

To our NEW Pasadena Pellet Therapy (male) Patient:

To start treatment with ***Bio-identical Testosterone Hormone Pellets*** for symptomatic testosterone deficiency, there are several tests needed to assess your health, your risks and the dose of hormones in the pellets.

**If you are a new patient to us, we cannot order any medical tests or imaging.** The first step is to have a consult with us so we can review your health survey and symptoms and determine if you are a candidate for Bioidentical Pellet therapy. If you are, we will then ask for the following:

1. Have your blood drawn for hormonal levels—fasting for 12 hours prior. This means in the morning, drink water only and do not eat any food before the blood draw. The lab charges will be billed to your insurance. Labs can be done in our office (we have Primex Labs) or at Quest Labs (we have included a list of local Quest Lab locations).
2. Provide a medical clearance note to us from a licensed medical provider that you are medically cleared for possible testosterone hormone therapy. We have provided the form.
3. Please fill out and submit your New Patient History Form.

### **Bio-identical Hormone Therapy - Policies**

**Pasadena Pellet Therapy operates on a cash basis, so payment is expected at the time of service.** Pasadena Pellet Therapy is a separate medical practice from Fair Oaks Women's Health and we cannot bill for through Fair Oaks Women's Health.

Pasadena Pellet Therapy has no contracts with any insurance companies. You will be expected to pay in full at the time of service. We can provide you with paperwork to send to your insurance company. If your insurance company approves this service, they will send you the payment directly. We cannot send letters of necessity or call the insurance to request payment, so please do not ask the staff to do this for you. It is your responsibility to deal with your insurance company. You may pay with cash, check, or credit card.

### **Let's Talk about Cost**

If you are discouraged by the cost of this therapy, consider this: you might be taking other medications, such as anti-depressants, anti-anxiety meds, erectile dysfunction meds, or sleeping pills for example, that could all become unnecessary if you respond as expected to pellet-based ***Bio-identical Testosterone Hormone Therapy*** for testosterone deficiency.

You will no longer have to pay for multiple co-pays every month or pay for doctor visits that are no longer needed and you might be able to stop many non-prescription treatments as well. If you add up the cost of your current medicines, time at the pharmacy, and costs saved on no-longer needed alternative therapies for low energy and sexual dysfunction, you will save money and will improve the quality of your life. Compare the potential costs to the potential benefits !

The average fee for pellets and pellet insertion runs \$500 to \$600 every 4-6 months. *If you require pellets inserted every 4 months*, your total cost will be an average of \$1,200 to \$1,800 per year or about \$100 to \$150 per month.

### **Benefits of Using Bio-identical Testosterone Hormone Therapy**

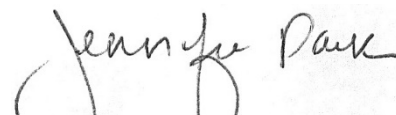
**Increased Productivity:** If you are a person who has his own business or is paid only when you work, you should see an increase in your productivity so much that *you will cover the yearly cost of Pellet Therapy in just a few months*. If you are not self-employed you will still have more free time and increase your productivity once you begin pellet treatments.

**Decreased need for Medical Care from other specialists:** If you experience migraines, decreased libido, memory loss, sleep problems, low energy, dysfunctional immune system, or other health problems that increase with age, bio-identical testosterone pellet therapy can help you! You will save the money that you now spend on medications and doctor visits for those conditions, because you will feel better and be healthier.

**Keep your Marriage Healthy:** With loss of libido and fatigue, we become depressed and impatient, lose interest in our partners, and place our marital relationship at risk. Testosterone Pellet therapy can restore your libido and your energy. Loss of libido in men is known to be a contributing factor in divorce, and the emotional and psychological cost of this is enormous! Marriage counseling is rarely covered by insurance and lawyers are very expensive. When we feel well and have our sex drive back, our relationships get much better. You cannot measure the cost savings of keeping your marriage healthy.

The real message here is that when you consider ALL the Benefits of Testosterone Pellet Therapy -- improved strength and energy, better sleep, mental clarity, restored libido – the price you pay is worth it! You owe it to yourself to try out this unique and effective approach to hormone therapy. Improved health and a restored sense of wellbeing is (to use a cliché) - PRICELESS!

Sincerely,



Jennifer Y. Park, MD, FACOG