

Commonly Requested Compounding Ideas for Patients Seeing Podiatrists



Commonly Requested Formulas for Patients Needing Nail Removal (Non-Surgical)

PCCA Formula # 10229	Urea 40% Occlusive Ointment
PCCA Formula # 4121	Urea 40%/Bacitracin 500 U/Gm/Clotrimazole 2%/Ibuprofen 2%/Deoxy-D-Glucose (2) 0.19% Topical Ointment

Commonly Requested Formulas for Patients with Nail Fungus

Dispense these solutions in wide mouth amber bottles (PCCA #35-1412) with a brush cap (PCCA #35-2085).

PCCA Formula # 4337	Itraconazole 1%/Ibuprofen 2%/DMSO Nail Solution
PCCA Formula # 3353	Fluconazole 1%/DMSO Topical Solution
PCCA Formula # 11577	Ciclopirox 8%/Fluconazole 1%/Terbinafine HCl 1% Topical Gel
PCCA Formula # 11839	Ketoconazole 2%/Urea 40%/DMSO Nail Suspension
PCCA Formula # 11990	Itraconazole 1%/Terbinafine HCl 3%/Tea Tree Oil 6.6%/Urea 10%/Biotin 0.6%/DMSO Nail Suspension

Commonly Requested Formulas for Patients with Fungal Skin Infections

PCCA Formula # 9329	Ketoconazole 2%/Miconazole 2%/Clotrimazole 1% Topical Cream (VersaBase®)
PCCA Formula # 4650	Clotrimazole 2%/Ibuprofen 2%/Tea Tree Oil 1% Topical Cream
PCCA Formula # 4435	Ketoconazole 2%/Tea Tree Oil 5%/DMSO Topical Solution
PCCA Formula # 1001	Amphotericin B 3% Topical Lotion

Commonly Requested Formulas for Patients with Circulation Problems or Raynaud's Phenomenon

PCCA Formula # 8540	Nifedipine 4% Topical Lipoderm®
PCCA Formula # 9875	Pentoxifylline 5%/Nifedipine 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10844	Pentoxifylline 3%/Nifedipine 3% Topical Lipoderm®
PCCA Formula # 5471	Pentoxifylline 5% Topical Lipoderm®
PCCA Formula # 9405	Nifedipine 16% Topical Lipoderm®

Commonly Requested Formulas for Patients with Diabetic Neuropathy

For more information, see PCCA Document #98675 VOD Overview: Treatment of Neuropathies and Inflammatory Conditions by Sebastian Denison (#45-2229). Dispense these creams in EMP jars or MegaPumps for patient convenience. See PCCA Document #97526 for tips on filling and dispensing devices.

PCCA Formula # 8541	Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/Nifedipine 2% Topical Lipoderm®
PCCA Formula # 10435	Nifedipine 10%/Pentoxifylline 5%/Ketamine HCl 10%/Gabapentin 6%/Lidocaine 3%/Prilocaine 3% Topical Lipoderm® ActiveMax™
PCCA Formula # 9376	Amitriptyline HCl 2%/Baclofen 2%/Ketamine HCl 5%/Ketoprofen 10% Topical Lipoderm®
PCCA Formula # 9377	Amitriptyline HCl 2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 9375	Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm®
PCCA Formula # 11019	Ketamine HCl 10%/Gabapentin 6%/Tizanidine HCl 0.2%/Nifedipine 2% Topical Lipoderm® ActiveMax™

For more information, see Algorithm for Patients Experiencing Pain/Neuropathy, PCCA Document #94064, in the Resources/Documents section of the PCCA Members-Only Website.

Commonly Requested Compounding Ideas for Patients Seeing Podiatrists (cont'd)

Commonly Requested Formulas for Patients with Heel Spurs

PCCA Formula # 11007	Ketamine HCl 5%/Gabapentin 10%/Tizanidine HCl 0.2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 11019	Ketamine HCl 10%/Gabapentin 6%/Tizanidine HCl 0.2%/Nifedipine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11100	Ketamine HCl 5%/Gabapentin 6%/Amitriptyline HCl 3%/Indomethacin 5%/Tizanidine HCl 0.2%/Lidocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11099	Ketoprofen 10%/Tizanidine HCl 0.2%/Bupivacaine HCl 1% Topical Lipoderm®
PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study) <i>This is the formula used in PCCA's Lipoderm® study – see the Members-Only Website to download your copy.</i>
PCCA Formula # 9376	Amitriptyline HCl 2%/Baclofen 2%/Ketamine HCl 5%/Ketoprofen 10% Topical Lipoderm®
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)

Commonly Requested Formulas for Patients with Foot Cramps

PCCA Formula # 9791	Guaifenesin 10% Topical Lipoderm®
PCCA Formula # 9874	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9096	Magnesium Chloride 10%/Peppermint 1% Topical Cream
PCCA Formula # 12050	Magnesium Chloride Hexahydrate 10% Topical Lipoderm®
PCCA Formula # 10056	Guaifenesin 10%/Magnesium Sulfate Heptahydrate 10% Topical Lipoderm®

Commonly Requested Formula for Patients with Gout

PCCA Formula #11470	Indomethacin 2%/Tetracaine HCl 2%/Colchicine 0.2% Topical Lipoderm®
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Commonly Requested Formulas for Patients with Hyperhidrosis of the Feet (Sweaty Feet)

PCCA Formula # 2385	Glycopyrrolate 1% Topical Cream
PCCA Formula # 9230	Glycopyrrolate 0.5% Topical Solution <i>The roll-on bottle (PCCA #35-1922 or 35-3696) is ideal for dispensing this topical solution.</i>
PCCA Formula # 2332	Glycopyrrolate 1% Topical Lotion

Commonly Requested Formulas for Patients with Wounds/Burns Without Infection

PCCA Formula # 11396	Ketoprofen 2%/Lidocaine 2%/Misoprostol 0.0024%/Phenytoin 2%/Aloe Vera 0.2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10943	Aloe Vera/Vitamin E/Allantoin/Glycosaminoglycans Spira-Wash™ Gel
PCCA Formula # 10944	Allantoin 2%/Vitamin D3 1000 IU/Gm/Aloe Vera 0.5% Spira-Wash™ Gel
PCCA Formula # 10946	Silver Sulfadiazine 1% Spira-Wash™ Gel
PCCA Formula # 10947	Collagenase 250 U/Gm Spira-Wash™ Gel
PCCA Formula # 10948	Phenytoin 5%/Misoprostol 0.0024%/Arginine HCl 1% Spira-Wash™ Gel
PCCA Formula # 10949	Phenytoin 5%/Misoprostol 0.0024%/Arginine HCl 1%/Sodium Hyaluronate 0.5% Spira-Wash™ Gel
PCCA Formula # 4795	Phenytoin 5%/Misoprostol 0.0024% Topical Gel (PF)
PCCA Formula # 4429	Phenytoin 2%/Misoprostol 0.0024%/Lidocaine 2%/Bupivacaine HCl 0.2%/Diphenhydramine HCl 1%/Aloe Vera 0.2% Polyox Bandage <i>The polyox bandage is a good base for oozing wounds. See PCCA Document #97963 for external wound bandage patient instructions.</i>
PCCA Formula # 3476	Ketoprofen 2%/Lidocaine 2%/Misoprostol 0.0024%/Phenytoin 2%/Aloe Vera 0.2% Topical Cream
PCCA Formula # 11975	Aloe Vera 0.2%/Arginine HCl 1%/Misoprostol 0.0024%/Naltrexone HCl 1% Topical Gel (MucoLox™)
PCCA Formula # 11953	Misoprostol 0.0024%/Phenytoin 2%/Beta Glucan 0.5% Topical Gel (MucoLox™)
PCCA Formula # 11964	Arginine HCl 1%/Aloe Vera 0.2%/Misoprostol 0.0024%/Naltrexone HCl 1%/Phenytoin 2% Topical Gel (Spira-Wash™)
PCCA Formula # 11975	Aloe Vera 0.2%/Arginine HCl 1%/Misoprostol 0.0024%/Naltrexone HCl 1% Topical Gel (MucoLox™)
PCCA Formula # 12074	Beta Glucan 0.5%/Naltrexone HCl 0.5% Topical Spray (MucoLox™)



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Commonly Requested Formulas for Patients with Infected Wounds

PCCA Formula # 4125	Misoprostol 0.0024%/Phenytoin 5%/Metronidazole 2% Topical Gel (PF)
PCCA Formula # 4111	Misoprostol 0.0024%/Phenytoin 5%/Gentamicin 0.2% Topical Gel (PF)
PCCA Formula # 11930	Misoprostol 0.0024%/Mupirocin 2% Anhydrous Topical Spray (PracaSil-Plus™)
PCCA Formula # 11973	Doxycycline 20 mg/Phenytoin 20 mg/Misoprostol 0.024 mg/Lidocaine HCl 10 mg Wound Care Capsules Size #1 (XyliFos™/LoxaSpere™)

Commonly Requested Formulas for Patients with Plantar Fasciitis

PCCA Formula # 10319	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9517	Ibuprofen 20%/Piroxicam 1%/Cyclobenzaprine HCl 1% Topical Lipoderm®
PCCA Formula # 10288	Lidocaine 2%/Diclofenac Sodium 3%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10533	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10586	Tramadol HCl 5%/Lidocaine 5%/Cyclobenzaprine HCl 2%/Diclofenac Sodium 5%/Menthol 1%/DMSO 5% Topical Lipoderm® Activemax™
PCCA Formula # 10612	Flurbiprofen 10%/Amitriptyline HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2%/Magnesium Chloride 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11492	Ketoprofen 10%/Ibuprofen 10%/Lidocaine 5%/Piroxicam 2%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 9936	Flurbiprofen 5%/Capsaicin 0.025%/Menthol 0.5%/Camphor 0.5% Topical Lipoderm®
PCCA Formula # 11006	Flurbiprofen 5%/Tizanidine HCl 0.2%/Cyclobenzaprine HCl 2%/Lidocaine HCl 2% Topical Lipoderm®
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9874	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 9375	Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm®

Commonly Requested Formulas for Patients with Burning Foot Syndrome

PCCA Formula # 11007	Ketamine HCl 5%/Gabapentin 10%/Tizanidine HCl 0.2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 11019	Ketamine HCl 10%/Gabapentin 6%/Tizanidine HCl 0.2%/Nifedipine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11100	Ketamine HCl 5%/Gabapentin 6%/Amitriptyline HCl 3%/Indomethacin 5%/Tizanidine HCl 0.2%/Lidocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11099	Ketoprofen 10%/Tizanidine HCl 0.2%/Bupivacaine HCl 1% Topical Lipoderm®
PCCA Formula # 10213	Flurbiprofen 10%/Amitriptyline HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 9376	Amitriptyline HCl 2%/Baclofen 2%/Ketamine HCl 5%/Ketoprofen 10% Topical Lipoderm®



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PCCA Formula # 9377	Amitriptyline HCl 2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 8541	Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/ Nifedipine 2% Topical Lipoderm®
PCCA Formula # 9250	Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 1% Topical Anhydrous Lipoderm®
PCCA Formula # 10612	Flurbiprofen 10%/Amitriptyline HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2%/Magnesium Chloride 5% Topical Lipoderm® ActiveMax™

Commonly Requested Formulas for Patients with Diabetic Toes

PCCA Formula # 9875	Pentoxifylline 5%/Nifedipine 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10844	Pentoxifylline 3%/Nifedipine 3% Topical Lipoderm®
PCCA Formula # 8540	Nifedipine 4% Topical Lipoderm®
PCCA Formula # 5471	Pentoxifylline 5% Topical Lipoderm®
PCCA Formula # 9405	Nifedipine 16% Topical Lipoderm®
PCCA Formula # 8541	Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/ Nifedipine 2% Topical Lipoderm®
PCCA Formula # 10435	Nifedipine 10%/Pentoxifylline 5%/Ketamine HCl 10%/Gabapentin 6%/Lidocaine 3%/Prilocaine 3% Topical Lipoderm® ActiveMax™

Commonly Requested Formulas for Patients with Corns/Callouses

PCCA Formula # 1435	Salicylic Acid 10%/Podophyllum 10%/Trichloroacetic Acid 10% (W/V) Topical Solution
PCCA Formula # 3057	Salicylic Acid 20%/Menthol 0.1% Topical Cream

Commonly Requested Formulas for Patients with Rough/Dry Feet

PCCA Formula # 10417	Urea 20% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10414	Sodium Hyaluronate 0.5%/Urea 10%/PracaSil™-Plus Topical Gel (Spira-Wash™)
PCCA Formula # 7558	Urea 8% Topical Cream
PCCA Formula # 3669	Urea 20%/Lactic Acid 5% (W/W) Topical Cream
PCA Formula # 9465	Urea 40%/Lactic Acid 10% (W/W)/Salicylic Acid 3% Topical Cream
PCCA Formula # 10608	Salicylic Acid 5%/Urea 20%/Ammonium Lactate 12% Topical Cream

Commonly Requested Formulas for Patients with Warts

PCCA Formula # 11414	Imiquimod 1%/Acyclovir 2%/Deoxy-D-Glucose 0.2%/EGCg 1%/Aloe Vera 0.2%/Ibuprofen 2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11417	Cimetidine 10%/Fluorouracil 5%/Deoxy-D-Glucose 2%/Imiquimod 5% Topical Lipoderm®
PCCA Formula # 11418	Deoxy-D-Glucose 0.2%/Imiquimod 5%/Tea Tree Oil 2.5%/Cimetidine 10% Topical Cream (VersaBase®)
PCCA Formula # 9403	Fluorouracil 5%/Salicylic Acid 15%/Cimetidine 5%/Deoxy-D-Glucose 0.2% Topical Lipoderm®
PCCA Formula # 10359	Salicylic Acid 15%/Cimetidine 5% Topical Occlusaderm®
PCCA Formula # 10847	Cimetidine 10%/Deoxy-D-Glucose 0.2%/Ibuprofen 2%/Lidocaine 5%/Salicylic Acid 15% Topical Occlusaderm®
PCCA Formula # 11001	Imiquimod 5%/Deoxy-D-Glucose 0.2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11002	Imiquimod 5%/EGCg 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11084	Salicylic Acid 16.7%/Lactic Acid 16.7%/Trichloroacetic Acid 12%/Flexible Collodion Topical Solution
PCCA Formula # 11070	Imiquimod 5%/Fluorouracil 5%/Salicylic Acid 30%/Tretinoin 0.1% Topical Gel (VersaBase®)
PCCA Formula # 11073	Cimetidine 10%/Fluorouracil 5%/Deoxy-D-Glucose 2%/Salicylic Acid 10%/Imiquimod 5% Topical Lipoderm®



Commonly Requested Compounding Ideas for Patients Seeing Podiatrists (cont'd)

PCCA Formula # 12048	Naltrexone HCl 1%/Deoxy-D-Glucose 0.2%/EGCg 0.2%/Cimetidine 15%/Salicylic Acid 15%/Vitamin A Palmitate 25,000 U/Gm/Zinc Acetate 0.5% Topical Anhydrous Lipoderm®
PCCA Formula # 5615	Cimetidine 10%/Deoxy-D-Glucose 0.29%/Ibuprofen 2% Topical Lipoderm®
PCCA Formula # 3058	Salicylic Acid 40% Topical Ointment
PCCA Formula # 2274	Salicylic Acid 16.67% Compound Collodion Topical Solution
PCCA Formula # 1941	Dinitrochlorobenzene 0.05% Topical Ointment
PCCA Formula # 0375	Squaric Acid Dibutyl Ester 0.1% Topical Solution
PCCA Formula # 4257	Diphenylcyclopropanone 0.01% Topical Solution
PCCA Formula # 2145	Cantharidin Topical Liquid
PCCA Formula # 2191	Cantharidin Plus Topical Liquid
PCCA Formula # 2334	Fluorouracil 5%/Salicylic Acid 6% Topical Cream
PCCA Formula # 9403	Fluorouracil 5%/Salicylic Acid 15%/Cimetidine 5%/Deoxy-D-Glucose 0.2% Topical Lipoderm®

Commonly Requested Formulas for Patients with Amputation Pain

PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11492	Ketoprofen 10%/Ibuprofen 10%/Lidocaine 5%/Piroxicam 2%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9874	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 7919	Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 9380	Ketoprofen 5%/Cyclobenzaprine HCl 0.5%/Lidocaine HCl 5%/Bupivacaine HCl 1% Topical Lipoderm®

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