

Testosterone for Women

Restore desire, energy, and vitality — with the hormone women are missing.

✓ LIBIDO · ENERGY · PHYSICIAN-PRESCRIBED

Testosterone isn't just a "male" hormone. Women produce it too — in smaller amounts, but it plays an essential role in libido, energy, mood, muscle tone, and overall vitality. After your mid-30s, levels begin to decline, and by menopause they may drop by 50% or more. Compounded therapy — **methyltestosterone capsules**, **methyltestosterone topical**, or **testosterone topical** — can restore what's been lost, at the precise low dose women actually need.

Why Women Need Testosterone

Testosterone is the most abundant biologically active hormone in a woman's body throughout her reproductive years — produced by the ovaries and adrenal glands. It supports **sexual desire and arousal**, lean muscle mass, bone density, mood, motivation, and cognitive sharpness. When levels fall — from age, oophorectomy, or menopause — the symptoms can be dramatic, and replacing testosterone often restores what HRT alone cannot.

What You May Notice

- Libido & Sexual Response**
 Restored desire, easier arousal, and improved satisfaction — the most consistent benefit reported.
- Energy & Stamina**
 Less fatigue, better motivation, and the drive to do things you used to enjoy.
- Mood & Mental Sharpness**
 Improved confidence, emotional steadiness, and clearer thinking — especially when HRT alone hasn't lifted the fog.
- Strength & Body Composition**
 Easier to maintain lean muscle and respond to exercise, with better tone over time.

Three Delivery Options — Tailored to You

Feature	Methyltestosterone Capsule	Methyltestosterone Topical	Testosterone Topical
Route	Oral — once daily	Applied to skin daily	Applied to skin daily
Bypasses liver first-pass	✗ Routine LFTs advised	✓ Yes — through skin	✓ Yes — through skin
Best for	Women who prefer a once-daily capsule	Women wanting topical with a familiar compound	Women wanting bioidentical testosterone

Methyltestosterone Capsule

0.25 mg · 0.5 mg · 1 mg · 1.25 mg
Once daily.

Methyltestosterone Topical

Typical: 0.5–2 mg per daily application
Same low-dose range as cream.

Testosterone Topical

Typical: 0.5–2 mg per daily application
Bioidentical.

Could This Be Right for You?

- You're experiencing low libido, low energy, or loss of vitality — especially around perimenopause or after menopause
- You're already on estrogen and/or progesterone but feel something is still missing
- You've had a hysterectomy or oophorectomy, or your bloodwork shows low total or free testosterone
- You want a precisely dosed, female-appropriate option — not a male product cut down

Ask your doctor about testosterone for women — then send a prescription our way.

The Medicine Shoppe · 1698 S Queen St, York PA 17403 · (717) 846-0500
 Phone, fax (717) 845-8767, or e-prescribe. For educational purposes only — not medical advice.