



## **GASTROINTESTINAL TRACT SPECIMEN COLLECTION INSTRUCTIONS**

### **MATERIALS PROVIDED:**

- 1 sterile swab
- 1 specimen bag
- 1 molecular transport tube
- 1 UPS/FedEx Lab Pak mailer

### **PATIENT IDENTIFICATION**

1. Label the transport media tube with at least two unique identifiers, such as the patient's full legal first and last name and DOB or the patient's full legal first and last name and site stated on the requisition form. Collection date is NOT considered a unique identifier.

### **SPECIMEN COLLECTION**

To ensure safety and validity of the sample, it is important to follow the instructions provided below.

#### **RECTAL COLLECTION**

1. Don gloves.
2. Insert the tip of the swab at least 1 inch beyond the sphincter, and rotate the swab 5 – 10 times within an anal pocket/groove.
3. Visually confirm the swab is saturated with fecal material. ~0.5 mL (pencil eraser size) is required.
4. Place the swab in the transport tube. Snap off excess handle and securely tighten top of the transport tube.
5. Keep the tube in an upright position for 10 – 15 minutes.

Place the transport tube in the specimen bag. Fold the requisition form into quarters and place it in the outside pocket of the specimen bag, along with any other required documentation. If shipping directly, place all samples collected for the day into a provided UPS/FedEx Lab Pak mailer. Seal the mailer and place a shipping label on the outside.