

Xylitol Nasal Spray

with Ketotifen ± Budesonide

Allergy relief. Sinus support. Compounded for you.



② NASAL SPRAY · NON-STEROID OPTION · PHYSICIAN-PRESCRIBED

Standard allergy nasal sprays treat symptoms one mechanism at a time. This compounded xylitol-based nasal spray combines a sinus-supportive base with one or two prescription active ingredients · ketotifen for mast cell stabilization and antihistamine action, and optionally budesonide for corticosteroid anti-inflammatory control · in a single daily spray tailored by your prescriber.

What's In It

Xylitol Base

Sinus Support

A natural sugar alcohol that creates an inhospitable environment for bacteria and biofilms in the nasal passages. Moisturizes and soothes dry, inflamed nasal tissue.

Ketotifen

0.025% or 0.05%

A mast cell stabilizer and H1 antihistamine · works upstream to prevent histamine release AND blocks histamine receptors. Two mechanisms of action in one ingredient.

Budesonide

Optional Add-On

A corticosteroid that reduces nasal inflammation, congestion, and mucosal swelling. Added when your prescriber determines steroid anti-inflammatory support is clinically indicated.

Why This Combination?

Over-the-counter nasal antihistamines only block histamine after it's already been released. Ketotifen works differently · it stabilizes mast cells before they degranulate, stopping the allergic cascade at the source. Combined with xylitol's natural antimicrobial and moisturizing properties, and optionally budesonide for steroid-level inflammation control, this spray addresses nasal allergy through three complementary mechanisms simultaneously.

What to Expect



Reduces Allergy Symptoms

Sneezing, runny nose, itching, and nasal congestion · addressed at the source, not just masked.



Consistent Daily Use

Ketotifen builds up over time. Most patients see meaningful improvement within 2-4 weeks of regular use.



Customizable Formula

Your prescriber chooses the ketotifen dose (0.025% or 0.05%) and whether to include budesonide.



Gentle & Moisturizing

The xylitol base soothes and hydrates · no burning or dryness common with some commercial sprays.

Xylitol Nasal Spray with Ketotifen ± Budesonide

Ketotifen 0.025% or 0.05% · budesonide optional · xylitol base

Dose per your prescriber · Prescription required

Prescription required

Dispensed at our pharmacy

Could This Be Right for You?

- You experience seasonal or perennial allergic rhinitis and want more than OTC relief
- Standard nasal sprays provide incomplete symptom control or cause dryness and irritation
- Your doctor has recommended ketotifen or a combination nasal spray for your allergies
- You want a single spray that stabilizes mast cells, blocks histamine, and soothes nasal tissue

Ask your doctor about compounded xylitol nasal spray.

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