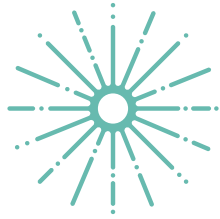




STARLING AT NOCATEE

Assisted Living & Memory Care

Welcome to Starling. Welcome Home.



Welcome to Starling. Welcome Home.

We invite you to explore a new beginning of unmatched convenience and elegance in a carefree oasis of luxury featuring exquisite dining options, resort-style amenities, dynamic engagement opportunities, holistic wellness offerings, and personalized services individually catered by an expertly trained staff in a safe and secure environment enabling you to live the life you deserve.



Our Mission

At Starling at Nocatee, our highest mission is to provide the finest professional service in an exceptional environment to ensure our residents experience an extraordinary lifestyle full of unmatched convenience and vitality.

Our Core Values (“STAR”)

SUPPORTIVE

Empowering and nurturing all levels of our team to act as leaders and achieve our high standard of excellence in everything they do.

TRUTHFUL

A strident commitment to honesty, safety, and being transparent with our staff, residents, and their families.

ACCOUNTABLE

Unwavering responsibility to honor our commitments by being resilient, responsive, and reliable to everyone we serve, lead, and support.

RESPECTFUL

A sincere commitment to treating others with courtesy, kindness, and politeness.



STARLING AT NOCATEE – ASSISTED LIVING

PRIVATE LUXURY APARTMENTS

Starling at Nocatee Assisted Living luxury apartments offers various spacious floor plans. Each apartment features high ceilings and numerous windows to allow for an abundance of natural light.

Apartment Features:

- Studio, one-bedroom and two-bedroom floor plan options
- Each apartment has a kitchen with cabinets, a full-size stainless refrigerator and a microwave
- Stone countertops in kitchen and bathrooms
- Large bathrooms with tile floors, walk-in showers and safety bars
- Washer and dryer unit included in one-bedroom and two-bedroom apartments
- Modern wood-look flooring in kitchen, living area, bedroom and walk-in closet
- In-room emergency call response system
- Wi-Fi internet service in apartments and throughout the community
- Individually controlled heating and air conditioning
- Decorative blinds on all windows
- Premium courtyard views available



STARLING AT NOCATEE – ASSISTED LIVING

FIRST-CLASS PERSONALIZED SERVICE & WELLNESS

Starling's resident-centered Assisted Living lifestyle provides you with care, service and the support you need. Rest easy knowing an attentive and professional staff stands ready to assist with a range of personalized services, including:

- 24-hour care provided by professional trained caregivers and licensed nurses
- Three chef-prepared meals each day
- Complimentary medical alert pendant to alert staff in case of falls or emergencies
- Weekly housekeeping service
- Personal laundry and linen services
- Complimentary scheduled transportation to medical appointments and engagement outings
- On-site professional team to assist with your maintenance needs



STARLING AT NOCATEE – ASSISTED LIVING

Personalized care plans with daily task assistance, including:

- Personal grooming assistance
- Clothing selection and dressing assistance
- Assistance with eating
- Mobility and transfer assistance
- Showering assistance
- Medication management
- Continence management
- Glucose monitoring and insulin management
- Multiple generously landscaped courtyards

Other wellness offerings include:

- **Salon and Spa:** professionally managed salon with hair and nail services, and massage room
- **Therapy:** professionally managed therapy services are available on-site, offering physical, speech and occupational therapy
- **Wellness Partners:** convenient access to third-party home health and visiting medical professionals





STARLING AT NOCATEE – ASSISTED LIVING

CULINARY

Our on-site chefs are constantly adapting and creating dishes that delight the taste buds and ignite the senses. With multiple dining venues including our elegant main dining room, casual bistro and bar and intimate private dining room, residents decide what they would like to eat from our meticulously crafted, dietician approved menus. Beer and wine are available at each dining venue.





STARLING AT NOCATEE – ASSISTED LIVING

DYNAMIC ENGAGEMENT

Starling provides ample opportunities for residents to pursue new interests and enjoy existing hobbies. Whether you are participating in an educational seminar, an exercise class, enjoying a glass of wine among friends, or visiting a local cultural destination, Starling makes it easy to engage the imagination and enjoy life. A dynamic calendar — curated by a dedicated team of engagement professionals — and on-site amenities ensure a new adventure is always at your fingertips. Even more, all residents enjoy access to all of Nocatee’s world-class amenities.

Engagement amenities at Starling at Nocatee include:

Outdoors:

- Outdoor fireplace
- Covered lanai with TV
- Walking paths
- Gardening area
- Playground for visiting children
- Multiple landscaped courtyards

Indoors:

- Arts and crafts studio
- Bistro and bar
- Library
- Game room featuring a pool table
- Multiple lounges for reading, relaxing and games
- Multipurpose room for movies, seminars, exercise classes, and events





STARLING AT NOCATEE – FLOOR PLANS

ASSISTED LIVING



STUDIO
371 – 437 Sq. Ft.



ONE BEDROOM
471 – 570 Sq. Ft.



TWO BEDROOM
799 Sq. Ft.



STARLING AT NOCATEE – MEMORY CARE

STARLING AT NOCATEE MEMORY CARE – STARLIGHT

The loss of memory and cognition doesn't have to mean a loss of dignity and independence. Starlight, Starling's Memory Care Program, is purposefully designed to provide the highest quality of life for residents with dementia by promoting individualized purpose for each resident. Starlight creates a stimulating atmosphere that encourages engagement and well-being in a comfortable and secure environment. Residents benefit from personalized programming, full-service dining experiences and specialized wellness and engagement activities while enjoying the comfort and security of a residence they are proud to call home.





FIRST-CLASS PERSONALIZED SERVICE & WELLNESS

The loss of memory and cognition doesn't have to mean a loss of dignity and independence. Our Starlight Memory Care program is purposefully designed to provide a stimulating atmosphere that encourages engagement and well-being in a comfortable and secure environment. Residents benefit from personalized programming, full-service dining experiences and specialized wellness and engagement activities, while enjoying the comfort and security of a residence they are proud to call home.

The dedicated Memory Care Director and attentive and professional staff stand ready to assist with a range of personalized services, including:

- 24-hour care provided by professional trained caregivers and licensed nurses
- Individual care plans for each resident
- Personalized dining program serving three chef-prepared meals a day
- Resident-centered guidance and programming integrating activities of daily living and promoting engagement
- Weekly housekeeping and personal laundry and linen services
- Dedicated on-site salon and spa
- Complimentary scheduled transportation for engagement outings
- On-site professional team to assist with your maintenance needs





STARLING AT NOCATEE – FLOOR PLANS

MEMORY CARE

APARTMENT SUITE FEATURES

- Spacious Studio and Companion Suite floor plans
- Large bathrooms with walk-in tile showers
- Individually controlled heating and air conditioning*
- Wi-Fi internet service
- Premium courtyard views

*Companion Suites share common thermostat



SUITE

371 – 415 Sq. Ft.



COMPANION SUITE

268 – 299 Sq. Ft.



STARLING AT NOCATEE – FLOOR PLANS

FIRST LEVEL



MEMORY CARE

- Bluewater - Suite (371 Sq. Ft.)
- Brookline - Suite (415 Sq. Ft.)
- Barbados - Suite (392 Sq. Ft.)
- Woodhurst - Companion Suite (268 – 299 Sq. Ft.)

ASSISTED LIVING

- Caspia - One Bedroom (515 Sq. Ft.)
- Crosswater - One Bedroom (570 Sq. Ft.)
- Cypress Bay - Two Bedroom (799 Sq. Ft.)



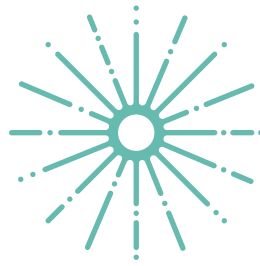
STARLING AT NOCATEE – FLOOR PLANS

SECOND LEVEL



ASSISTED LIVING

- Mangrove - Studio (371 Sq. Ft.)
- Majestic - Studio (437 Sq. Ft.)
- Captiva - One Bedroom (471 Sq. Ft.)
- Caspia - One Bedroom (515 Sq. Ft.)
- Cape May - One Bedroom (520-561 Sq. Ft.)
- Crestview - One Bedroom (522 Sq. Ft.)
- Crosswater - One Bedroom (570 Sq. Ft.)
- Cypress Bay - Two Bedroom (799 Sq. Ft.)



STARLING AT NOCATEE

Assisted Living & Memory Care

If you would like to learn more about Starling at Nocatee Assisted Living & Memory Care, please contact us anytime to schedule a visit.

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Nocatee@StarlingLiving.com | 904.686.2000

StarlingAtNocatee.com

ALF #13109

Explore Starling's other communities.



Starling at Nocatee

Ponte Vedra, FL

904.686.7200

Independent Living



Starling at San Jose

Jacksonville, FL

904.510.5482

Assisted Living
Memory Care

ALF #12887



Starling at Ponte Vedra

Ponte Vedra Beach, FL

904.686.3700

Assisted Living
Memory Care

ALF #12734



The Grove at Countryside

Clearwater, FL

727.758.7945

Independent Living
Assisted Living
Memory Care

ALF # pending



The Grove at Canopy

Tallahassee, FL

850.219.2196

Independent Living
Assisted Living
Memory Care

ALF #13331



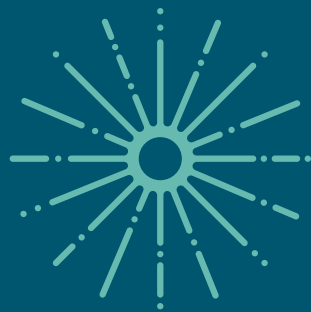
The Grove at Trelago

Maitland, FL

407.388.4477

Assisted Living
Memory Care

ALF #13676



STARLING AT NOCATEE

Assisted Living & Memory Care

Getting started

If you would like to learn more about Starling at Nocatee Assisted Living and Memory Care, please contact us anytime to schedule a visit or to receive more information

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