# \land LEADERSHIP DIVISION



#### HEY SALON LEADERS! How have you been? Anything new in your world?

The past two years have changed our perception of what WINNING looks like in our organizations. Is your company overdue for some time to build rapport, laugh, and learn about each other? Our team of facilitators has worked to craft one- and two-day experiences that will combine presentation-based information with exercises, discussion questions, and games that can be **customized to suit your salon company.** 

A LEADERSHIP

RETREAT

EXPERIENCE



# LEADERSHIP DIVISION LEADTHE WAY: RETREAT SESSION OVERVIEWS

#### 1. EGO IN LEADERSHIP (90 minutes)



Ego is the biggest/smallest word in the English language. We explore how ego can get in the way of success and discuss ways you can raise your level of awareness on how it presents itself in your organization. **Discover the true purpose of your** ego and its origin story—and harness that power.

2. BELIEF AND MINDSET (90 minutes)



It's a scientific fact that human beings are prone to negative thought patterns. As leaders, our role requires that our belief system and mindset stay focused and positive. In this module, discover tools to help change your negative thought patterns into drivers that can influence your leadership style.

#### 3. MIND-BODY-HEART CONNECTION (90 minutes)



As leaders, self-care is often our last priority. We even feel GUILTY about taking time for ourselves to recharge and align our mind, body and heart. Did you know that you can be more effective in your role if you take better care of yourself? **Let us share practical applications and techniques to make taking care of YOU a priority.** 

### 4. REDISCOVER YOUR 'WHY' (90 minutes)



Has the past two years changed your perception on WHY you do what you do? In this guided exercise, we discuss core values and celebrate individuality. Why are you a leader in the salon company? What are the values that drive your actions? **This session will help you have a strong vision about your intentions so you can be authentic in your actions**.

## 5. EMPATHY – AWARENESS – FEEDBACK (90 minutes)



As leaders, we have to learn that what's important to us personally—isn't necessarily what's important to every member of our team. Learn how to celebrate individuality in your communication style by having empathy and awareness on their life journey and leveraging that with effective techniques to encourage understanding.