

# Commonly Requested Compounding Ideas for Patients with Scars



## Commonly Requested Formulas for Patients with Keloids

PCCA Formula # 10768	Betamethasone 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10336	Betamethasone 0.5%/Loratadine 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10233	Betamethasone Valerate 0.1%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10234	Tamoxifen Citrate 0.1%/Tranilast 1%/Caffeine Citrated 0.1%/Lipoic Acid 0.5% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10861	Tranilast 1%/Tamoxifen Citrate 0.1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11067	Fluticasone Propionate 1%/Ketotifen 0.05%/Lidocaine 5%/Imiquimod 2.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10317	Pentoxifylline 0.3%/Caffeine 1%/EGCg 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10316	Pentoxifylline 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10649	Pentoxifylline 1%/Caffeine 1%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10419	Tretinoin 0.1% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10493	Pentoxifylline 0.5%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11722	Diphenhydramine HCl 1%/Tranilast 1%/Collagenase 250 U/Gm Topical Gel (PracaSil™-Plus)

**PCCA PracaSil™-Plus** (PCCA #30-4655) is a unique topical anhydrous silicone base that can be used alone or with various actives for potential use in formulations. PracaSil-Plus is the only compounding base designed for scars and other skin conditions. It contains Pracaxi oil which is a unique ingredient from the Amazon with anti-inflammatory, anti-oxidant, antibacterial and antifungal properties.

For more PracaSil-Plus information, see:

- **PracaSil-Plus Technical Reports and Case Studies – all that have been published to date** – (PCCA Document #98638)
- **PracaSil-Plus Practitioner Spec Sheet** (PCCA Document #98436)

## Commonly Requested Formulas for Patients with Post-Surgical Scars

PCCA Formula # 10235	EGCg 1%/Dimethyl Sulfone 2%/Tranilast 1%/Ascorbic Acid 2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10233	Betamethasone Valerate 0.1%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11764	Collagenase 350 U/Gm/Hyaluronidase 250 U/gm Compound Topical Gel (PracaSil™-Plus) <i>Wait to use until hypertrophic scar tissue has formed.</i>

## Commonly Requested Formulas for Patients with Atrophic Scars

PCCA Formula # 10419	Tretinoin 0.1% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 11776	Sodium Hyaluronate 0.5%/Tretinoin 0.025%/Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)

## Commonly Requested Formulas for Patients with Hyperpigmented Scars

PCCA Formula # 10751	Ascorbic Acid 2%/Dimethyl Sulfone 2%/Beta Glucan 0.5%/Glucosaminoglycans 5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10709	Kojic Acid 6%/Hydroquinone 6%/Hydrocortisone 0.5%/Tretinoin 0.005% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10826	Fluocinolone Acetonide 0.01%/Hydroquinone 4%/Tretinoin 0.05% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10603	Hydroquinone 4% Topical Gel (PracaSil™-Plus)



## Commonly Requested Compounding Ideas for Patients with Scars (cont'd)

### Commonly Requested Formulas for Patients with Scars from Everyday Boo-Boos

PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10843	Mupirocin 2% Topical Gel (PracaSil™-Plus)

### Commonly Requested Formula for Patients with New/Potentially Hypertrophic Scars

PCCA Formula # 11721	EGCg 0.5%/Tranilast 1% Topical Gel (PracaSil™-Plus)
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### Commonly Requested Formulas for Patients with Hypertrophic Scars

PCCA Formula # 11764	Collagenase 350 U/Gm/Hyaluronidase 250 U/Gm Compound Topical Gel (PracaSil™-Plus)
PCCA Formula # 10233	Betamethasone Valerate 0.1%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10234	Tamoxifen Citrate 0.1%/Tranilast 1%/Caffeine Citrated 0.1%/Lipoic Acid 0.5% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10235	EGCg 1%/Dimethyl Sulfone 2%/Tranilast 1%/Ascorbic Acid 2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10236	EGCg 1%/Dimethyl Sulfone 5%/Ascorbic Acid 2%/Caffeine 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10416	Urea 15%/PracaSil™-Plus Topical Gel (Spira-Wash™)
PCCA Formula # 10417	Urea 20% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10860	Verapamil HCl 10% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10413	Sodium Hyaluronate 0.5%/Spira-Wash™ Topical Gel (PracaSil™-Plus)

### Commonly Requested Formula for Patients with More Severe/Potentially Hypertrophic Scars

PCCA Formula # 11722	Diphenhydramine HCl 1%/Tranilast 1%/Collagenase 250 U/Gm Topical Gel (PracaSil™-Plus)
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### Commonly Requested Formulas for Patients with Scars That Need Sun Protection

PCCA Formula # 10752	Oxybenzone 3%/Octinoxate 5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10685	Sodium Hyaluronate 0.5%/Oxybenzone 3%/Octinoxate 5% Topical Gel (PracaSil™-Plus)

### Commonly Requested Formulas for Patients with Burns

PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10415	Spira-Wash™ Gel/PracaSil™-Plus Topical Gel
PCCA Formula # 10710	Sodium Hyaluronate 0.5%/Beta Glucan 0.5%/Glycosaminoglycans 5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10413	Sodium Hyaluronate 0.5%/Spira-Wash™ Topical Gel (PracaSil™-Plus)
PCCA Formula # 10843	Mupirocin 2% Topical Gel (PracaSil™-Plus)

### Commonly Requested Formulas for Patients with Burns with Contractures

PCCA Formula # 10317	Pentoxifylline 0.3%/Caffeine 1%/EGCg 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10649	Pentoxifylline 1%/Caffeine 1%/Tranilast 1% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10413	Sodium Hyaluronate 0.5%/Spira-Wash™ Topical Gel (PracaSil™-Plus)
PCCA Formula # 10316	Pentoxifylline 0.5% Topical Gel (PracaSil™-Plus)



## Commonly Requested Compounding Ideas for Patients with Scars (cont'd)

### Commonly Requested Formulas for Patients with Wounds/Ulcers

*For use with shallow wounds only.*

PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10415	Spira-Wash™ Gel/PracaSil™-Plus Topical Gel
PCCA Formula # 10710	Sodium Hyaluronate 0.5%/Beta Glucan 0.5%/Glycosaminoglycans 5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10413	Sodium Hyaluronate 0.5%/Spira-Wash™ Topical Gel (PracaSil™-Plus)
PCCA Formula # 10543	Misoprostol 0.0024% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10559	Nifedipine 5%/Tranilast 1%/Misoprostol 0.0024% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10558	Phenytoin Sodium 2%/Nifedipine 5%/Tranilast 1%/Misoprostol 0.0024% Topical Gel (PracaSil™-Plus)

### Commonly Requested Formulas for Patients with Acne and Scarring Related to Acne

PCCA Formula # 11057	Erythromycin 3%/Tretinoin 0.05% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11083	Niacinamide 4%/Glycolic Acid 2.5%/Tretinoin 0.05%/Ascorbic Acid 1%/Lactic Acid 2.5% (W/W) Topical Gel (PracaSil™-Plus)
PCCA Formula # 10901	Clindamycin 1%/Benzoyl Peroxide 3% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10419	Tretinoin 0.1% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10843	Mupirocin 2% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10826	Fluocinolone Acetonide 0.01%/Hydroquinone 4%/Tretinoin 0.05% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 11058	Topiramate 2.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11776	Sodium Hyaluronate 0.5%/Tretinoin 0.025%/Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)

### Commonly Requested Formulas for Patients with Stretch Marks

PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10419	Tretinoin 0.1% Topical Gel (PracaSil™-Plus) (FormulaPlus™ BUD Study)
PCCA Formula # 10976	Beta Glucan 0.25%/Vitamin E Acetate 2%/Vitamin D3 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 11776	Sodium Hyaluronate 0.5%/Tretinoin 0.025%/Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10936	Sodium Ascorbyl Phosphate/Calcium Pantothenate Topical Gel (Spira-Wash™/ PracaSil™-Plus)

*The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.*

