



**ABLE TRAINING CENTER**  
 3100 NORTH GEORGE STREET, YORK, PA 17406  
**PHONE: (717) 384-6130 FAX: (717) 855-2533**

### PROGRAM PARTICIPANT PHYSICAL FORM

<b>Program Participant (Last Name):</b>	<b>Program Participant (First Name):</b>	<b>Date of Birth:</b>
<b>Parent/Guardian Name (if applicable):</b>	<b>Guardian Phone# (if applicable):</b>	

**Review of Previous Medical History (Attach Additional Pages if Necessary):**

**Overview of Past Medical History (MUST include diagnoses):**

**Developmental Information:**

**Family/Social Information:**

<b>Current Medications:</b> N _____ Y _____	Name	Dosage	Times/Day
*Attach additional pages if necessary			

**Allergies/Contraindicated Medications:** N \_\_\_\_\_ Y \_\_\_\_\_

(specify):

<b>Height:</b>	<b>Weight:</b>	<b>Blood Pressure:</b>
_____ inches _____ percentile	_____ lbs. _____ percentile	_____ / _____

General Physical Examination:	Normal:	Abnormal/Comments:
Head/Ears/Eyes		
Nose/Throat		
Cardiorespiratory		
Abdomen/GI		
Genitalia/Breasts		
Extremities/Joints		
Back/Chest		
Skin/Lymph Nodes		
Neurologic/Tone		
Developmental (EG, DDST)		

<b>Hearing Screening (as recommended):</b>	<b>Vision Screening (as recommended):</b>
Was a hearing screening performed? Y _____ <b>Not Recommended</b> _____ Right Ear: Pass _____ Fail _____ Left Ear: Pass _____ Fail _____	Was a vision screening performed? Y _____ <b>Not Recommended</b> _____ R: 20 / _____ L: 20 / _____ Wears corrective lenses? Y _____ N _____

<b>Tuberculosis (TB) Screening:</b>	<b>Date Administered:</b>	<b>Date Read:</b>	<b>Abnormal/Comments:</b>
Screening Required? N_____ Y_____			
<b>Communicable Disease Statement:</b>			
Does the individual have a serious communicable disease? N_____ Y_____	If yes, what specific precautions must be taken to prevent the spread of the disease to other individuals?: (Attach Additional Pages if Necessary)		
<b>Any Health Maintenance Needs (ex. exercise, hygiene practices, weight control, etc.), Medication Regimen, and/or Need for Blood Work at Recommended Intervals?: N_____ Y_____</b>			
If Yes, please describe. Attach additional pages if necessary.			
<b>Any Physical Limitations?: N_____ Y_____</b>			
If Yes, please describe. Attach additional pages if necessary.			
<b>Any Special Instructions for the Individual's Diet?: N_____ Y_____</b>			
If Yes, please describe. Attach additional pages if necessary.			
<b>Immunizations: See Attached _____</b>			
	<b>Date</b>	<b>Date</b>	<b>Comments:</b>
Tdap, Dtap, or TD (must be within the last 10 years):			
<b>Any medical information pertinent to the individual's diagnosis and treatment in case of an emergency?: N_____ Y_____</b>			
If Yes, please describe. Attach additional pages if necessary.			
<b>Any Special Instructions/Additional Comments?: N_____ Y_____</b>			
If Yes, please describe. Attach additional pages if necessary.			
<b>PHYSICIAN'S RECOMMENDATION:</b> To the best of my knowledge, the patient's medical condition and related needs are essentially as indicated above. I recommend that the services and care to meet these needs can be provided at the level of care indicated.			
<input checked="" type="checkbox"/> ICF/MR Care (Services to be provided at home or in an intermediate care facility for the intellectually disabled.)			
<b>Medical Care Provider Name (PRINT):</b>		<b>Address/Phone #:</b>	

\_\_\_\_\_  
Signature of Physician/Certified Practitioner

\_\_\_\_\_  
Date of Examination