

Precision Metabolism Support Program

Custom-dosed metformin ER and berberine — tailored to your metabolism.



✓ CUSTOM DOSE · EXTENDED RELEASE · PHYSICIAN-PRESCRIBED

Insulin resistance, blood sugar dysregulation, and metabolic syndrome affect millions of Americans — and standard treatment options often come in fixed doses that don't match what individual patients actually need. Our **Precision Metabolism Support Program** offers custom-compounded metformin ER and berberine capsules, dosed precisely by your physician to support your metabolic goals.

The Program

Metformin ER

Extended-Release Capsules

Metformin is a first-line insulin sensitizer with decades of safety data. The extended-release formulation reduces GI side effects versus immediate-release. Compounded capsules allow your prescriber to dial in doses not available commercially — whether that's a lower starting dose, a mid-range titration, or a unique combination strength.

Berberine

Capsules

Berberine is a plant-derived alkaloid with robust clinical evidence for blood sugar support, insulin sensitivity, and lipid regulation. Studies suggest it works through similar pathways as metformin — activating AMPK, a key metabolic regulator. Compounded capsules ensure pharmaceutical-grade purity and the exact dose your prescriber recommends.

How They Work Together



Dual AMPK Activation

Both metformin and berberine activate AMPK — the body's metabolic master switch — through complementary pathways.



Blood Sugar Regulation

Together they support fasting glucose, post-meal spikes, and insulin sensitivity more comprehensively than either alone.



Lipid & Weight Support

Both agents have evidence for modest improvements in triglycerides, LDL, and body composition over time.



Custom Dose, Clean Cap

No dyes, no unnecessary fillers — just the right dose of each, in a capsule made for you.

Precision Metabolism Support Program

Metformin ER and/or Berberine · custom dose per your prescriber

30-day supply · Prescription required · Cash pay

Could This Be Right for You?

- You have prediabetes, insulin resistance, or metabolic syndrome
- You're on metformin but need a dose not available in standard commercial tablets
- Your doctor has recommended berberine as a natural complement to metabolic therapy
- You want a clean, custom-dosed program without unnecessary additives

Ask your doctor about the Precision Metabolism Support Program.

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Phone, fax (717) 845-8767, or e-prescribe. For educational purposes only — not medical advice.