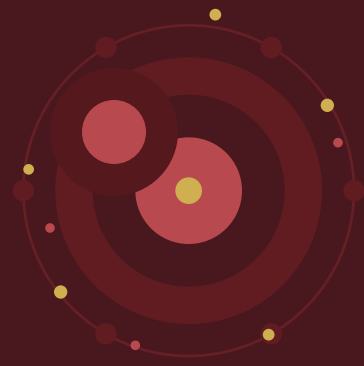


Topical Naltrexone

0.5% and 1% compounded cream · for chronic itch and skin inflammation.



📌 TOPICAL · NON-STEROIDAL · PHYSICIAN-PRESCRIBED

Chronic itch is one of the most difficult symptoms in dermatology · and one of the most undertreated. Topical naltrexone works through a completely different mechanism than steroids or antihistamines, targeting peripheral opioid receptors in the skin to reduce the inflammatory signaling and nerve sensitization that drive chronic itch conditions. No systemic exposure. No steroid side effects.

How It Works

Skin contains opioid receptors on keratinocytes, mast cells, and sensory nerve fibers. In chronic inflammatory skin conditions these receptors become dysregulated, amplifying itch signals and inflammatory cascades. Topical naltrexone transiently blocks these peripheral receptors, dampening the local inflammatory response and reducing itch intensity · without meaningful systemic absorption and without interfering with centrally-mediated analgesia.

Conditions Being Treated

Prurigo Nodularis	Atopic Dermatitis	Lichen Simplex Chronicus	Cholestatic Pruritus
Strongest evidence base · intensely itchy nodules that resist standard treatment. Topical naltrexone reduces itch and nodule burden.	Reduces itch and inflammation, particularly useful for patients seeking steroid-sparing options or who have developed steroid resistance.	The itch-scratch cycle driving this condition responds well to peripheral opioid receptor modulation at the affected skin site.	Peripheral toxin-driven itch in liver disease. Topical delivery avoids the systemic opioid interaction risk of oral naltrexone.

Why Topical Rather Than Oral?

- ☆ **No Systemic Opioid Interference**
Oral naltrexone blocks opioid receptors systemically · a problem for patients on pain medication. Topical delivery keeps action local.
- ☆ **Steroid-Sparing Option**
For patients who have used topical steroids long-term, topical naltrexone offers a completely different mechanism with no atrophy risk.
- ☆ **Penetration-Optimized Base**
Naltrexone penetrates skin poorly without the right vehicle. We compound in a penetration-optimized base to ensure delivery to the dermis.
- ☆ **Two Strengths Available**
0.5% for maintenance or sensitive areas. 1% for more refractory conditions or initial treatment, per your prescriber's direction.

Compounded Topical Naltrexone

0.5% or 1% cream · penetration-optimized base · 30-day supply
Dose and strength per your prescriber · Prescription required

Prescription required

Dispensed at our pharmacy

Could This Be Right for You?

- You have chronic itch from prurigo nodularis, eczema, or lichen simplex chronicus
- Long-term steroid use is a concern and you need a non-steroidal alternative
- Standard antihistamines and topical steroids have provided incomplete relief
- Your dermatologist has recommended a compounded topical preparation for your skin condition

Ask your doctor about compounded topical naltrexone.

The Medicine Shoppe · 1698 S Queen St, York PA 17403 · (717) 846-0500
Phone, fax (717) 845-8767, or e-prescribe. For educational purposes only · not medical advice.