
Testosterone Hormone Therapy for Women Informed Consent Document

The purpose of this document is to discuss the possible side effects, risks, benefits, and alternatives to the use of bio-identical Testosterone Hormone Therapy for Women.

The hormone testosterone occurs naturally in both men and women. Synthetic testosterone is available as a bio-identical hormone for prescription use. This form of testosterone is FDA approved for men, but its **use in women for any reason is not FDA-approved**. Despite this, physicians who are knowledgeable about the benefits, risks, side-effects and contraindications of Testosterone Hormone Therapy for Women are allowed to prescribe it to patients. This is called an “off-label” use and is widely practiced. A patient is allowed to use an FDA approved drug for an off-label indication when the medical community supports the safety and efficacy of the treatment; and the patient is properly informed about the reasons for using it, the possible risks and side effects that might occur, and the alternatives. This is what is meant by “informed consent”.

TESTOSTERONE IS CATEGORY X (CAN CAUSE BIRTH DEFECTS) AND SHOULD NEVER BE GIVEN TO PREGNANT WOMEN OR WOMEN WHO MIGHT BECOME PREGNANT. YOU NEED TO BE MENOPAUSAL, HAVE HAD A PRIOR HYSTERECTOMY, HAVE BEEN STERILIZED or USE HIGHLY EFFECTIVE BIRTH CONTROL TO BE ABLE TO RECEIVE TESTOSTERONE.

Potential Benefits of use of Testosterone hormone therapy

- Increased (sex drive) libido, energy, and sense of well-being
- Decreased frequency and severity of hormonal migraine headaches
- Decrease in mood swings, anxiety and/or irritability
- Increase in muscle mass and decrease in subcutaneous fat (cellulite)
- Improvement in balance
- Decreased central obesity
- Improvement of dry eyes
- Improvement in arthritis and fibromyalgia

Possible Risks and Side Effects of Testosterone hormone therapy

- Lack of effect (from lack of absorption, insufficient dosing, or other reasons)
- Birth defects in babies exposed to testosterone during their gestation
- Growth of liver tumors, if already present
- Increase in hair growth on the face (normally reversible, rarely permanent)
- Change in voice (normally reversible, rarely permanent)
- Clitoral enlargement (normally reversible, rarely permanent)
- New or worsening acne

Agreement

I have read this form and I understand the possible risks, benefits, side effects and alternatives of using Testosterone Hormone Therapy. I am aware that testosterone hormone therapy is not FDA-approved for use in women, but that its use is allowed as an off-label treatment. All my questions have been answered to my satisfaction. By signing below, I attest that I consent to the use of Testosterone Hormone Therapy. I agree to inform Pasadena Pellet Therapy immediately if I experience any of the above risks or side effects.

Unless revoked in writing, this consent is ongoing for present and future treatment.

Name: _____ Date: _____

Signature: _____