

Women's Bioidentical HRT

Personalized hormones. Your body. Your balance.

✓ BIOIDENTICAL · CUSTOM-COMPOUNDED · PHYSICIAN-PRESCRIBED

Hormonal changes don't have to derail your life. Whether you're navigating perimenopause, menopause, or simply feeling off — fatigue, mood changes, sleep problems, low libido — **bioidentical hormone replacement therapy (BHRT)** offers a personalized, plant-derived approach that works with your body's own chemistry, not against it.

What Makes It Bioidentical?

"Bioidentical" means the hormones are **molecularly identical to those your body naturally produces**. They are derived from plant sources (yam and soy) and compounded into precise doses tailored to your lab results and symptoms — unlike one-size-fits-all commercial hormone products. Your prescriber determines the right combination and dose for you.

Hormones We Compound

Estradiol (E2)

The primary estrogen; supports hot flash relief, bone density, mood, and cognition.

Estriol (E3)

A gentler estrogen; often used in vaginal creams for dryness, comfort, and tissue health.

Estrone (E1)

Naturally present estrogen; included when clinically indicated by lab values.

Progesterone

Balances estrogen, supports sleep quality, mood stability, and uterine protection.

Testosterone

Supports libido, energy, muscle tone, and mental clarity in women at low doses.

DHEA

An adrenal hormone precursor; supports energy, mood, immune function, and sexual health.

Available Dosage Forms



Oral Capsules

Convenient daily capsules — ideal for progesterone, DHEA, and methyltestosterone.



Topical Creams

Applied to skin for steady absorption — great for estradiol and testosterone.



Vaginal Creams

Targeted local therapy for dryness, atrophy, and comfort — estriol is commonly used.



Combination Formulas

Multiple hormones in a single preparation — fewer applications, more convenience.

Custom-Compounded for You

Dose, hormone, and delivery form selected by your prescriber.

Combinations and multi-hormone formulas available.

Could BHRT Be Right for You?

- You're experiencing hot flashes, night sweats, or disrupted sleep
- You've noticed mood changes, brain fog, anxiety, or low energy
- Low libido, vaginal dryness, or discomfort is affecting your quality of life
- You want a personalized hormone approach rather than a one-size-fits-all option

Ask your doctor about bioidentical HRT — we'll compound it for you.

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Phone, fax (717) 845-8767, or e-prescribe. For educational purposes only — not medical advice.