is an important step in developing a healthy nutrition program.

## How Genetic Testing Can Improve Your Health

Genetic testing has moved into the mainstream and is now the future of preventive health. In addition to the thousands of tests being offered for medical conditions and diseases, the science and research behind genetic testing for lifestyle and wellness improvement has progressed dramatically.

The science can now help identify the specific genes that dictate how the human body processes macro- and micro-nutrients, how types of exercise affect the body, and how lifestyle behaviors influence the aging process. Programs tailored to an individual's DNA have proven to be much more effective than one-size-fits-all programs, because they take the guesswork out of health management.



GxNutrient provides valuable insight into how your body processes and utilizes key vitamins and minerals

Take your food & nutrition knowledge to the cellular level

- Genetic predispositions for 15 micronutrients
- Success strategies for maintaining healthy nutrient levels
- Food recommendations for specific nutrients

Micronutrient tendencies tested:

### Vitamins

Vitamin A  
Vitamin B6  
Vitamin B9 (Folate)  
Vitamin B12  
Vitamin C  
Vitamin D  
Vitamin E  
Dietary Choline

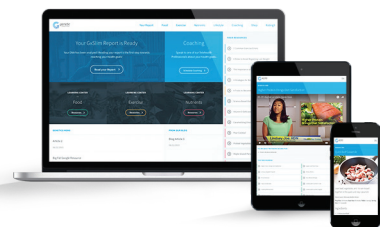
### Minerals

Calcium  
Copper  
Iron  
Magnesium  
Phosphorous  
Selenium  
Zinc

Results & Support



We'll generate and deliver your unique report



We'll support you with resources tailored to your specific genotype



John's Creek Pharmacy

JohnsCreekPharmacy.org  
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