

Care Management: Improving Outcomes and Quality of Life



PARTNERING WITH YOU TO OFFER

- Rapid and customized care plan assessment and implementation
- Direct communication between patient, caregiver, clinician, and family
- No scheduling delays, quick turnaround, and after-hours availability for emergencies
- Scheduling doctor's appointments, providing transportation, and accompanying clients
- Coordinating with lawyers and accountants on use of financial resources
- Counseling to clients and families
- Monitoring care of clients in nursing homes, assisted living facilities, and retirement communities

BENEFITS OF CARE MANAGEMENT

Optimizes Outcomes

- Care managers oversee medication regimens that families often find difficult to manage ¹
- Active care management increases access to needed patient services ²
- Caregiver support that provides resources and referrals reduces hospitalizations, ambulance use, emergency room visits, and 911 calls ³
- It's estimated that ongoing care management would reduce the number of people who die in residential care by 20% ⁴
- Estimates suggest care management would enable 5% more people with dementia to continue to live at home ⁴

Savings

- Care management reduces healthcare cost by reducing outpatient emergency visits and hospitalizations ⁵
- Collaborative memory care reduces per person healthcare costs by \$3,474 per year when compared to treatment from only a primary physician ⁵
- Regular care management could lower a state's healthcare cost by \$996 million over a 15 year period ⁴

Improves Quality of Life

- Educating people with early stage Alzheimer's Disease and their family caregiver together improves quality of life ⁶
- Care management services help manage symptoms such as memory loss ⁷
- Caregivers of people with dementia are more likely to coordinate health care for the care recipient compared with caregivers of people without dementia ⁸

Provides Support

- Family networks are strengthened with the addition of care management ²
- Individuals with dementia are also more likely than those without dementia to rely on multiple unpaid caregivers ⁸

BEST PRACTICES

How do we do it best?

- The Institute of Medicine recommends interdisciplinary teams to address complex dementia needs. ^{9,10}

Satisfaction:

- Dementia patients report greater satisfaction ratings with collaborative care. ¹¹

Savings:

- Collaborative care partnerships save money. Risk adjusted cost savings of \$3,747 per patient are reported in a study by a healthy aging brain center and Indiana University. ⁵

Specialized:

- Core critical criteria for a diagnosis of MCI or Alzheimer's Disease requires evidence from objective assessments suggesting lower performance on one or more cognitive domains that is greater than what would be expected for the patient's age and educational background. ^{12,13}
- A neuropsychologist in a memory care specialty clinic has the expertise to evaluate each patient individually, provide an accurate and objective diagnosis, and establish a baseline to monitor progression of the disease. An accurate diagnosis and determination of stage of decline increases understanding of the patient's strengths and weaknesses. This enables personalized care plans to be implemented accordingly. ¹⁴

NEUROPSYCHOLOGY • CARE MANAGEMENT

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