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## TESTOSTERONE FOR MEN

The new name for andropause (male menopause) is the phrase “Low T.” This refers to low testosterone as men age. You can’t avoid it! Although it happens later than menopause does in women, andropause is inevitable and is caused by low testosterone. For most men, the irritability, shrinking muscle mass, loss of stamina, erectile dysfunction and low sex drive are unavoidable unless they replace their diminishing testosterone through Bioidentical Hormone Pellets for men.

Bioidentical hormone pellets deliver a customized amount of testosterone, the hormone that disappears as you move through andropause, according to your needs. By implanting tiny rice-sized pellets just under the skin of your hip two or three times a year, the pellets release testosterone as you need it directly into your bloodstream. This delivery method is far more safe and effective than patches, creams, injections, or pills. The FDA requires a black box warning on testosterone gel because of its extreme danger to children and pregnant women, which is not an issue when you have pellets placed under the skin. Also, through careful monitoring of blood levels, the risk of an enlarged prostate is reduced. Once the pellets are implanted, the results are almost immediate.

Men consistently report having more energy, increased mental clarity, a reduction in depression and anxiety, and a satisfyingly high sex drive after having the hormone pellets implanted. Don’t let the aging process rob you of a productive, fulfilling life – renew your passion for life with bioidentical hormone pellets here at Pasadena Pellet Therapy.

### **What about Prostate Cancer and Testosterone?**

One of the issues we frequently discuss with men is their fear of prostate cancer and testosterone replacement. This is one of those questions that takes some time to discuss. The short answer is, testosterone replacement does not cause prostate cancer. Don’t blindly take that claim as truth from this website, we have plenty of research that backs up that statement (separate handout, available upon request).

We are confident in the statement above, based on the research that has been done by Dr. Morganthaler, the chief of Urology at Harvard Medical School. He has done more prostatectomies for prostate cancer than anyone else in the US. He has also done extensive research with prostate cancer cells in the laboratory and in volunteer patients. Here is what he found:

**Low testosterone and not normal or high testosterone causes prostate cancer.** Both by retrospective studies of men with prostate cancer and their pre-cancer testosterone levels as well as their testosterone levels as the time of diagnosis (no replacement), he determined that it was very risky to have a low testosterone level, without replacement, because that was the highest risk factor for men who got prostate cancer. That makes sense in many ways, because men do not get prostate cancer when they are young, they get it when they are old, which is when their testosterone levels drop to a very low level. His recommendation for men without prostate cancer is to keep their testosterone at optimal levels to avoid prostate cancer.