

Oral Ketotifen

Compounded capsules for mast cell and histamine-related conditions.



✓ MAST CELL STABILIZER · COMPOUNDED · CUSTOM DOSE

If you're living with mast cell activation syndrome (MCAS), histamine intolerance, or a related condition, you already know how difficult it can be to find effective, well-tolerated treatment. **Oral ketotifen** is a mast cell stabilizer and antihistamine that has been a cornerstone of MCAS management for decades — and compounded capsules let your prescriber dial in the exact dose your body needs.

What Is Ketotifen?

Ketotifen is a second-generation antihistamine with a critical additional property: it **stabilizes mast cells**, preventing them from degranulating and releasing histamine and other inflammatory mediators in the first place. Unlike standard antihistamines that only block histamine after it's released, ketotifen works upstream — reducing the underlying reactivity that drives MCAS and histamine intolerance symptoms.

What It Does



Mast Cell Stabilization

Prevents mast cell degranulation — stops histamine and mediators before they're released.



H1 Antihistamine

Blocks histamine H1 receptors — reduces itching, flushing, hives, and allergic responses.



Reduces Reactivity

With consistent use, many patients report a lower overall reactivity threshold over time.



Broad Symptom Relief

Addresses GI, skin, neurological, and cardiovascular mast cell symptoms simultaneously.

Why Compounded Capsules?

Not Available Commercially

Oral ketotifen is not FDA-approved or sold in the US. Compounding is the only legal source for oral capsules.

MCAS patients often start very low (0.25 mg) and titrate slowly. We make the exact dose your prescriber specifies.

Compounded capsules can be made without dyes, fillers, or excipients that may trigger sensitive patients.

Compounded Oral Ketotifen Capsules

Custom strengths available · typically 0.25 mg – 2 mg
Dose and titration schedule determined by your prescriber.

Could This Be Right for You?

- You have a diagnosis of MCAS, histamine intolerance, or a related mast cell condition
- Standard antihistamines provide incomplete relief from your symptoms
- Your prescriber has recommended ketotifen as part of your treatment protocol
- You need a clean, custom-dosed capsule free from unnecessary excipients

Ask your doctor about compounded oral ketotifen.

The Medicine Shoppe · 1698 S Queen St, York PA 17403 · (717) 846-0500

Phone, fax (717) 845-8767, or e-prescribe. For educational purposes only — not medical advice.