



STI/VAGINOSIS SPECIMEN COLLECTION INSTRUCTIONS - FEMALE/MALE

MATERIALS PROVIDED:

- 1 sterile swab
- 1 sterile collection cup
- 1 sterile transfer pipette
- 1 molecular transport tube
- 1 specimen bag
- 1 UPS/FedEx Lab Pak mailer

PATIENT IDENTIFICATION

1. Label the transport media tube with at least two unique identifiers, such as the patient's full legal first and last name and DOB. Site/location and collection date are NOT considered a unique identifier.

SPECIMEN COLLECTION

To ensure safety and validity of the sample it is important to follow these instructions.

NON-CLEAN CATCH URINE COLLECTION PROCEDURE

A first morning sample or sample collected longer than 1 – 2 hours since prior urination maximizes sensitivity of detecting urinary system pathogens.

Patient Instructions - Female

1. Wash hands thoroughly with warm water and soap.
2. Holding labia apart, collect first ~10 – 15 mL urine into sterile urine cup.

Patient Instructions - Male

1. Wash hands thoroughly with warm water and soap.
2. Retract foreskin (if present), collect ~10-15 mL urine into sterile urine cup. Securely place cap on urine cup.

Clinical Technician Instructions

Don gloves and select one of the following options for specimen preparation.

Urine Specimen Preparation Instructions

Using a sterile plastic transfer pipette

- a. Open the urine collection cup, molecular transport tube, and the plastic transfer pipette.
- b. Use the pipette to stir urine 10 - 15 times to mix the sample.
- c. Transfer 1 mL of urine from the collection cup to the molecular transport tube.
- d. Securely tighten the cap of the transport tube.
- e. Keep the tube in an upright position for 10 – 15 minutes.

Vaginal Sample

Vaginal Swab:

1. Insert the swab approximately 2 inches into the vagina and rotate the swab for a minimum of 10 seconds, ensuring that the swab has contact with the vaginal wall. Ensure that the any visible lesions are swabbed.
2. Visually confirm the swab is fully saturated.
3. Place the swab in the transport tube. Snap off excess handle and securely tighten top of the transport tube.
4. Keep the tube in the upright position for 10 – 15 minutes.

Place the transport tube in the specimen bag. Fold the requisition form into quarters and place it in the outside pocket of the specimen bag, along with any other required documentation. If shipping directly, place all samples collected for the day into a provided UPS/FedEx Lab Pak mailer. Seal the mailer and place a shipping label on the outside.