



FIT4MOM INSTRUCTOR HIGHLIGHT:

NICOLE
KELLY

AKA: COLEY
HOMETOWN: NEW ORLEANS

IF THERE WERE A MOVIE MADE ABOUT YOUR LIFE, WHO WOULD PLAY YOU?

I've been told that Allison Hannigan is my doppelganger. "...and one time at band camp."

IF YOU COULD LIVE ANYWHERE ON THE PLANET, WHERE WOULD YOU CHOOSE?

It'd never happen, but I'd LOVE to be back in New Orleans if it existed without crime and had better schools for my kids.

IF YOU DIDN'T HAVE TO SLEEP, WHAT WOULD YOU DO WITH THE EXTRA TIME?

Projects! I love building, painting, repurposing, etc.

WHAT ARE YOUR 3 FAVORITE FOODS?

Mama's cooking, boudin, and whiskey.

IF YOU WERE TO CREATE A SLOGAN FOR YOUR LIFE, WHAT WOULD IT BE?

"Keep on keepin' on!" - Joe Dirt. Wisest words ever spoken.

WOULD YOU RATHER BE THE BEST PLAYER ON A HORRIBLE TEAM OR THE WORST PLAYER ON A GREAT TEAM?

I'd rather be the worst on a great team. I would have a whole team of people to learn from.

HOW OLD IS THE OLDEST PAIR OF SHOES IN YOUR CLOSET?

Oh, geez. I keep things for wayyyy too long. I have a pair of roller skates that are at least 10 years old. You just never know when you might need those!

DO YOU HAVE ANY STRANGE PHOBIAS?

Asymmetry.

WHAT ITEM THAT YOU DON'T HAVE ALREADY, WOULD YOU MOST LIKE TO OWN?

The endurance of Mo Farah and the legs of Beyonce.

WHAT'S THE FUNNIEST THING YOUR KID HAS SAID OR DONE?

Daddy farted at the dinner table. Colin yells, "Daddy has a poop poop diaper!"

WHAT IS YOUR SPIRIT ANIMAL, AND WHY?

Blanche Devereaux. (Look it up if you're not already familiar.)

WOULD YOU RATHER GO 30 DAYS WITHOUT YOUR PHONE OR YOUR ENTIRE LIFE WITHOUT DESSERT?

If I knew there would be no emergencies, I'd gladly be without my phone. Sugar is a necessity.

FAVORITE BOY BAND?

Bel Biv Devoe

WHAT SONG OR ARTIST DO YOU LIKE BUT RARELY ADMIT TO LIKING?

No shame in my game.
Taylor Swift!

WHICH OF YOUR SCARS HAS THE BEST STORY BEHIND IT?

The pupils of my eyes are not the same size. I had a shard of metal puncture my cornea while will on a scooter and had to wear a patch for a few weeks after surgery. ARRRRRR!

LEGGINGS: PANTS OR NOT?

I'll wear them, but have to have a long-ish top because I don't like underwear under leggings. I'll be honest ...I just don't like underwear. But, I can't risk exposing the booty crack!

WOULD YOU RATHER GO SKYDIVING OR WHITEWATER RAFTING?

I'd like to skydive directly into the rafting boat. I've done both and love it!



WHAT WAS THE BEST
COMPLIMENT YOU'VE
RECEIVED?

Being told by my inlaws that I'm
doing a good job raising my kids.

IF YOU COULD TURN A
"MOM" ACTIVITY INTO
AN OLYMPIC SPORT,
WHAT WOULD YOU
HAVE A GOOD CHANCE
AT WINNING A MEDAL
FOR?

Diversions. I can usually
reroute a potential toddler
meltdown/disaster without
them even realizing it.

WHO HAS IMPRESSED
YOU MOST WITH
WHAT THEY'VE
ACCOMPLISHED?

My husband. He is somehow
good at everything. So
frustrating sometimes!

WHAT'S YOUR GUILTY
PLEASURE?

Day drinking and Lil'
Wayne.

WHAT WORKOUT
GEAR CAN YOU NOT
LIVE WITHOUT?

Music.

WHAT JOB WOULD WE
BE SURPRISED TO
LEARN YOU HAD?

My entry level job in
orthopedics after college
was building custom knee
braces, orthotics,
prosthetics, and casting.
Such a cool job!

WHAT'S THE DUMBEST
THING YOU'VE DONE THAT
ACTUALLY TURNED OUT
PRETTY WELL?

Well, I'm alive so most things turned
out well enough. I'd like to keep my
job, so probably best I don't share
some of the really dumb things I've
done.

