

# Oral Swab Specimen Collection & Handling for SARS-COV-2 Testing

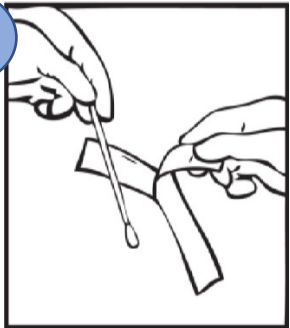
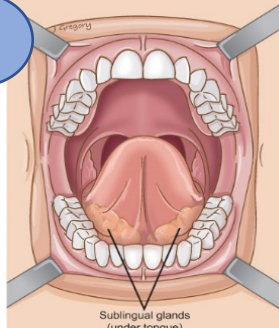
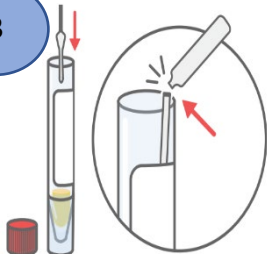

## Description

- The DNA/RNA Shield™ Saliva Collection Kit ensures sample stability during storage/transport at ambient temperatures without a need for refrigeration or specialized equipment.
- DNA/RNA Shield™ reagent effectively inactivates pathogens (e.g., virus, bacteria) in collected samples.

At least 30 minutes before you plan to collect your sample, rinse your mouth with water and do not eat or drink. For best results, make sure you are hydrated the day you provide your sample. We recommend drinking plenty of water throughout the day, and an 8 ounce glass of water 30 minutes prior to sample collection.

**Warnings:** DO NOT drink or touch the DNA/RNA Shield™ solution. The DNA/RNA Shield solution can be harmful if ingested and may cause irritation if exposed to the skin and eyes

## SPECIMEN COLLECTION INSTRUCTIONS

<p><b>1</b></p> 	<ul style="list-style-type: none"> <li>• Open package containing swab and collection tube.</li> <li>• Peel open the swab package and remove swab.</li> </ul>	<p><b>2</b></p> 	<ul style="list-style-type: none"> <li>• Place swab underneath tongue where <b>sublingual salivary glands</b> are located.</li> <li>• Swab should remain underneath the tongue for 1-2 minutes to allow for adequate saliva absorption.</li> </ul>
<p><b>3</b></p> 	<ul style="list-style-type: none"> <li>• Open the collection tube and insert swab tip into the solution.</li> <li>• Break the swab tip leaving the swab tip in the collection tube.</li> <li>• Cap and invert tube several times</li> </ul>	<p><b>4</b></p> 	<ul style="list-style-type: none"> <li>• Specimen must be labeled with two patient identifiers (<b>First &amp; Last Name and DOB</b>)</li> <li>• Place completed forms and specimen in biohazard bag.</li> <li>• Place biohazard bag back in large envelope, seal and place in dropbox.</li> </ul>

## SPECIMEN TRANSPORT

- Samples in DNA/RNA Shield™ are stable for long periods and can be transported at room temperature.
- The lab processes specimens Monday through Friday from 9:00 am - 5:00 pm and Saturday from 9:00 am - 1:00 pm (ET)
- Samples can be dropped off 24 hours a day in our DropBox located in front of our office at the address listed below.

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