

Alpha Lipoic acid

Superior antioxidant and free Radical scavenger

Alpha Lipoic acid is produced by the body at a young age but decreases as we age. One may have to supplement as we get older.

ALA helps produce energy by modifying chemicals from food breakdown to energize the mitochondria, the powerhouse of the cell. Glucose can't enter cells to reach the mitochondria to produce energy without the help of ALA.

As we age and are continuously exposed to chemicals and free radicals our bodies lose the ability to deal with this stress. The damage caused overpowers the organs and gradually shuts them down leading to an earlier death. ALA, as a powerful free radical scavenger, helps prevent or lessen this damage leading to a longer life.

ALA is also a strong antioxidant able to prevent oxidation of free radicals or chemical substances that can harm our cells. It has this ability both in water-soluble and fat-soluble environments. ALA can also revitalize other antioxidants such as Vitamin C and Vitamin E helping them to last longer.

Due to this strong antioxidant and free radical scavenger effect it has been shown to be a strong defense against several disease states such as cancer, diabetes, heavy metal poisoning, blood pressure, and heart disease.

---A STRONG SUPPLEMENT WORTH TAKING FOR GOOD HEALTH---

Sam Costello, Pharmacist