



	Rank	Height	FT	Impulse	PPO	PPO/Mass	Rank	Total	Rank	Split 1	Split 2	Split 3	Gate	Total	
Agrawal Arnab	92	16.41	503	157.90	2727.43	42.62	92	13.925	86	3.735	3.611	3.311	0 0 1	10.657	74
Ainsworth Dezmon	63	20.22	576	245.80	4355.62	50.06	40	13.982	87	3.349	3.161	3.955	1 1 0	10.465	63
Anderson Christian	21	18.70	548	241.91	4257.26	47.30	65	12.510	22	3.025	2.816	2.488	1 0 1	8.329	3
Andrews III Anthony	96	17.46	524	454.93	8006.86	45.24	75	14.357	96	3.362	3.797	4.168	1 1 0	11.327	85
Begg Justin	15	20.27	577	277.36	4862.50	49.62	39	12.622	30	2.855	2.672	3.127	1 1 0	8.654	10
Bend Elias	61	17.41	523	205.23	3604.97	45.06	78	14.083	90	2.713	3.267	2.834	1 1 0	8.814	15
Biddle Josiah	6	24.04	641	364.72	6258.13	53.95	9	12.339	16	3.245	2.975	2.978	1 0 1	9.198	26
Biegel Charles "Chas"	56	18.33	541	350.28	6103.12	46.24	70	13.566	70	3.384	3.146	2.990	0 1 0	9.520	39
Blinder Maverick	46	18.33	541	329.05	5740.72	46.30	71	12.754	34	3.125	3.413	2.871	1 0 1	9.409	35
Bivens J London	30	23.30	629	246.82	4513.89	56.42	13	14.037	89	3.224	3.518	3.277	0 1 0	10.019	54
Black Elijah	31	21.06	591	246.40	4395.32	51.71	27	13.467	63	3.442	2.907	2.993	0 1 1	9.342	32
Brown Jermaurhiyon	8	21.81	604	370.33	6322.95	50.58	19	12.975	46	3.106	2.793	2.507	1 0 1	8.406	6
Budenholzer John	86	17.10	517	316.99	5597.02	44.78	82	14.906	103	3.438	3.382	3.122	0 0 1	9.942	51
Buntun Julian	55	20.67	584	272.13	4787.09	50.39	29	13.770	81	3.581	3.412	3.543	1 0 1	10.536	67
Buntyn Uziah	100	17.46	524	231.32	4065.76	45.18	76	13.148	53	3.128	3.632	5.899	1 0 0	12.659	96
Caesar Noah	53	18.91	552	238.27	4199.41	47.72	61	13.575	71	3.318	2.795	3.552	0 1 1	9.665	44
Cantave Jachai	48	19.78	568	292.53	5102.90	48.60	50	12.478	20	3.829	3.211	3.438	0 1 0	10.478	64
Carswell Jalen	57	20.50	581	256.48	4534.58	50.38	33	12.861	39	4.027	3.812	3.401	1 0 1	11.240	83
Castillo Isaac	103	17.00	515	202.09	3543.16	44.29	84	14.632	102	3.323	4.917	3.801	1 0 0	12.041	91
Chretien II Jamal	35	20.55	582	279.76	4905.64	50.06	32	12.781	37						
Cianfrini Will	17	19.18	557	232.23	4104.79	48.29	57	12.081	11	2.875	3.054	2.635	1 0 1	8.564	9
Colzie Jaden	67	23.54	633	294.96	5230.96	55.06	11	12.685	32	2.950	3.952	6.464	1 0 0	13.366	98
Cowgill Camden	69	16.27	500	232.99	4109.33	43.26	96	13.499	65	2.958	3.068	3.085	1 0 0	9.111	22
Crotwell Reed	66	17.15	518	254.08	4472.23	44.72	80	12.867	40	3.120	3.660	3.192	1 1 1	9.972	52
Dalberg Sean	87	17.51	525	489.27	8603.57	45.28	74	14.956	104	3.764	3.339	3.026	0 1 0	10.129	57
Douglas Jacob	20	23.42	631	241.41	4442.05	56.95	12	13.463	62						
Edwards Michael	104	15.28	479	159.77	2733.21	40.19	104	15.369	106	3.855	3.789	3.197	0 0 0	10.841	79
Farfan KJ	29	20.50	581	313.48	5440.58	49.46	34	14.310	95	3.130	2.675	2.571	0 1 0	8.376	4
Flemings Kingston	10	21.99	607	193.53	3631.99	55.88	17	12.787	38	3.154	2.811	2.860	0 0 1	8.825	16
Fuller Dalen	4	27.05	688	418.46	7085.46	57.14	1	12.308	15	3.070	2.661	3.676	0 1 0	9.407	34
Gage Trae	36	19.07	555	217.78	3861.73	48.27	58	12.503	21	2.889	3.387	3.218	1 0 1	9.494	38
Garrett Elijah	75	19.83	569	237.23	4205.36	49.47	48	13.608	75	3.885	3.961	3.463	1 0 0	11.309	84
Gause Anthony	22	21.52	599	290.87	5100.38	51.52	20	12.613	28	3.212	2.988	3.612	1 1 0	9.812	48
George Max	14	20.11	574	394.17	6739.40	48.14	42	13.020	49	2.999	2.699	2.564	0 1 0	8.262	1
Georgelos Charlie	5	24.85	654	384.94	6564.63	54.71	7	12.035	6	3.148	2.768	2.772	0 1 0	8.688	11
Gill Robert	54	16.81	511	182.97	3195.51	43.77	89	12.520	23	3.537	3.106	2.806	0 1 0	9.449	36
Gonzalez Logan	93	15.84	491	279.37	4994.25	43.05	103	14.440	100	3.450	3.576	3.141	0 0 1	10.167	58
Gorham Jeremiah	65	18.54	545	240.59	4232.86	47.03	67	14.102	91	2.716	3.518	3.379	1 0 1	9.613	43
Greenwood Jayren	34	23.67	635	370.65	6337.04	53.25	10	12.054	9	4.130	4.566	3.372	1 0 1	12.068	92
Guyllory "John" "Scottie"	49	19.83	569	334.91	5790.86	48.26	49	12.293	14	3.837	3.352	3.465	1 1 0	10.654	73
Guyton Alan	42	19.78	568	284.18	4967.00	48.70	51	13.605	74	3.224	2.907	3.072	1 1 0	9.203	27
Hall Tylan	44	16.37	502	209.30	3671.25	43.19	94	12.566	25	3.019	2.726	2.646	1 0 1	8.391	5
Hamilton William	40	22.58	617	257.24	4629.10	54.46	15	14.415	98	3.435	3.361	3.130	1 0 1	9.926	49
Hancuff Brady	64	20.44	580	284.49	4978.94	49.79	35	12.961	44	3.498	4.479	3.399	0 0 0	11.376	86
Harper Blake	50	17.41	523	282.18	4963.97	45.13	79	12.975	47	3.262	2.937	2.901	0 1 0	9.100	21
Hayes Dorian	52	15.93	493	278.09	4963.60	43.16	102	10.052	1	3.615	3.539	3.460	0 1 0	10.614	70
Herrera Trae	106	20.89	588	302.83	5274.99	50.24	28	13.000	48	6.371	4.215	5.028	0 0 0	15.614	101
Hilton Zehren	32	20.44	580	256.04	4525.94	50.29	36	13.888	85	2.706	2.971	3.121	1 0 0	8.798	14
Hines Aiden	38	18.96	553	244.12	4298.24	47.76	59	12.616	29	3.065	3.259	3.075	1 0 1	9.399	33
Holt Jaden	105	19.23	558	191.59	3433.59	49.05	56	12.760	35	2.933	4.832	7.128	0 1 0	14.893	100
Isaac Ahlias	16	22.76	620	237.21	4339.62	55.64	14	13.545	68	3.484	2.838	2.915	0 1 0	9.237	28
James TJ	27	21.12	592	284.57	4993.02	50.95	26	13.069	50	3.505	2.992	3.075	1 0 1	9.572	41
Joe Christian	77	17.81	531	520.91	9103.73	45.52	73	12.903	43	3.568	3.384	3.968	0 0 1	10.920	80
Johnson Isaiah	71	19.72	567	222.49	3961.95	49.52	53	14.021	88	3.953	3.441	3.378	1 0 1	10.772	78
Johnson Jaden	74	20.22	576	231.67	4129.12	50.36	41	12.893	42	4.056	4.008	3.936	1 1 0	12.000	90
Johnson Larrell	51	20.67	584	286.45	5013.59	50.14	30	13.127	52	3.601	3.659	3.392	0 0 1	10.652	72
Jones Justin	9	24.41	647	269.75	4911.35	57.78	8	12.044	7	3.979	3.730	2.793	0 0 1	10.502	65
Jordan Caleb	108	18.17	538	316.67	5535.43	46.13	72	16.498	108	5.106	4.112	9.285	1 0 1	18.503	102
Krueger Kasen	12	21.29	595	350.22	6016.13	50.13	25	12.071	10	3.429	2.983	2.846	0 1 1	9.258	30
Livingston Jr Randy	62	18.75	549	296.21	5171.43	47.01	64	13.336	60	3.495	3.403	3.193	0 0 1	10.091	56
Lowe Eian	25	19.72	567	194.68	3508.95	50.13	54	12.389	17	3.343	2.926	3.035	0 1 0	9.304	31
Luzey Morgan	79	16.71	509	197.23	3452.13	43.70	90	13.632	76						
Luzey Tres	37	19.78	568	222.88	3970.40	49.63	52	12.405	18						
Martin Raymond	101	17.10	517	342.34	6050.02	44.81	83	13.738	80	4.042	4.869	3.288	0 0 0	12.199	93
Martinez III Michael	81	16.37	502	184.67	3218.25	42.91	95	13.521	66	3.343	3.626	3.031	0 0 1	10.000	53
McLemore Isaiah	102	18.49	544	258.83	4541.85	46.82	68	13.490	64	5.284	3.791	4.019	1 0 1	13.094	97
McMillan Jhase	1	26.33	677	298.86	5433.50	60.37	2	11.619	2	2.749	2.640	3.366	1 0 0	8.755	13
Morell Prince	70														

Valentine Ja'Mon	7	25.68	667	441.67	7371.96	54.61	5	12.461	19	3.394	2.962	4.385	10 0	10.741	77
Villarreal Jazzerous	88	16.41	503	229.45	4041.13	43.45	93	13.668	77	3.656	3.559	3.340	10 1	10.555	68
Ward Kolby	78	15.98	494	288.35	5152.14	43.30	101	12.570	26	3.540	3.362	3.439	11 0	10.341	60
Warren Bennett	107	16.08	496	462.25	8383.18	44.12	99	15.887	107	3.963	3.532	4.032	01 0	11.527	88
Washington Jackson	26	21.46	598	278.65	4910.27	51.69	21	14.210	94	2.837	2.847	3.174	11 0	8.858	17
Washington Jayden	47	19.89	570	223.67	3987.34	49.84	47	13.197	55						
White Avery	19	21.46	598	261.05	4638.47	52.12	22	12.689	33	3.916	2.630	2.977	01 1	9.523	40
Woodson Phoenix	95	17.15	518	254.08	4472.23	44.72	81	14.457	101	3.975	3.920	3.091	00 1	10.986	81
Yeager Donny	76	14.28	457	208.47	3712.43	39.92	106	12.676	31	3.059	3.110	3.076	10 1	9.245	29
Yeager MJ	85	14.24	456	216.96	3886.84	40.07	107	13.332	59	3.625	2.911	2.942	01 0	9.478	37

Test Descriptions

Vertical Jump- Total Power

To measure vertical power production of the full body using a countermovement jump WITH the use of arm action. The results are listed in inches.

Flight time (FT; ms): is the time that the athlete is not in contact with the mat for a given jump

Height: The height achieved by an athlete in a particular jump.

Impulse: is the net upward impulse of each athlete or the net upward momentum (derived from the take-off velocity)

Peak Power Output (PPO; Watts): Is the peak power output of the jump, calculated using the equations of Sayers (Sayers, S.P., Harackiewicz, D.V., Harman, E.A., Frykman, P.N., and Rosentein, M.T.(1999) Cross-validation of three jump power equations.

PPO/Mass: Is the power output to mass (body weight) ratio of the athlete

3

NBA Lane Agility

To measure the acceleration of athletes sprinting in a straight line. Multiple splits can be measured, but 10, 20, 40 and 60 are the most common in athletic development. The results are listed in seconds. The velocity is their speed in miles per hour, to indicate acceleration.

The Lane Agility drill is used to test body control, change of direction and speed, as the players work their way around the lane, sprinting forward, backpedaling and moving laterally around cones.

Serpentine Drills

Serpentine Drills are designed to test and train reactions to central visual cues during sprinting and are ideal in all sports where athletes must react to athletes in front of them. As an athlete moves through a course of gates, they must react to central visual cues and change direction or perform specific activities. Can be done with or without balls - excellent for developing ball-handling and downfield vision.