

	12 ^{0Z}	20 ^{0Z}
SUPER GREEN JUICE Spinach, Cucumber, Collard Greens, Kale, Parsley, Celery, Ginger, Apple, Lemon	9 ²⁵	13 ²⁵
HEAVENLY GREEN JUICE Dandelion, Spinach, Cucumber, Celery, Green Chard, Lemon, Ginger, Green Apple	9 ²⁵	13 ²⁵
MIXED GREENS JUICE Cucumber, Celery, Parsley, Kale	8 ⁰⁰	11 ²⁵
POWER GREEN JUICE Chard, Spinach, Celery, Lemon, Ginger, Cucumber	8 ⁰⁰	11 ²⁵
GINGER LEMONADE Ginger, Lemon, Apple, Kale	7 ²⁵	10 ²⁵
BIG APPLE Green Apple, Red Apple, Celery, Carrot	6 ⁵⁰	9 ²⁵
BODY CLEANSE Ginger, Granny Smith Apple, Beet, Aloe, Lemon	6 ⁵⁰	9 ²⁵
CITRUS SPARKLE Orange, Grapefruit, Lemon	6 ⁵⁰	9 ²⁵
CLEAN SWEEP DETOX Carrot, Beet, Cabbage, Celery, Lemon, Grapefruit	6 ⁵⁰	9 ²⁵
IMMUNE ZOOM Carrot, Kale, Lemon, Ginger, Orange	6 ⁵⁰	9 ²⁵
SINGER'S CIDER Grapefruit, Pear, Lemon, Ginger, Cayenne	6 ⁵⁰	9 ²⁵
CELERY JUICE	5 ²⁵	7 ⁵⁰

SHOTS 1 OZ / 2 OZ	WHEATGRASS SHOT	2 ⁵⁰	4 ⁷⁵
	GINGER SHOT	2 ⁵⁰	4 ⁷⁵
	FIRE CIDER	2 ⁵⁰	4 ⁷⁵
	TURMERIC SHOT	4 ⁵⁰	6 ⁰⁰

	12 ^{0z}	20 ^{0z}
GREEN SUPERFOOD Spirulina, Kale, Spinach, Banana, Flax Seeds, Dates, Chia Seeds, Coconut Water	7 ⁷⁵	11 ⁰⁰
BLUE ALMOND Blueberries, Almond Butter, Banana, True Cinnamon, Protein, Almond Milk	7 ⁷⁵	11 ⁰⁰
NUTTY DREAM Banana, Almond Butter, Berries, Chocolate Protein, Base	7 ²⁵	10 ²⁵
BERRY BANANARAMA Mixed Berries, Banana, Base	6 ²⁵	8 ⁷⁵
MORNING RENEWAL Mango, Banana, Orange, Coconut Water	6 ⁷⁵	9 ⁷⁵
PEANUT BUTTER DELIGHT Peanut Butter, Banana, Strawberry, Protein, Rice Milk	7 ²⁵	10 ²⁵
CHOCOLATE PEANUT BUTTER Peanut Butter, Cacao Nibs, Chocolate Protein, Banana, Mango, Soy Milk	7 ⁷⁵	11 ⁰⁰
SEA BREEZE Pineapple, Mango, Kale, Spirulina, Water/Coconut Water	7 ²⁵	10 ²⁵
GINGER SMOOTHIE Ginger, Mango, Pineapple, Kale, Banana, Coconut Water	7 ²⁵	10 ²⁵

FRESH HOMEMADE	SMALL (12 OZ)	LARGE (16 OZ)
ORGANIC SOUPS	5 ⁴⁹	6 ⁹⁹

ORGANIC COFFEE
SMALL (12 oz) 2 ⁷⁵
LARGE (16oz) 3 ²⁵

HOT TEA
SMALL (12oz) 2 ⁰⁰
LARGE (16oz) 2 ⁵⁰

SMOOTHIE ADD-INS

ALL ORGANIC, EXCEPT AS MARKED *

ALMOND BUTTER / 1.50	GOJI BERRIES / 1.00
ALOE / 1.00	GOLDENSEAL* / .75
BANANA / .75	HEMP SEEDS / .75
BEE POLLEN* / 1.00	LEAFY GREENS / 1.50 each type
BLUEBERRIES / 2.50	MACA / 1.00
C&F SEASONAL SUPPORT* / 1.00	MANGO / 2.00
CACAO NIBS / 1.00	MCT OIL / .75
CAMU CAMU / 1.00	OIL OF OREGANO / .50
CAYENNE / 0.25	PEANUT BUTTER / 1.00
CHIA SEEDS / 0.75	PINEAPPLE / 2.00
COLLAGEN* / 1.00	PROTEIN / 1.50
ECHINACEA / 1.25	RASPBERRIES / 3.00
FLAX SEEDS / .50	SPIRULINA / 1.25
FLAX SEED OIL / 1.00	STRAWBERRIES / 2.00
GINGER / .75	TURMERIC / .75
GINSENG* / .75	

JUICE ADD-INS

ALL ORGANIC, EXCEPT AS MARKED *

ALOE / 1.00	FLAX SEED OIL / 1.00
APPLE / half .75 / whole 1.50	GINGER* / .75
BEE POLLEN* / 1.00	GINSENG* / .75
BEET / 1.25	GOLDENSEAL* / .75
C&F SEASONAL SUPPORT* / 1.00	GRAPEFRUIT / half 1.25 / whole 2.50
CABBAGE / .75	LEAFY GREENS / 1.50 each type
CAMU CAMU / 1.00	LEMON / half .50 / whole 1.00
CARROT / 1.25	MACA / 1.00
CELERY / 1.50	OIL OF OREGANO / .50
CAYENNE / .25	ORANGE / half .75 / whole 1.50
COLLAGEN* / 1.00	SPIRULINA / 1.25
CUCUMBER / 1.25	TURMERIC / .75
ECHINACEA / 1.25	

ADD MCT OIL TO
ANY SIZE
COFFEE / .75

