Public Activation: Pre-Landfall Directory of Southeast Virginia DAFN (Disability, Accessibility, Functional Needs) Resources
DAFN Report No. 1 – September 11, 2018
Prepared by: Humanity Road / Animals in Disaster / DAFN Ready

Overview
The report includes state and county government links, food assistance resources, healthcare facilities, mental / emotional health resources, transportation links, and resources for people with special needs including children and senior citizens. We are providing this report as a service for vulnerable population preparedness initiatives across the region. It can be stored and leveraged for real-time events or needs.

DAFN - Disability, Accessibility and Functional Needs

Twitter handles
@Humanityroad
@Disasteranimals
@jAidDog
@DAFNReady

Facebook pages
Humanity Road
Animals in Disaster

About Humanity Road: Founded in 2010 as a 501(c)3 non-profit corporation, Humanity Road is a leader in the field of online disaster response. Through skilled and self-directed work teams, Humanity Road and its network of global volunteers aim to provide the public and disaster responders worldwide with timely and accurate aid information. Providing such information helps individuals survive, sustain, and reunite with loved ones. For more information, please visit www.humanityroad.org.
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Introduction

This report lists helpful resource links for people with Disabilities, Accessibility, and Functional Needs (DAFN) in southeastern Virginia. It includes statewide resources and links for the following counties and cities: Chesapeake City, Hampton City, Isle of Wight County, James City County, Newport News City, Norfolk City, Northampton County, Poquoson City, Portsmouth City, Suffolk City, Surry County, Virginia Beach City, and York County.

Resources include state and county government links, food assistance resources, healthcare facilities, mental / emotional health resources, transportation links, and resources for people with special needs including children and senior citizens.

Virginia Statewide / Regional Resources for Vulnerable Populations

Businesses Open


Food Assistance

- Women, Infants, and Children (WIC) - phone 877-835-5942, website, facebook, @VirginiaWIC.
- Meals on Wheels, Southeastern Virginia (meals for people over 60) - phone 757-461-9481, website
- Federation of Virginia Food Banks (search for food banks near you) - website, facebook, @VAFoodBanks
- Foodbanks in Virginia - Link to Map
- Foodbank of Southeastern Virginia and the Eastern Shore - 800 Tidewater Dr, Norfolk, VA 23504, Phone 757-627-6599, website.
- Virginia Peninsula Foodbank - phone 757-596-7188, website, facebook, @hrfoodbank.

Government and Emergency Management Links

National Links:

- Federal Emergency Management Agency (FEMA) - website, facebook, @fema
  - FEMA Region III (covers Virginia) - website, @FEMAreogion3
- Social Security Administration - phone 800-772-1213, office search by zipcode.

State Links:

- Commonwealth of Virginia government - website
- Public Safety: support@humanityroad.org www.humanityroad.org Support our work
- Virginia Department of Emergency Management (VDEM) - website, facebook, @VDEM.
- Virginia Department of Fire Programs - website, facebook, @VaFirePrograms.
- Virginia State Police - phone 911 (emergencies), 804-674-2000 (non-emergencies), website, facebook.

**Family and Health:**
- Office of Children’s Services - phone 804-662-9815, website, facebook.
- Virginia Department for Aging and Rehabilitative Services (DARS) - Phone 800-552-5019, TTY: 800-464-9950, website, facebook, @vadars.
- Virginia Department for the Blind and Visually Impaired - phone 800-622-2155, website, facebook.
- Virginia Department for the Deaf and Hard of Hearing - Toll Free: 800-552-7917 V/TTY, website, facebook.
- Virginia Department of Behavioral Health and Developmental Services (mental health, developmental disabilities, substance abuse) - phone 804-786-3921, Voice TDD 804-371-8977, website, facebook, @VirginiaDBHDS.
- Virginia Department of Health - website, facebook, @vdhgov.
- Virginia Department of Medical Assistance Services (DMAS) - phone 804-786-7933, TDD 800-343-0634, website.
  - Division of Aging and Disability Services: Recipient Helpline 804-786-6145, Medicaid helpline 800-552-8627, website.
- Virginia Department of Social Services - phone 804-726-7000, TTY/TTD 800-828-1120 or 711, website, facebook, @VDSS.
- Virginia Department of Veterans Services - phone 804-786-0286, crisis hotline 800-273-8255, website, facebook, @VaVeteransSvcs.
- Virginia Medicaid - phone 800-884-9730, website.

**Transportation:**
- Virginia Department of Aviation - website, Virginia airports.
- Virginia Department of Rail and Public Transportation - phone 804-786-4440, website, facebook, @VirginiaDRPT.
- Virginia Department of Transportation (VDOT) - phone 511 (traffic information), 800-367-7623 (customer service), website, facebook, twitter feeds, report a road problem.
- Virginia Port Authority - phone 757-440-7160, website, @PortofVirginia.

Regional Links:
- Senior Services of Southeastern Virginia: phone: 757-461-9481, website.

**Healthcare Facilities**
- Hospitals
  - List of hospitals in Virginia - source.
  - Virginia Hospital and Healthcare Association hospitals and facilities - interactive map.
  - Hospitals and services in eastern VA - source.

support@humanityroad.org   www.humanityroad.org   Support our work
Urgent care and walk-in clinics - source

Dialysis:
- Virginia Dialysis Centers (listed by location) - website
- Dialysis Finders (search by location) - website
- DaVita Kidney Care (search by location) - website
- Fresenius Kidney Care (search by location) - website

Nursing facilities in Virginia (search by zip code) - website

Mental / Emotional Support

- Disaster Distress Helpline (free 24/7 crisis hotline) - 800-985-5990, Text TalkWithUs to 66746, use your preferred relay service 1-800-985-5990, TTY 1-800-846-8517. website, facebook, @samhsagov.
- List of Virginia Community Service Boards (CSBs) - assistance with mental health, intellectual disabilities or substance use disorders. source
- Depression resource contacts for Virginia - source
- Mental Health Crisis Hotline - 1-800-442-4673 or for online chat http://hopeline.com/.
- National Alliance on Mental Illness (NAMI) Virginia (information and resources about mental illness) - 888-486-8264, list of crisis helplines.
- Suicide Prevention Lifeline - 1-800-273-8255, TTY and chat 800-799-4889, website, facebook, @800273TALK.
- Veterans Crisis Line - 1-800-273-8255.

Pharmacies Open

- RX Open from Healthcare Ready - map showing open pharmacies following large disasters. website and map.
- GoodRX - find pharmacies in VA by location, website.

Power and Fuel

- Fuel stations in southeast VA - Link to Map
- GasBuddy - find fuel and prices, website, app for android, app for iphone

Special Needs Resources

- 211 Virginia (free information on available community services): website
  - phone 2-1-1 or 1-800-230-6977
  - hearing Impaired 7-1-1 for Virginia Relay then 1-800-230-6977
  - text your Zip Code to 800-230-6977
- Alzheimer’s Association chapters in VA - website
- American Diabetes Association - phone 1-800-342-2383, website
- Autism Speaks (resource locator for VA) - website
- Commonwealth Autism (includes resource finder by location) - phone 804-355-0300, website
- Virginia Association of Area Agencies on Aging (map with locations) - phone 804-644-2804, website

support@humanityroad.org    www.humanityroad.org    Support our work
• Virginia Navigator (search for local services for persons with disabilities, seniors, veterans): [website](#)
• Virginia Family Special Education Connection, Local Disability Services (search for disability resources in your county): [website](#)

**Temporary Shelter and Evacuation**

• Know your Zone - Statewide Evacuation site. [website and map](#)
• Red Cross Shelters (find open shelters by location) - [website and map](#)
• Pet friendly hotels in VA - [source](#)

**Transportation for People with Special Needs**

• 350 Care LLC - on demand ADA transportation (statewide). Phone 804-499-3400. [website](#)
• Department for Aging and Rehabilitative Services (DARS), Office for Aging Services: will refer callers to transportation providers in their area. Phone 804-662-7000 or 800-552-5019, TTY/TTD 800-464-9950, [website](#)
• LogistiCare of Virginia - statewide non-emergency transport for Medicaid recipients. Phone 866-810-8305, 866-386-8331, TTY/TTD 866-288-3133. [source](#)
• MobilityWorks - wheelchair accessible rental vans (statewide). Phone: 877-275-4907. [source](#)
• Hampton Roads Transit - phone 757-222-6100, [website](#)

**Southeast Virginia County Resources**

**Chesapeake City**

36°42′51″N 76°14′18″W
Population: 233,479 -- 28.8% under the age of 18 -- 9.0% 65 years of age or older. [source](#)

**County / City Government Links**

• City of Chesapeake: [Website](#), [Facebook](#), [@AboutChesapeake](#)
• Chesapeake Alert Notification System: [Website and Signup link](#)
• Chesapeake Emergency Management: Phone 757-382-6504, [website](#)
• Chesapeake Fire Department: 911 for emergencies, 757-382-6297 (non-emergencies). [website](#), [@ChesapeakeFire](#), [Facebook](#)
• Chesapeake Police Department: 911 for emergencies, 757-382-6161 (non-emergencies. [website](#), [facebook](#)
• Chesapeake Sheriff: phone 757-382-6159 (non-emergencies), [website](#), [facebook](#), [@ChesSheriffOff](#)
• Road conditions (twitter account): [@ChesapeakeGovt](#)
• Virginia Department of Health, Chesapeake Health District: phone 757-382-8617, health emergencies 757-382-6161, [website](#), [@vdhgov](#), [facebook](#).

**Food Assistance**

[support@humanityroad.org](mailto:support@humanityroad.org)       [www.humanityroad.org](#)       Support our work
● Supplemental Nutrition Assistance Program (SNAP / food stamps): Phone 757-382-2000, website
● Food Pantries in Chesapeake (searchable list with map). source
● Senior Services Wellness and Nutrition sites (Senior Centers). source
● Meals on Wheels (food for seniors over 60) - phone 757-461-9481. website

Healthcare Facilities and Pharmacies
● Healthcare facilities (hospitals, clinics, offices) - Link to Map
● Hospitals:
  o Chesapeake Regional Healthcare, 736 Battlefield Blvd North, Chesapeake, VA 23320. Phone 757-312-8121. website
  o Children’s Hospital of the King’s Daughters (CHKD) - 612 Kingsborough Square #301, Chesapeake, VA 23320. Phone 757-668-7000. website, facebook, @_CHKD
● Dialysis Centers:
  o Dialysis Centers in Chesapeake (list) - source
  o DaVita Kidney Care clinics in area - source
● Chesapeake City Nursing Homes - Link to Map
● Care homes for dementia (list) - source
● Pharmacies in Chesapeake - Link to Map

Mental and Emotional Health Support
  o If you know someone who wants to harm themselves or others, call the 24/7 emergency crisis hotline: 757-548-7000.
● Intellectual Disability Services: phone 757-547-9334. Provides services to people with intellectual disabilities and infants and toddlers with special needs. website
● Infant and Toddler Connection of Chesapeake - assistance for infants with special needs. Phone 757-547-8929. source
● Substance Abuse Services: phone 757-547-9334, crisis hotline 757-548-7000. website
● Genesis Counseling Center - counseling and psychotherapy. Service areas: 757-827-7707 (Hampton/Suffolk), 757-564-3100 (Williamsburg), 757-965-5886 (Chesapeake), 757-598-2244 (Yorktown/Newport News). website, facebook
● Substance abuse treatment facilities in area - source

Special Needs Resources
● Chesapeake City Resources for Persons with Disabilities: website
● Local disability resources - source
● Senior Services of Southeast Virginia - Phone 757-461-9481. website
● Children’s Crisis Center of Hampton Roads - 118 Great Bridge Blvd, Chesapeake, VA 23320. Phone 757-549-5414. website
● Autism resources:

support@humanityroad.org     www.humanityroad.org     Support our work
o Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474. Service areas: Virginia Beach, Norfolk, Chesapeake, Portsmouth, Suffolk, outlying areas in peninsula. [website], [facebook], [@AutismTidewater]

o Center for Autism and Related Disorders - 850 Greenbrier Cir. Suite 32, Chesapeake, VA 23320. Phone 888-288-4762. [website]

o Children’s First ABA Clinic - 1529 Technology Drive Suite 102, Chesapeake, VA 23320. Phone 757-609-2795. (autism and developmental disorders) [website]

o Days of Victory Center for Autism - 640 Independence Pkwy Suite 400B, Chesapeake, VA 23320. Phone (757) 267-9634. [website]

o Mea’Alofa Autism Support Center - 4016 Raintree Road, Suite 200A Chesapeake, VA 23321. Phone: 757-465-3933. [website]

Transportation

- Chesapeake Travel Information: [website]
- I-Ride Transit - medical and non-medical transport, paratransit for seniors and persons with disabilities. Phone 757-222-4513 (Norfolk, Chesapeake, Virginia Beach), [website].
- Accent Travel - provides non-emergency transportation for ambulatory and non-ambulatory clients. Phone 757-605-0605. [website]
- 5 Star Medical Transport (non-emergency medical transport). Phone 757-558-4050. [source]
- Chesapeake Public Schools Pupil Transportation - transportation to school for children with special needs. Phone 757-547-1617. [website]
- Community Assistance and Resources for Seniors (transportation and errands): phone 757-456-2366 (southside), 757-875-0060 (peninsula). Service Areas: Chesapeake City, Norfolk City, Portsmouth City, Virginia Beach City. [source]
- Hampton Roads Transit (paratransit): phone 757-455-8010, service areas: Chesapeake City, Hampton City, Newport News City, Norfolk City, Portsmouth City, Virginia Beach City. [source]

Hampton City

37°2′5″N 76°21′36″W
Population: 137,436 -- 24.2% are under the age of 18 -- 10.3% 65 years of age or older. [source]

County Government Links

- Hampton City: Website, Facebook, @cityofhampton
- Alert Notification System: Website and Notify Me link
- Emergency Management Office: Phone 757-727-1208, Website
- Fire Department: 911 for emergencies, 757-727-6580 (non emergency), website, facebook, @HamptonVAFire
- Police Department: 911 for emergencies, 757-727-6111 (non emergency), website, facebook, @HamptonVAPolice

support@humanityroad.org www.humanityroad.org Support our work
• Sheriff’s Office: Phone 757-926-2540, [website](#)
• Roads updates: [@VaDOTHR](#), [@511hamptonroads](#) (real-time)
• Virginia Department of Health, Hampton Health Department, Victoria Center: phone 757-727-1172, [website](#), [@vdhgov](#), [facebook](#).

**Food Assistance**

• Financial Assistance (Food Stamps Program, Emergency and Temporary Assistance): phone 757-727-1800, [website](#).
• Women, Infants and Children (WIC) Nutrition Program - phone 757-727-2562, [website](#).
• Virginia Peninsula Foodbank - phone 757-596-7188, [website](#), [facebook](#), [@hrfoodbank](#).
• Food pantries [Source](#).
• Meals on Wheels and dining centers for seniors - phone 757-873-0541, [website](#).

**Healthcare Facilities**

• Healthcare facilities (hospitals, clinics, offices). [Link to map](#)

  • Hospitals:
    o Hampton VA Medical Center, 100 Emancipation Drive Hampton, VA 23667. Phone 757-722-9961. [Website](#)
    o Sentara CarePlex Hospital, 3000 Coliseum Drive, Hampton, VA 23666. Phone 757-736-1000. [Website](#)
    o CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757-668-7132 or 800-864-8903. [website](#)

  • Dialysis Centers:
    o Dialysis Centers list. [Source](#)
    o Fresenius Kidney Care locations in Newport News and Hampton: [website](#)

• Nursing Homes. [Link to map](#)
• Care homes for dementia. [Source](#)
• Pharmacies. [Link to map](#)

**Mental and Emotional Health Support**

• Hampton-Newport News Community Services Board: [website](#), phone 757-788-0300.
• VersAbility Resources (supports children with special needs as well as older people with disabilities): [website](#), phone 757-896-6461.
• Substance Abuse Services:
  o Agape Counseling and Therapeutic: [website](#), phone 757-244-3500.
  o Hampton VA Medical Center Mental Health Unit: [website](#), phone 757-722-9961.
  o Substance abuse treatment centers in area - source
• Genesis Counseling Center - counseling and psychotherapy. Service areas: 757-827-7707 (Hampton/Suffolk), 757-564-3100 (Williamsburg), 757-965-5886 (Chesapeake), 757-598-2244 (Yorktown/Newport News). [website](#), [facebook](#)

**Special Needs Resources**

support@humanityroad.org    www.humanityroad.org    Support our work
People with Disabilities:
- Local disability resources - source
  - The Peninsula Center for Independent Living (offers housing, counseling, advocacy, skill training, transition and more): website, phone 757-827-0275, TDD line 757-827-8800, website.
  - Local and State Resources for people with disabilities (Hampton Mayor’s Commitment document / list & description of services). source
  - Hampton Social Security Disability Resources (including resources for low cost and free medical services & benefits information): source
- Infant and Toddler Connection of Hampton / Newport News - assistance for infants with special needs. Phone 757-726-4012. source
- Peninsula Area on Aging - phone 757-873-0541, information@paainc.org, website, facebook, @PAA_Inc.
- Hampton Senior Center: Source
- Autism resources:
  - Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, website, facebook, @AutismTidewater
  - New Horizons Regional Education - Center for Autism: Source, phone 757-874-4444

Transportation
- Hampton Roads Transit (paratransit): phone 757-455-8010, service areas: Chesapeake City, Hampton City, Newport News City, Norfolk City, Portsmouth City, Virginia Beach City. source
- Medical transport (non-emergency) services Source:
  - On Time Courier Service (various locations, also offers recreational & errands), phone 757-838-7945, Source.
  - Coles Medical Transport, 4012 Victoria Blvd, Phone: 757-325-6666.
  - Martha's Medical Transport, 14 Pirates Cv, Phone: 757-224-4602.
  - American Medical Response, 5000 Incubator Rd, Phone: 757-826-7828.
  - Bond Medical Transport, 550 Hollomon Dr, Phone: 757-315-2663.
- Hampton City Schools Transportation Department. Website
- Peninsula Agency on Aging’s transportation program: website, phone 757-873-0541.

Isle of Wight County
36°54′28″N 76°42′28″W
Population: 35,270 -- 23.2% are under the age of 18 -- 13.3% 65 years of age or older. source
**County Government Links**
- Isle of Wight - [County website](#), [Social media overview](#)
- Emergency notifications - [County notification system](#)
- Department of Emergency services - [website](#), [Current emergency updates](#)
  - 17130 Monument Circle, Isle of Wight, VA 23397
  - Phone – (757) 365-6308 Fax – (757) 357-3631
- Volunteer Fire and Rescue Agencies - [website](#)
- Isle of Wight Sheriff’s Office - phone 911 (emergencies), 757-357-2151
  (non-emergencies), [website](#), [facebook](#), [@iowsheriff](#).
- Commission on Aging - [website](#)
- Isle of Wight County Social Services - financial assistance, family services, phone 757-365-0880, [website](#)

**Food Assistance**
- Supplemental Nutrition Assistance Program (SNAP) - phone 757-365-0880, [website](#)
- Women, Infants, and Children (WIC) Nutrition Program - phone 757-357-4177, [source](#).
- Meals on Wheels, Southeastern Virginia (meals for people over 60) - phone 757-461-9481, [website](#)
- Food pantries and home delivered meals - [source](#)
- Food banks in or near Isle of Wight - [link to map](#)
- List of food pantries near Isle of Wight - [source](#)

**Healthcare Facilities**
- Hospitals and Clinics:
  - Hospitals in or near Isle of Wight - [Link to Map](#)
  - Sentara Obici Hospital
  - Maryview Medical Center
  - Naval Medical Center
  - Lake Taylor Trans Care Hosp
  - Sentara Leigh Hospital
  - Southampton Memorial Hospital
  - Hospital for Extended Recovery
  - Children's Hospital
  - St Mary's Home for Children
  - Sentara Williamsburg Regional Medical Center
  - Sentara CarePlex Hospital
  - Sentara Norfolk Gen Hospital
  - Chesapeake General Hospital
  - Norfolk Psychiatric Center
  - Isle of Wight Helicopter landing zones [source](#)
  - Isle of Wight County Health Department - 919 South Church Street, Smithfield, VA 23431, Phone: 757-357-4177. [website](#)
Western Tidewater Free Clinic - 2019 Meade Parkway, Suffolk, VA 23434. Phone 757-923-1060. website, facebook.

CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757-668-7132 or 800-864-8903. website

- Dialysis centers in or near Isle of Wight - source
- Nursing homes in or near Isle of Wight - Link to Map
- Dementia care facilities near Isle of Wight - source

**Mental and Emotional Health Support**

- Western Tidewater Community Services Board - services for mental health, intellectual disabilities, substance abuse. Phone 757-255-7133 or 757-925-2484 (behavioral health emergency line), website, facebook.
- Behavioral Health facilities in or near Isle of Wight - link to map
- Therapists in Isle of Wight - source
- Drug rehab facilities in or near Isle of Wight - source
- Substance abuse centers in area - source

**Special Needs Resources**

- Disability services in Isle of Wight - source
- Senior Citizens:
  - Senior Services of Southeastern Virginia - phone 757-357-4050, email services@sseva.org, website, facebook, @SeniorSSSEVA.
  - Department for Aging and Rehabilitative Services local office - phone 434-336-6222, website.
  - Dementia and Alzheimer’s resources - source
- Infant and Toddler Connection of Western Tidewater - assistance for infants with special needs. Phone 757-562-6806. source
- Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, website, facebook, @AutismTidewater

**Transportation**

- Transportation services for people with special needs in or near Isle of Wight - source
- Care Advantage, Franklin - seniors, persons with disabilities, no wheelchairs. Phone 757-562-3065, source.
- I-Ride Transit - medical and non-medical transport, paratransit for seniors and persons with disabilities. Phone 757-516-8556 (Franklin, Suffolk, Isle of Wight, Western Tidewater area), website.

**James City County**

37.31°N 76.77°W
Population 67,009 -- 23.30% are under the age of 18 -- 16.80% 65 years of age or older.

source

County Government Links

- City of James City County website, facebook, @JamesCityCounty
- JCC Alert Notification System: http://www.jccalert.org/ sign-up
- JCC Heads Up Program - special needs registry, Heads Up Program Request Form (PDF)
- JCC Emergency Management - Phone 757-564-2140, website
  o JCC Know Your Zone - hurricane evacuation zones, Evacuation zone lookup
- JCC Fire Department - 911 for emergencies, 757-220-0626 (non-emergencies) website
- JCC Police Department - 911 for emergencies, 757-253-1800 (non-emergencies) website
- JCC Sheriff - phone 757-564-2220 (non-emergencies), website
- JCC Ambulance - 911 for emergencies, Phone: 757-220-0626 (non-emergencies) website
- JCC Emergency Communications - 911 for emergencies, Phone: 757-566-0112 (non-emergencies), website
- Medical Examiner and Coroner - phone: 804-786-3174, website
- JCC Health Department - Phone: 757-253-4813, website.
- Power Outages or Downed Lines, Dominion Energy Phone - phone 866-366-4357, Website
- Road conditions: Williamsburg, VA Traffic and Road Conditions - website
  o VDOT 511: Phone: (800-367-7623) website, facebook, @VaDOT

Food Assistance

- JCC Department of Social Services Food Stamp Office - phone: 757-259-3100, website
- Williamsburg Human Services Food Stamp Office - phone: 757-220-6161, website
- Williamsburg Area WIC Office - phone: 757-253-4741, website
- Williamsburg Area Meals on Wheels - phone 757-229-9250, website, facebook.
- Food Banks:
  o Food pantries in area - source
  o FISH, Inc. of Williamsburg: Phone: 757-220-9379 website, facebook
  o Virginia Peninsula Foodbank: Phone: 757-596-7188, website, facebook, @hrfoodbank
  o Food Pantry: Salvation Army of Greater Williamsburg - phone: (757) 229-6651, website

Healthcare Facilities

- Hospitals:
  o Hospitals in or near JCC - link to map
  o Hospital List - source
  o Urgent care clinics in or near JCC - link to map
Clinics Directory - [source](#)  
Pharmacy List - [source](#)  
Williamsburg Dialysis Centers - [source](#)  
Nursing homes in or near JCC - [link to map](#)  
Assisted Living & Nursing Homes - [source](#)

**Mental and Emotional Health Support**

- Behavioral health centers in or near JCC - [link to map](#)  
- Colonial Behavioral Health: Phone - phone 757-220-3200 or 757-378-5555 (help line), [website](#)  
- Virginia Department of Behavioral Health & Developmental Service - phone 804-786-3921, TDD: (804) 371-8977, [website](#), [facebook](#)  
- Eastern State Hospital - phone 757-253-5161, [website](#)  
- National Alliance of Mental Illness (NAMI) - phone 703-524-7600 or 800-950-6264 (help line), [website](#), [facebook](#)  
- Henrico County Mental Health Department - phone: 804-222-2607, [website](#)  
- Chesterfield County Mental Health Department - phone 804-318-8270, [website](#)

**Special Needs Resources**

- Virginia Disability Services Agencies - phone: 804.662.7000, 800.552.5019, TTY: 800.464.9950  
- Emergency Services List - [website](#)  
- Departments of Social Services List: [website](#)  
- Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, [website](#), [facebook](#), [@AutismTidewater](#)  
- Child Development Resources - early intervention services for children 0-3 in Williamsburg, James City County, York County, Poquoson. Phone 757-566-3300 [website](#), [facebook](#), [@566TOTS](#)  
- Richmond Medicaid Office - phone - 804-786-8099, [website](#)  
- Senior Citizens:  
  - Colonial Heights Senior Center - phone: 804-520-9220, [website](#)  
  - Ocean View Senior Center - phone 757-441-1767, [website](#)  
  - Crater Department of Aging: Phone: 804-991-3649  
  - Peninsula Area on Aging - phone 757-873-0541, [website](#), [facebook](#), [@PAA_Inc](#)  
- Veterans:  
  - Disabled American Veterans - Phone: 757-564-3916, [website](#)  
  - Veterans of Foreign Wars - Phone: 757-258-9802, [website](#)  
- Housing:  
  - HUD approved housing counseling agencies [PDF] - [source](#)  
  - Williamsburg Housing Authority - phone 757-220-3477, [website](#)  
  - Housing Choice Voucher (HCV) program from the Department of Housing and Urban Development (HUD) [PDF] - phone 757-259-5340. [source](#)
Transportation

- Special needs transportation in and near JCC - source
- Jamestown-Scotland Ferry - Phone: 1-800-VA-FERRY, 757-220-5493, source
- Williamsburg Area Transit Authority (WATA) - provides fully accessible buses to fixed stops also provide Paratransit service door to door or curb to curb. Phone: 757-220-5493. website

Newport News City

37°4′15″N 76°29′4″W
Population: 183,412 -- 27.5% under the age of 18 -- 10.1% 65 years of age or older. source

County Government Links

- City of Newport News - phone 311 or 757-933-2311, Website, Facebook, @CityofNN
- Division of Emergency Management - phone 757-269-2900, website
- Newport News Fire Department - phone 911 (emergencies), 757-975-5030 (non-emergencies), website.
- Newport News Police Department - 911 (emergencies), 757-247-2500 (non-emergencies), website Facebook Twitter
- Newport News Sheriff Department - 911 (emergencies), 757-247-2500 (non-emergencies), website Facebook
- Department of Human Services - family services, employment services, financial services. Phone 757-926-6300, website

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP) - website
- Peninsula Area on Aging - dining centers and meals on wheels. Phone 757-873-0541, website.
- Women, Infants, and Children (WIC) Nutrition Program - website
- Food Banks and Pantries:
  - Food banks in Newport News - link to map
  - List of food pantries - source
  - Virginia Peninsula Foodbank - phone 757-596-7188, website, facebook, @hrfoodbank
  - Thrive Peninsula - phone 757-877-6211, website
  - Good Seed Good Ground - phone 757-724-4019, website

Healthcare Facilities

- Hospitals and urgent care:
  - Hospitals in Newport News - link to map
  - Urgent care centers - link to map
  - List of urgent care centers - source
- CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757-668-7132 or 800-864-8903. [website](#)

- Dialysis centers - [list and map](#)
- Pharmacies:
  - Pharmacies in Newport News - [link to map](#)
  - List of pharmacies - [source](#)
- Nursing homes:
  - Nursing homes and rehabilitation centers - [link to map](#)
  - Nursing homes - [source](#)
  - Dementia care homes - [source](#)

**Mental and Emotional Health Support**

- Newport News Behavioral Health Center - phone 757-888-0400 or 800-697-0999, [website](#)
- Hampton Roads Behavioral Health - phone 757-827-1001 [website](#)
- Hampton-Newport News Community Services Board: REACH Mobile Crisis Team is available 24 hours a day, 7 days a week at 855-807-8278. [website](#)
- Counseling centers in Newport News - [link to map](#)
- Substance abuse treatment centers - [link to map](#)
- Substance abuse treatment centers in area - [source](#)

**Special Needs Resources**

- Local disability services - [source](#)
- Infant & Toddler Connection of Hampton-Newport News - assistance for infants with disabilities. Phone 757-726-4012, [source](#)
- Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, [website](#), [facebook](#), [@AutismTidewater](#)
- Smart One, Inc - support for people with disabilities and special needs. Phone 757-696-2540, [facebook](#)
- Senior Citizens:
  - Peninsula Area on Aging - phone 757-873-0541, [website](#), [facebook](#), [@PAA_Inc](#)
  - Department of Aging and Rehabilitative Services local office - phone 757-865-4863, [website](#)

**Transportation**

- Special needs transportation resources - [source](#)
- Hampton Roads Transit (paratransit): phone 757-455-8010, service areas: Chesapeake City, Hampton City, Newport News City, Norfolk City, Portsmouth City, Virginia Beach City. [source](#)
Norfolk City

36°55′N 76°12′W
Population: 245,428 -- 24.0% under the age of 18 -- 10.9% 65 years of age or older.  

County Government Links

- Norfolk City Website Facebook @NorfolkVA Instagram  
- Alert notification system Website and Notify Me link  
- Emergency Management Office Website and non-emergency phone number 757-441-5610  
- Fire Department: 911 for emergency, 757-664-6510 non-emergency Website, Facebook, @NorfolkFireResc  
- Police Department Facebook  
- Norfolk City Directory of Social Media accounts Website  

Food Assistance

- Norfolk Social Services (SNAP) Phone Number: (757) 664-6000 address: 741 Monticello Avenue, Norfolk, Virginia 23510-1506 website  
- Women, Infants, and Children (WIC) Nutrition Program - phone 757-985-4856, website  
- Food Banks in or near Norfolk, VA Map link  
- Food pantries - source  
- Meals on Wheels, Southeastern Virginia (meals for people over 60) - phone 757-461-9481, website  

Healthcare Facilities

- Hospitals and Clinics:  
  - Healthcare facilities in and nearby Norfolk, Va Map link  
  - CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757- 668-7132 or 800-864-8903. website  
- Dialysis centers in Norfolk - source  
- Dementia Care homes - source  
- Nursing homes in Norfolk - link to map  

Mental and Emotional Health Support

- Mental Health support in and near Norfolk, VA map link  
- Substance abuse treatment centers in or near Norfolk - source  
- Counseling agencies - source  

Special Needs Resources

- Medical Needs Registry Website  

support@humanityroad.org  www.humanityroad.org  Support our work
● Special Needs Shelter Information and registry [Website]
● Local disability services - [source]
● Infant and Toddler Connection of Norfolk - assistance for infants with disabilities. Phone 757-441-1186, [source]
● Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, [website], [facebook], [@AutismTidewater]

Senior Citizens:
  o Senior Services of Southeastern Virginia - phone 757-461-9481, [website], [facebook], [@SeniorSSSEVA].
  o Senior Resources for Norfolk VA [website]
  o Department of Aging and Rehabilitative Services local office - phone 757-466-4300, [website]

Transportation

● Hampton Roads Transit (paratransit): phone 757-455-8010, service areas: Chesapeake City, Hampton City, Newport News City, Norfolk City, Portsmouth City, Virginia Beach City. [source]
● Community Assistance and Resources for Seniors (transportation and errands): phone 757-456-2366 (southside), 757-875-0060 (peninsula). Service Areas: Chesapeake City, Norfolk City, Portsmouth City, Virginia Beach City. [source]
● I-Ride Transit - medical and non-medical transport, paratransit for seniors and persons with disabilities. Phone 757-222-4513 (Norfolk, Chesapeake, Virginia Beach), [website].

Northampton County

37° 18’ 0” N, 75° 55’ 48” W
Population: 12,150 -- 23.30% under the age of 18 -- 21.20% 65 years of age or older. [source]

County Government Links

● Northampton County government - [website], [facebook], [@NorthamptonV]
● Northampton County Emergency Services - phone 757-678-0411, [website], [facebook], [@NorthamptonEMS]
  o Emergency Operations Center - Phone 757-678-0442
  o Hurricane Info: [Printable]
  o Citizen Alert Signup with Everbridge [Signup Here]
  o Northampton County evacuation zones - [Know Your ZONE]
  o Northampton County SPECIAL NEEDS REGISTRY - [website]
  o County Evacuation Plan and Storm Surge Inundation Maps - [website]
  o Emergency Shelter Guide - [website]
  o Eastern Shore Medical Reserve Corps (MRC) - phone 757-302-4266.
Local Media for Emergency Information - [website](#)

- Northampton Sheriff: Phone - phone 911 (emergencies), 757-678-0460 (non-emergencies), [website](#)
- Northampton County Volunteer Fire & EMS Services - [website](#)
- Northampton County Fire and Rescue - phone 911 (emergencies), 757-442-9365 (non-emergencies), [facebook](#)
- Power: A&N Electric Cooperative - phone 800-431-2632, [website](#)

**Food Assistance**

- Supplemental Nutrition Assistance Program (SNAP) - 757-678-5153 [source](#)
- Northampton Family Nutrition Program - phone 757-678-7946, [website](#), [facebook](#)
- Women, Infants, and Children (WIC) Nutrition Program - [website](#)
- Meals on Wheels in the Northampton area with Map: [source](#)
- List of 62 Food Pantries in the Northampton area. [source](#)
- Food banks in Northampton area - [link to map](#)

**Healthcare Facilities**

- Hospitals and clinics:
  - Hospitals in area - [link to map](#)
  - Riverside Shore Memorial Medical Center - [website](#)
  - Onley Community Health Center, Eastern Shore Rural Health System - phone 757-787-7374, [source](#)
  - Urgent care clinics near Northampton - [source](#)
- Pharmacies near Northampton - [link to map](#)
- Dialysis centers near Northampton, VA with Map - [source](#)
- Nursing facilities - [source](#)
- Assisted Living Facilities - [source](#)

**Mental and Emotional Health Support**

- Portsmouth Mental Health Department - phone 757-393-8223, [website](#)
- National Alliance of Mental Illness (NAMI) - phone 703-524-7600 or 800-950-6264 (help line), [website](#), [facebook](#)
- Virginia Department of Behavioral Health & Developmental Services - Phone 804-786-3921 Voice TDD 804-371-8977 [facebook](#), @VirginiaDBHDS
- List of Support Groups in Northampton - [source](#)
- List of programs and support for adults with Dementia - [source](#)
- Alcohol addiction treatment in Northampton - [source](#)

**Special Needs Resources**

- Local disability resources - [source](#)

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**Support**

- [support@humanityroad.org](mailto:support@humanityroad.org)
- [www.humanityroad.org](http://www.humanityroad.org)
- Support our work
- Eastern Shore Agency on Aging & Community Action - phone 757-442-9652 or 800-452-5977, [website](#).
- Northampton County Department of Social Services: Phone: 757-678-5153 [Website](#)
- Northampton Social Ministry - phone 757-442-3481 [source](#).
- Infant and Toddler Connection of the Eastern Shore - assistance for infants with special needs. Phone 800-568-9269, [source](#).
- List of Eastern Shore Area Agency on Aging programs from Community “Need Help Paying the Bills” [Website](#)
- List of services that assist older adults and people with disabilities in the community (at home): [Virginia Navigator Disability Listings](#)
- List of Programs for Families of Military Personnel and Veterans serving in Northampton County: [From Virginia Navigator](#)
- List of Local Disability Services for Northampton County: VA Family Special Education Services [Website](#)
- List of Northampton County Veterans Affairs Departments in the area: [Website](#)

**Transportation**

- List of Transportation, Paratransit & Flexible Schedule: [Website](#)
- Virginia Department of Transportation, Accomack Residency (Accomack, Northampton): Phone 757-787-5856 [website](#)
- VDOT 511: Phone: 800-367-7623 [website](#), [facebook](#), [@VaDOTHR](#)

**Poquoson City**

37°7′59″N 76°22′25″W  
Population: 12,150 -- 26.8% under the age of 18 -- 11.4% 65 years of age or older. [Source](#)

**County Government Links**

- Poquoson County - [Website](#), [Facebook](#), [@CityofPoquoson](#)
- Police Department - 911 (emergencies), 757-868-3360 (non-emergencies), [website](#).
- Fire & Rescue - 911 (emergencies), 757-868-3510 (non-emergencies), [website](#).
- York-Poquoson Sheriff’s Office - phone 911 (emergencies), 757-890-3621 (non-emergencies), [website](#), [facebook](#), [@YorkPoquosonSO](#)
- Alert Centre - see what alerts are currently active [Link](#) & sign up for alerts with [NotifyMe](#)
- CodeRED system (emergency notifications from evac notices to missing child alerts): [Link](#)
- York County (Poquoson) Social Services Department - phone 757-890-3787, [website](#)

**Food Assistance**

- Supplemental Nutrition Assistance Program (SNAP) - 757-890-3787, [website](#).
- Women, Infants, and Children (WIC) Nutrition Program - [website](#)
- Peninsula Agency on Aging - dining centers and Meals on Wheels - phone 757-873-0541, [website](#)
Food Banks:
  o Food banks in Poquoson area - link to map
  o Food pantries in Poquoson Loaves and Fishes (757) 868-3435 - source
  o Virginia Peninsula Foodbank - phone 757-596-7188, website, facebook, @hrfoodbank

Healthcare Facilities

  ● Hospitals and Clinics:
    o Hospitals in or near Poquoson - link to map
    o List of hospitals near Poquoson - source
    o Bon Secours Mary Immaculate Hospital (closer), 2 Bernardine Dr Newport News, VA 23602: website, phone 757-886-6000
    o Urgent care centers near Poquoson - link to map
  ● Peninsula Health District Resources - website
  ● Dialysis centers in Poquoson area - list and map
  ● Pharmacies:
    o Pharmacies in or near Poquoson - link to map
    o List of pharmacies - source
  ● Nursing homes in Poquoson - link to map
  ● Dementia care homes - source

Mental and Emotional Health Support

  ● Colonial Behavioral Health - phone 757-220-3200 or 757-378-5555 (emergency services), website
  ● Addiction treatment centers near Poquoson - Source
  ● Special Education and Student Services - Source
  ● Alzheimer resources (list) - Source
  ● Substance abuse treatment centers near Poquoson - source

Special Needs Resources

  ● Local disability services - source
  ● Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, website, facebook, @AutismTidewater
  ● Child Development Resources - early intervention services for children 0-3 in Williamsburg, James City County, York County, Poquoson. Phone 757-566-3300 website, facebook, @566TOTS.
  ● Senior Citizens:
    o Peninsula Agency on Aging - phone 757-873-0541, information@paainc.org, website, facebook, @PAA_Inc.
    o Department of Aging and Rehabilitative Services local office - phone 757-865-4863, website
    o Alzheimer’s resources - source
Transportation

- Special needs transportation resources - [Source](#)

Portsmouth City

36°50′04″N 76°20′30″W
Population: 95,535 -- 25.7% under the age of 18 -- 13.8% 65 years of age or older. [source](#)

County Government Links

- Portsmouth City Government - [website](#), [facebook](#), [@cityofPortsVA](#)
- Portsmouth Police Department - phone 911 (emergencies), 757-393-5300 (non-emergencies), [website](#), [facebook](#), [@PortsmouthPD](#)
- Portsmouth Sheriff’s Office - 911 (emergencies), 757-393-8210 (non-emergencies), [website](#), [facebook](#)
- Portsmouth Office of Emergency Management - phone 757-393-8338, [website](#)
  - Emergency shelters
  - Evacuation Information
- Portsmouth Department of Social Services - family services, financial assistance, SNAP. Phone 757-405-1800, [website](#)

Food Assistance

- Supplemental Nutrition Assistance Services (SNAP) - phone 757-405-1800, [website](#)
- Meals on Wheels, 4201 Greenwood Dr, Portsmouth, VA 23701. Phone 757-673-5025, [facebook](#)
- WIC services - phone 757-393-5340 or 757-686-4900, [website](#)
- Food Banks:
  - Food banks in Portsmouth - [link to map](#)
  - Food pantries - [source](#), [source2](#)

Healthcare Facilities

- Hospitals and Clinics:
  - Hospitals in Portsmouth - [link to map](#)
  - Urgent care clinics - [link to map](#)
  - Portsmouth Health Department - phone 757-393-8585, WIC 757-393-5340, [website](#), [facebook](#), [@PortsHealthDept](#)
  - CHKD Care Connection for Children - case management and coordination for children with special needs. Phone 757-668-7132, [website](#), [facebook](#), [@_CHKD](#)
- Dialysis centers in and near Portsmouth - [list and map](#)
- Pharmacies:
  - Pharmacies in Portsmouth - [link to map](#)
  - Pharmacies - [list and map](#)
- Nursing homes and rehab centers - [link to map](#)
• Dementia care homes - [source](#)

**Mental and Emotional Health Support**

• Portsmouth Department of Behavioral Healthcare Services - mental health, intellectual disabilities, substance abuse. Phone 757-393-5357, 757-393-8990 (crisis hotline), [website](#)
• Behavioral health centers in Portsmouth - [link to map](#)
• Substance abuse treatment centers - [source](#)
• Counseling centers - [link to map](#)
• Abilities beyond Disabilities - mental health services. Phone 757-484-7128, [website](#), [facebook](#).

**Special Needs Resources**

• Local disability services - [source](#)
• Intellectual Disability Services, Portsmouth - phone 757-393-8321, [website](#)
• Infant and Toddler Connection of Portsmouth - assistance for infants with disabilities. Phone 757-393-8321, [website](#)
• Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, [website](#), [facebook](#), [@AutismTidewater](#)
• Senior Citizens:
  o Senior Services of Southeastern Virginia - phone 757-461-9481, email services@sseva.org, [website](#), [facebook](#), [@SeniorSSSEVA](#).
  o Department of Aging and Rehabilitative Services local office - phone 757-686-5004, [website](#).
  o Senior centers in area - [link to map](#)
  o Dementia resources - [source](#)

**Transportation**

• Transportation services for people with special needs - [source](#)

**Suffolk City**

36°50′04″N 76°20′30″W  
Population: 95,535 -- 25.7% under the age of 18 -- 13.8% 65 years of age or older. [source](#)

**County Government Links**

• Suffolk City Government - [website](#), [facebook](#), [@CityofSuffolk](#)
• Suffolk Department of Fire and Rescue - phone 911 (emergencies), 757-514-4550 (non-emergencies), [website](#)
• Suffolk Police - phone 911 (emergencies), 757-923-2350 (non-emergencies), [website](#)
• Suffolk Sheriff’s Office - phone 911 (emergencies), 757-514-7840 (non-emergencies), [website](#)

support@humanityroad.org  www.humanityroad.org  Support our work
● Division of Emergency Management - phone 757-514-4536, 757-514-4570 (emergency operations center), [website](https://example.com).
  ◦ [Emergency shelters](https://example.com)
● Suffolk Department of Social Services - family services, financial assistance, SNAP. Phone 757-514-7450, [website](https://example.com).

### Food Assistance

- Supplemental Nutrition Assistance Program (SNAP) - phone 757-514-7450, [website](https://example.com)
- WIC Clinics - [website](https://example.com)
- Meals on Wheels, Southeastern Virginia (meals for people over 60) - phone 757-461-9481, [website](https://example.com)
- Food banks in Suffolk - [link to map](https://example.com)
- Food pantries - [website](https://example.com) [facebook](https://example.com)

### Healthcare Facilities

- Hospitals and Clinics:
  ◦ Hospitals in Suffolk - [link to map](https://example.com)
  ◦ Urgent care clinics - [website](https://example.com)
  ◦ Suffolk Health Department - 135 Hall Avenue, Suite A, Suffolk, VA 23434, Phone: 757-514-4700. [website](https://example.com)
  ◦ CHKD Care Connection for Children - case management and coordination for children with special needs. Phone 757-668-7132 or 800-864-8903. [website](https://example.com)
  ◦ WIC Clinics - [website](https://example.com)
- Nursing facilities - [source](https://example.com)
- Dialysis centers - [list and map](https://example.com)
- Pharmacies - [link to map](https://example.com)

### Mental and Emotional Health Support

- Western Tidewater Community Services Board - mental health, intellectual disabilities, substance abuse. Phone 757-255-7133 or 757-925-2484 (emergencies), [website](https://example.com), [facebook](https://example.com).
- Substance abuse treatment centers near Suffolk - [source](https://example.com)
- Counseling centers - [link to map](https://example.com)
- Mental health services - [link to map](https://example.com)

### Special Needs Resources

- Local disability services - [source](https://example.com)
- Infant and Toddler Connection of Western Tidewater - phone 757-562-6806. [source](https://example.com)
- Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, [website](https://example.com), [facebook](https://example.com), [@AutismTidewater](https://example.com)
- Suffolk Adult Services - assistance for people over 60 and people with disabilities, [website](https://example.com)
- Senior Citizens:
Transportation

- Special needs transportation in or near Suffolk - source
- Suffolk Paratransit Service - phone 757-214-6442, website
- I-Ride Transit - medical and non-medical transport, paratransit for seniors and persons with disabilities. Phone 757-516-8556 (Franklin, Suffolk, Isle of Wight, Western Tidewater area), website.

Surry County

37° 7' 12" N, 76° 53' 24" W:
Population: 6,709 - 25.20% under the age of 18 - 14.10% 65 years of age or older. Source

County Government Links

- Surry County Government - website, facebook.
- Emergency alerts - phone 757-294-5292, sign up
- Surry County Office of Emergency Services - phone 757-294-5292, website
- Sheriff’s Department - 911 (emergencies), 757-294-5264 (non-emergencies), website, facebook.
- Surry County Department of Social Services - medicaid, senior services, SNAP, child care assistance. Phone 757-294-5240, website.

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP) - phone 757-294-5240, website.
- Food Banks near Surry County - Link to Map
- Virginia Peninsula Foodbank - phone 757-596-7188, website, facebook, @hrfoodbank

Healthcare Facilities

- Hospitals:
  - Hospitals near Surry County - Link to Map
  - CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757-668-7132 or 800-864-8903. website
- Dialysis centers near Surry County - list and map
- Pharmacies:
- Pharmacies in or near Surry County - Link to Map
- Pharmacies in Surry - source

- Nursing homes and rehab centers:
  - Nursing homes and skilled nursing facilities near Surry - source
  - Nursing and rehab centers - source

**Mental and Emotional Health Support**

- Behavioral health centers in or near Surry County - Link to Map.
- Counseling services in or near Surry County - Link to Map
- District 19 Community Services Board - assistance for people with mental disabilities or substance abuse issues. Phone 804-862-8002 or 804-862-8000 (crisis line), 866-365-2130 (toll-free crisis line), website, facebook, @d19csbexec/
- Substance abuse treatment centers in area - source

**Special Needs Resources**

- Disability services in Surry County - source
- Infant and Toddler Connection of Crater District - assistance for infants with special needs. Phone 804-863-1689. source
- Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, website, facebook, @AutismTidewater
- Senior Citizens:
  - Department of Aging and Rehabilitative Services (local office near Surry County) - phone 757-686-5004, website.
  - Dementia resources - source

**Temporary Shelters and Evacuation**

- The Evacuation Assembly Center (EAC) is located at L.P. Jackson Middle School at - 4255 New Design Road, Dendron, VA 23839. (citizens will be notified when it is open). source
- Evacuation assistance for people with special needs - Contact the Department of Social Services at 757-294-5240 and request to be added to the special needs directory. source

**Transportation**

- Special needs transportation resources - source
- Crater District Area Agency on Aging - transport for seniors. Phone 804-732-7020, ext 423. source
- Williamsburg Area Transit Authority - paratransit and Surry Deviated route services for the disabled. Phone 757-220-5493. source

**Virginia Beach City**

36.8506°N 75.9779°W : support@humanityroad.org       www.humanityroad.org       Support our work
Population: 452,745 -- 27.5% under the age of 18 -- 8.4% 65 years of age or older. Source

**County Government Links**

- City of Virginia Beach government - phone 311 or 757-385-3111, website, facebook, @cityofvabeach
  - Emergency Communications & Citizen Services - 911 (emergencies), 757-385-5000 (non-emergency public safety assistance), 311 (general government information). website
  - Virginia Beach Alerts - emergency alert and warning system, signup.
- Department of Emergency Management - website
- Department of Human Services - phone 757-385-3200, website, facebook.
- Department of Public Health - phone 757-518-2672. source
- Fire Department - 911 (emergencies), 757-385-8882 (non-emergencies), website, facebook, @virginiabeachfd.
- Police Department - 911 (emergencies), 757-385-4141 (non-emergencies), website, facebook, @VBPDTraffic.
- Sheriff’s Office - 911 (emergencies), 757-385-4555 (non-emergencies), website

**Food Assistance**

- Supplemental Nutrition Assistance Program (SNAP) - phone 757-385-3200, website.
- Meals on Wheels, SE Virginia (meals for people over 60) - phone 757-461-9481, website
- Food Banks
  - Food Banks in Virginia Beach - Link to Map
  - Food Pantries list - source
  - Foodbank of SE VA & Eastern Shore - phone 757-627-6599, website, area foodbanks.

**Healthcare Facilities**

- Hospitals:
  - Virginia Beach Hospitals - Link to Map
  - Sentara Beach General Hospital - 1060 First Colonial Road, Virginia Beach, VA 23454. Phone 757-395-8000, website.
  - Sentara Princess Anne Hospital - 2025 Glenn Mitchell Drive, Virginia Beach, VA 23456. Phone 757-507-1000, website
  - Sentara Independence - 800 Independence Blvd, Virginia Beach, VA 23455. Phone 800-736-8272, website.
  - CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757- 668-7132 or 800-864-8903. website

support@humanityroad.org, www.humanityroad.org, Support our work
Virginia Beach Psychiatric Center (100 bed facility) - 1100 First Colonial Rd, Virginia Beach, VA 23454. Phone 757-496-6000, website.

- Dialysis Centers:
  - Dialysis centers in or near Virginia Beach - Link to Map
  - List of dialysis centers - source

- Nursing homes:
  - Nursing homes in Virginia Beach - Link to Map
  - Nursing homes and assisted living facilities - source

- Pharmacies in Virginia Beach - list and map

**Mental and Emotional Health Support**

- Behavioral health facilities in Virginia Beach - Link to Map
- National Alliance on Mental Illness (NAMI) Virginia Beach - includes list of resources. Phone 757-385-0888, website
- Counseling centers - Link to Map
- Substance abuse treatment centers - source
- Substance abuse rehab centers and resources - source
- Opioid Prevention, Treatment, and Recovery Program - phone 757-385-0888, website.

**Special Needs Resources**

- Disability services in Virginia Beach - source
- Developmental Disorders:
  - Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474, website, facebook, @AutismTidewater
  - City of Virginia Beach Developmental Services - case management, family support, residential, infant programs. Phone 757-385-0600, website
  - Early Intervention Infant Program - infants with developmental delays or disabilities. Phone 757-385-4400, website
  - Virginia Beach Infant and Toddler Connection - infant delays and developmental disabilities. Phone 757-385-4400. source
- Senior Citizens:
  - Department for Aging and Rehabilitative Services Hampton Roads Office - phone 757-451-7101, website.
  - Senior Services of Southeastern Virginia - phone 757-461-9481, email services@sseva.org, website, facebook, @SeniorSSSEVA.
  - Dementia programs and support - source

**Transportation**

- Community Assistance and Resources for Seniors (transportation and errands): phone 757-456-2366 (southside), 757-875-0060 (peninsula). Service Areas: Chesapeake City, Norfolk City, Portsmouth City, Virginia Beach City. source
- Hampton Roads Transit (paratransit): phone 757-455-8010, service areas: Chesapeake City, Hampton City, Newport News City, Norfolk City, Portsmouth City, Virginia Beach City. source

support@humanityroad.org www.humanityroad.org Support our work
I-Ride Transit - medical and non-medical transport, paratransit for seniors and persons with disabilities. Phone 757-222-4513 (Norfolk, Chesapeake, Virginia Beach), website.

York County

37° 13′ 12″ N, 76° 26′ 24″ W
Population: 67,837 -- 29.10% under the age of 18 -- 9.10% 65 years of age or older. Source

County Government Links

- York County government - website, facebook, @YorkCountyVAGov, emergency alerts signup.
- Heads Up - provides Info to first responders about disabilities & pre-existing conditions: website, signup form.
- Department of Fire & Life Safety - Dial 911 (emergencies), 757-890-3621 (non-emergencies), website, facebook
- York-Poquoson Sheriff’s Office - Dial 911 (emergencies), 757-890-3621 (non-emergencies), website, facebook, @YorkPoquosonSO
- York County Emergency Management (Ready York County) - phone 757-890-3600, website
- York County Social Services - Phone 757-890-3787, website

Food Assistance

- York / Poquoson Social Services (SNAP) - phone 757-890-3787, website
- Women, Infants and Children (WIC) Nutrition Program - source
- List of Congregate Dining Facilities for senior citizens. source
- York County Meals on Wheels - Phone 757-772-0505, website
- Food Banks and Food Pantries:
  - Virginia Peninsula Foodbank - phone 757-596-7188, website, facebook, @hrfoodbank.
  - List of food pantries in or near York County. source
  - Food banks and pantries in or near York County. source
  - Food banks in or near York County. Link to Map
  - FISH, Inc (food, clothing, financial assistance for Williamsburg, James City County, and north York County) - 312 Waller Mill Road, #800, Williamsburg, VA 23185, phone 757-220-9379. website
  - Food Closet: 300 Ella Taylor Road, Yorktown, VA 23692, phone 757-898-9057. website
  - The Peninsula Pet Pantry (pet food and supplies for pets owners in need): phone 757-243-1170. website, facebook

Healthcare Facilities

- Peninsula Health District: website
- Hospitals:

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Hospitals and clinics in and near York County. Link to Map
- Sentara Williamsburg Regional Medical Center: 100 Sentara Circle, Williamsburg, VA, phone 757-984-6000. website
- CHKD Care Connection for Children - case management and coordination for children with special needs. Service areas: Chesapeake, Hampton, Norfolk, Portsmouth, Virginia Beach, Peninsula, Western Tidewater and Eastern Shore public health districts. Phone 757-668-7132 or 800-864-8903. website

- Dialysis Centers:
  - Dialysis centers in area: Link to Map
  - Fresenius Kidney Care locations in Newport News and Hampton: website
  - DaVita Kidney Care clinics in area: website

- Nursing homes in and near York County: Link to Map
- Memory care facilities in or near York County: source
- Pharmacies in York County area: Link to Map

Mental and Emotional Health Support

- Behavioral Health clinics in or near York County. Map
- Colonial Behavioral Health - Services for mental health illnesses, intellectual disabilities and substance use disorders. Service areas: James City County, Poquoson, Williamsburg and York County. Phone 757-220-3200, emergencies 757-378-5555. website
- Genesis Counseling Center - counseling and psychotherapy. Service areas: 757-827-7707 (Hampton/Suffolk), 757-564-3100 (Williamsburg), 757-965-5886 (Chesapeake), 757-598-2244 (Yorktown/Newport News). website, facebook
- Substance abuse treatment centers in area - source

Special Needs Resources

- Peninsula Agency on Aging (serves York County): phone 757-873-0541 (Newport News), 757-345-6277 (Williamsburg), website, facebook, @PAA_Inc.
- Dementia resources - source
- Disability services in York County: source
- Developmental Disabilities:
  - Autism Society Tidewater Virginia - 825 Arrowhead Drive, Suite 102, Virginia Beach, VA 23462, phone 757-461-4474. Service areas: Virginia Beach, Norfolk, Chesapeake, Portsmouth, Suffolk, outlying areas in peninsula. website, facebook, @AutismTidewater
  - Child Development Resources - early intervention services for children 0-3 in Williamsburg, James City County, York County, Poquoson. Phone 757-566-3300 website, facebook, @566TOTS.

Transportation

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• Care Advantage on the Peninsula - Transportation for seniors, persons with disabilities, nursing homes, assisted living centers. Service areas: James City, Newport News City, Poquoson City, Williamsburg City, York. Phone 757-595-9676, 800-473-0022. source

• CARES Peninsula - Transportation and errands for people over 60. Service areas: Hampton City, Newport News City, Poquoson City, York. Phone: 757-875-0060. source


• Peninsula Area on Aging - non-emergency transport for people over 60. Phone 757-873-0541 (Newport News, Hampton, Poquoson, York County), 757-345-6166 (Williamsburg, James City County). source

• Williamsburg Area Transit Authority - paratransit services for James City, Surry, Williamsburg, York. Phone 757-220-5493. source

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Volunteers Reporting
Judith, Cat, Aline, Larry, Eleonora, Alice, Najeeb, Crystal, Thomas, Chris, Nafisa, Kabbah, Christoph

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