

**From:** Ann Medlock amedlock@giraffe.org  
**Subject:** Don't miss the November Heroes!  
**Date:** November 25, 2021 at 4:00 PM  
**To:** j g jg@giraffe.org

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Dear j,

All over the world, there's an unwelcome abundance of strife and suffering. In the northern latitudes, it's a time of short days, and long hours of darkness.

It's gray and chilly here, near the US/Canadian border, but I'm warmed by the task of sending these stories of brave, caring people to you. This is an enCouraging, heart-warming job!



*As long as there are Giraffes, there's hope.*

—Ann Medlock, Founder

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*These are "teasers," quick looks at new Giraffe Heroes, people who are sticking their necks out for the common good. For their full stories, click on their names, in blue.*



**Bernadette Demientieff** is devoting her life to the protection of the Gwich'in, a First Nation people who have lived by hunting for thousands of years in what is called the Arctic National Wildlife

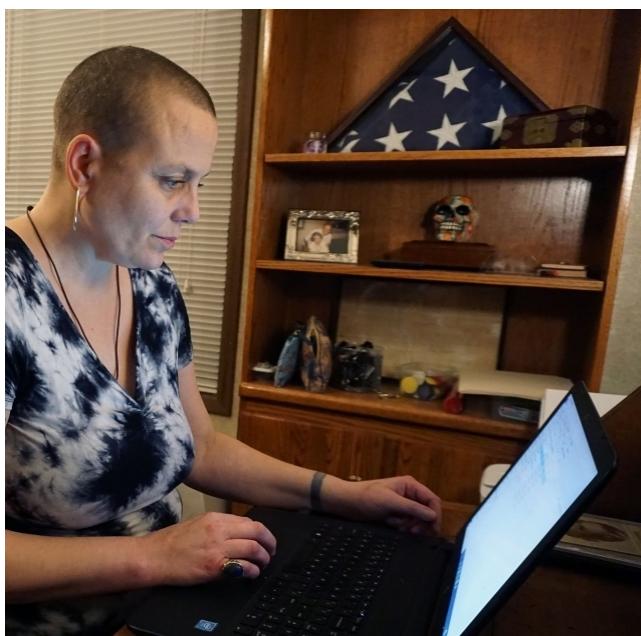


Refuge, but is really *Iizhik Gwats'an Gwandalii Goodlit*. Translation: "The place where life begins."

Demientieff is working to be sure that the climate crisis and world indifference don't mean the end of life there for her people.

*We have no photos of the next commendees because they were, and may again be, undercover agents. We are told by our allies at the Government Accountability Project (GAP) that they're both middle-aged guys and that McNichols is Black and Greco is white. We've sent their commendations to GAP for delivery.*

US Drug Enforcement Administration (DEA) agents **George Greco** and **Keith McNichols** reported serious malfeasance by fellow DEA agents in Haiti, including collaboration with drug dealers and with the Haitian police officer who is now awaiting trial as a prime suspect in the assassination of that nation's president. The two agents' efforts led eventually to a reprimand for the DEA office in Haiti, but Greco and McNichols had been driven out of the Agency, harassed for their whistleblowing. McNichols says it's worth it if they've helped other honest agents do the job of drug enforcement.



**Stephanie Hofeller** brought a storm of trouble down on herself when she revealed her own late father's work in gerrymandering election districts to suppress voting by people of color, and evidence of his party's North Carolina office lying to a federal court. She gave the files to a nonprofit that advocates for the fair drawing of voting districts. They followed up, leading to legal directives that the maps be redrawn, and to a Supreme Court ruling that it was illegal to add a



During what was meant to be a citizenship question the 2020 US

census. Hofeller has been the subject of a campaign to impugn her personally but points out that nothing said about her, true or false, has any actual bearing on whether or not her father's files are real. They are.

**Nabaraj KC** is known in parts of New York City as "The Food Guy." In this time of Covid, he and his team have brought over 50,000 food boxes to the doors of people in the city's poorest neighborhoods. When KC knocks, he also has masks and sanitizers for the family.

An immigrant from Nepal, he ran a grocery store, then a restaurant, so he knows food. Now a realtor, he's served as president of the Rotary Club in Queens, the borough where he lives and works—no doubt recruiting fellow Rotarians for those door-knocking teams.



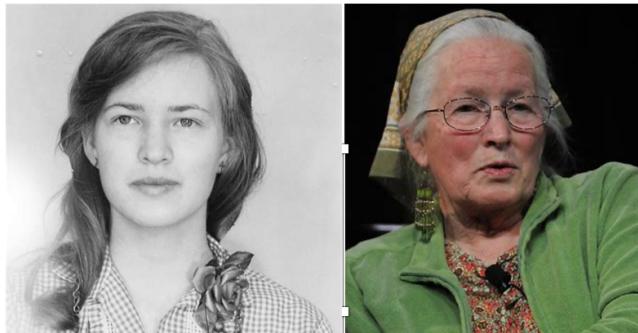
**Theary Seng** was orphaned by the Khmer Rouge in Cambodia, but made it to Michigan and to an adult life as a human rights attorney, assisting people in the US. But Seng calls herself a "daughter of the killing fields," and took her skills back to her birth country, working there to help Cambodians find justice. She's been arrested by that government for treason and may be imprisoned, despite protests from the UN and Amnesty International.





Attorney **Heather Shaner** was so upset by the January 6 insurrection at the US Capitol that she cried the entire day; she didn't expect to be asked to defend rioters who couldn't afford lawyers. But asked she was and, believing in the principle that everyone deserves a defense, she said Yes. She's been giving "her" rioters books and videos on the rule of law, links to the US Constitution, and access to on-line civics courses.

Over the decades of her career, she's met with defendants at their houses, given them clothes, babysat their children, and even let them sleep on her couch. She's been criticized roundly for years by pundits, fellow attorneys, and the public. Now she's being called a traitor, a Communist, and a Nazi. Unperturbed, she goes on giving defendants tools for changing, if they choose to.



**Joan Trumpauer-Mulholland**, the daughter of southern white segregationists, decided that the "southern way of life" was just wrong and that she had to stand against it. Sent to an all-white university, she was admonished for joining civil rights demonstrations, and left to become a Freedom Rider, a prisoner on Death Row, the first white student at an all-Black university, a participant in lunch-counter sit-ins, and an organizer for the March on Washington. Disowned by her family and listed for assassination by the Ku Klux Klan, she went on to a quiet career as a teacher, and has now created a foundation to educate young people about civil rights and help them become activists.





New Zealand botanist **Hugh Wilson** has worked 24/7 for over three decades turning a “worthless” abandoned farm into the Hinewai Reserve, now thousands of acres of protected native plants and trees. For years ridiculed as a fool and a dreamer, Wilson struggled on with little to no backing, protecting the land, raising funds, ignoring critics. He’s now acknowledged as his nation’s top environmentalist.

**And on that triumphant note, we leave you for now,  
urging you to do all you can for the world,  
with whatever you've got, wherever you are.  
Be the light.**

To meet more real heroes, do **LIKE Giraffe Heroes on Facebook**,  
where we post Giraffe stories every day  
from the vast storybank we've created over the decades.  
That storybank is on **our website**,  
along with all the other freebies we've created over the years,  
all yours for the taking.  
*You'll like it all. We promise.*



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