Highlights

For the past 11 days, Humanity Road volunteers have been contributing to the gathering, analysis and amplifying of critical information about Nepal through mining of social media and other public internet resources. We connect people with aid agencies who can help and connect aid agencies with those who need help.

For Nepal, we have been providing daily situation reports on emerging information in social media, potentially underserved locations and urgent needs identified in social media. We've also been collaborating with international and local aid agencies providing assistance.

Our summary for today is focusing on where you can get information, and how you can help provide information to help the delivery of aid, manage the flow of information, and things you can do to help.

There are over 400 aid agencies responding to the needs of Nepal. Practice patience with each other - This is a big disaster, and know that you aren't alone in feeling overwhelmed. There may be challenges in transporting goods, and transporting people, These are typical challenges in such a large scale disaster. There are three sections to today's report to help you find information quickly.

1. Inside Nepal - with needs
2. Inside Nepal - with aid or manpower
3. Outside Nepal - and wish to help

Twitter handles
@Humanityroad
@Disasteranimals
@jAidDog

Facebook pages
Humanity Road
Animals in Disaster

Contact: support@humanityroad.org

About Humanity Road: Founded in 2010 as a 501(c)(3) non-profit corporation, Humanity Road is a leader in the field of online disaster response. Through skilled and self-directed work teams, Humanity Road and its network of global volunteers aim to provide the public and disaster responders worldwide with timely and accurate aid information. Providing such information helps individuals survive, sustain, and reunite with loved ones. For more information, please visit www.humanityroad.org.
INFORMATION FOR THOSE INSIDE NEPAL

Emergency Contacts
If you have immediate need for police, fire, ambulance here are numbers you can use;
● Police 100
● Fire 101
● For rescue and to report missing persons call Nepalese Police hotline on 1113, 100. Contact phone numbers: 44412780, 4411549 (http://nepalpolice.gov.np)
● Police office numbers in affected areas: http://bit.ly/1ItW7tZ

Official Nepal Government Portal
The government of Nepal has created an official portal http://nict.gov.np/eq/. This is portal is to share critical information with the public inside Nepal. Do you need power? There is a form for that Power Form This and many others are available on the government of Nepal website. They have collected a set of very useful links for websites of initiatives that are helping Nepal with recovery. This includes some major volunteer efforts including crisis maps that are helping to save lives, needs and offers initiatives, requesting local backup power in rural communities and more.

Need Aid, Shelter Resources? Numbers to disaster relief
● Here is a list of 400 aid agencies sending aid - contact them directly http://bit.ly/1ddHf7j
● Emergency relief camp contacts: http://bit.ly/1GVhDpA
● By district contact persons (CDOs) for relief: http://bit.ly/1R6Rt90
● Relief camps in Kathmandu and contacts: http://bit.ly/1GJIGUF
● NP Ministry of Foreign Affairs Rescue & Relief Coordination Cell http://bit.ly/1ESvPjF

Trying to find loved ones? Missing persons databases
● Red Cross missing person registry: http://bit.ly/1JEEFkz
● Facebook Nepal Earthquake Safety Check: http://on.fb.me/1ErJaPD
● Google Person Finder: http://bit.ly/1DJbyU0
● CNN iReport Service: http://cnn.it/1Espmvq
● Langtang Missing/Found People: http://on.fb.me/1zckj25
● If cell/mobile phone signals are weak or not working, try sending a brief text. If you want to know if someone is ok, ask RUOK? (are you ok?) - answer IMOK (I am ok).
Report your needs by location
You can submit your need to the Kathmandu Living Labs Crisis Map by webform or SMS. The map is operated by a local NGO listed by Nepal Government and the reports are also being used by Nepal Army among others to coordinate and conduct its relief efforts. The effort is being supported by local and international teams. Humanity Road is assisting with report management. If you have relief needs and are using Kathmandu Living Labs (KLL) Earthquake Map: Here are Key instructions to speeding up your report approval and routing:

1. You can submit a report via webform at the below link or via SMS SMS: +977 980217413 (NCELL) +977 9860782874 (NTC). By webform visit http://www.kathmandulivinglabs.org/earthquake/ Search by district to see if a report exists. If your report exists submit a comment to add details. This may help improve report processing. If a report does not exist, submit one.
2. Include a contact phone number or an email address and
3. Use Exact location of the need (address if possible, village name, district name, and GPS coordinates if available). Volunteers at KLL must be able to verify reports before relaying the information to a relief agency.
INFORMATION FOR RESPONDING AID AGENCIES

Where to find situation reports and maps

- Humanity Road Situation Reports: http://bit.ly/1ddHf7j
- Reliefweb: http://bit.ly/1OsENuj
- UN Logistics Information about In-Kind Relief: http://bit.ly/1cdYJQM
- Virtual OSOCC Disaster Information Summary: http://bit.ly/1zlnS0c

Relief teams Entering Country

- For medical teams on the ground or heading to Nepal: contact the Health Emergency Operations Center (HEOC) within the Health Ministry at Maitidevi: 425 0845 and 425 0842. Unless your team already has an intended location and role, please go to the Health Ministry/HEOC at Maitighar to coordinate efforts. HEOC contacts Dr Gunaraj Lohani 98510 79356 / Mr. Tulsi P Dahal 98511 83695. (source)
- For disaster relief teams - Before arrival and departure, register here: http://humanitarian.id/. Upon arrival, register at the Reception/Departure Centre (RDC) established at Tribhuvan International Airport (TIA) and get briefed.

Compassion Fatigue

Dealing with Compassion Fatigue, PTSD and Emotional Reactions to Disaster

Tips for Disaster Responders and Survivors:

- One of the newest and most effective is known as EMDR. http://www.emdrnetwork.org/disaster.html
INFORMATION FOR THE PUBLIC OUTSIDE NEPAL

Social Media Tips

- Follow and amplify official aid agencies and government sources.
- Verify twice, tweet once. Misinformation puts lives at risk. Before posting or retweeting please stop and consider; is this information needed? accurate? Timely?
- Be aware that false information and pictures are often circulated. For example, this photo of Nepali children made for a good story, but the photo was taken in Vietnam in 2007. To verify photos, try http://www.tineye.com/ reverse image search. For trusted sources, follow official accounts and pages including government officials and relief organizations, such as Red Cross, UNOCHA, and others.
- Include your source in your post. Include a twitter ID of the person you are retweeting. To shorten a URL, use www.bitly.com.
- In Twitter and Facebook, include relevant hashtags to help people find your posts and know you are writing about Nepal. Commonly used hashtags for the Nepal earthquake include: #NepalQuake #NepalEarthquake #Nepal #NepalQuakeRelief and locations, such as #Gorkha, #Langtang, #Dhading, etc.

How to help

- 5 Do's and Don'ts of Helping During a Disaster (Source)
  1. Do send money not things: relief agencies can provide the supplies that are truly needed if you provide the money, and they can do it in a much more cost efficient way.
  2. Don't self-deploy as a volunteer: get in touch with agencies that are working the disaster to make sure there is a need for your services or support online volunteer response instead (more, about virtual volunteering)
  3. Do donate to charities that are legitimate: look up legit charities at Charity Navigator, Guidestar and the Better Business Bureau's list to see what charities are doing a good job and which are involved.
  4. Don't restrict your donations: disaster relief is long-term, and your money may be used later or even for a different disaster.
  5. Do continue giving after the media goes away.
- For US citizens with specific medical and, disaster relief skills who would like to help - the US Embassy is working at connecting skilled personnel with coordinators in Nepal. Please contact the Embassy via email at usembktm@state.gov telling them your skills, current location and contact information.

End of 4 May Report