



THE GROVE AT TRELAGO

A STARLING OPERATED COMMUNITY

Assisted Living | Memory Care

Welcome to The Grove at Trelago.
Welcome Home.



Welcome to The Grove at Trelago. Welcome Home.

We invite you to explore a new beginning of unmatched convenience and elegance in a carefree oasis of luxury featuring exquisite dining options, resort-style amenities, dynamic engagement opportunities, holistic wellness offerings, and personalized services individually catered by an expertly trained staff in a safe and secure environment enabling you to live the life you deserve.



Our Mission

At The Grove at Trelago, our highest mission is to provide the finest professional service in an exceptional environment to ensure our residents experience an extraordinary lifestyle full of unmatched convenience and vitality.

Our Core Values (“STAR”)

SUPPORTIVE

Empowering and nurturing all levels of our team to act as leaders and achieve our high standard of excellence in everything they do.

TRUTHFUL

A strident commitment to honesty, safety, and being transparent with our staff, residents, and their families.

ACCOUNTABLE

Unwavering responsibility to honor our commitments by being resilient, responsive, and reliable to everyone we serve, lead, and support.

RESPECTFUL

A sincere commitment to treating others with courtesy, kindness, and politeness.





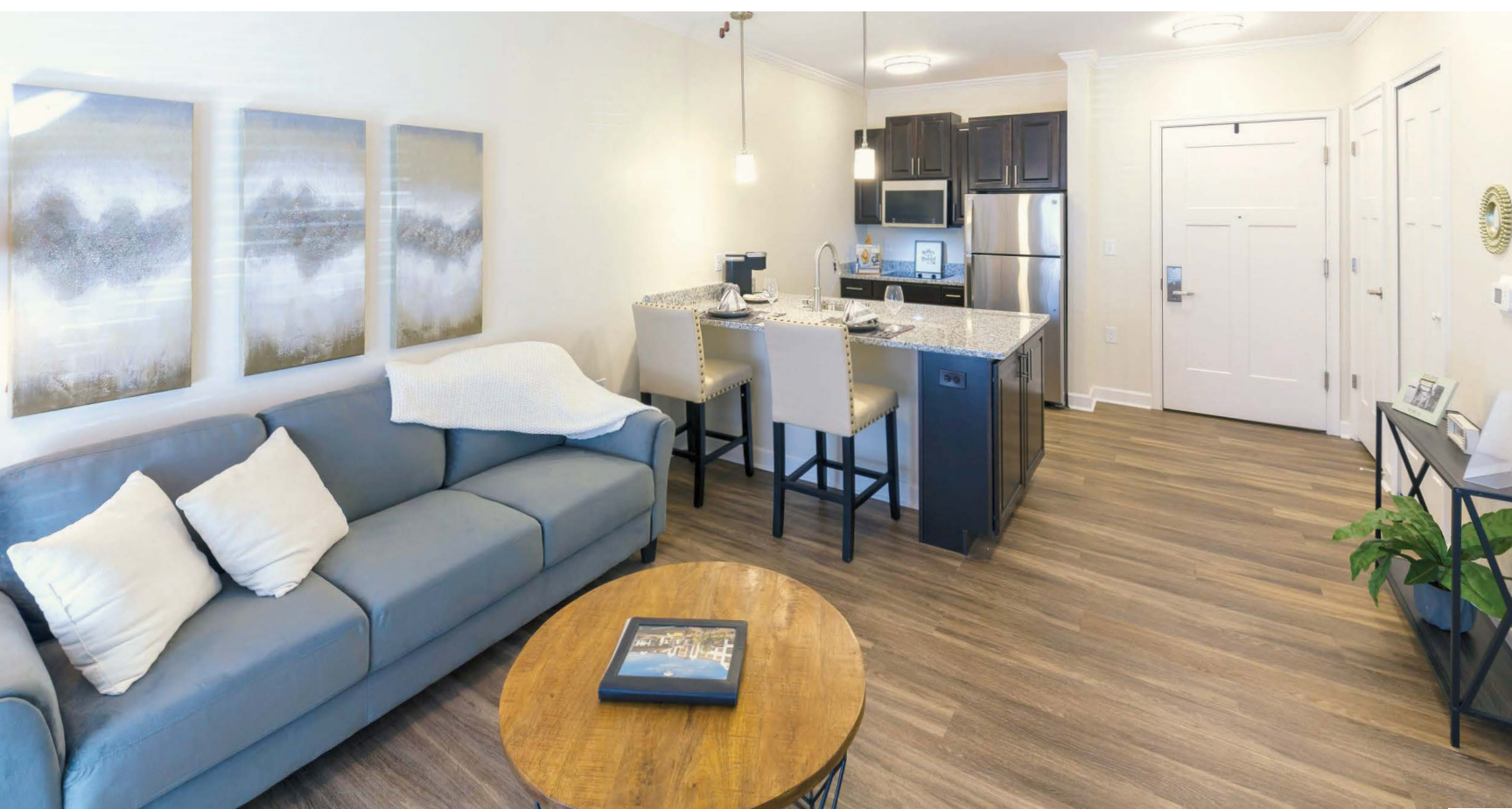
THE GROVE AT TRELAGO – ASSISTED LIVING

PRIVATE LUXURY APARTMENTS

The Grove at Trelago Assisted Living luxury apartments offers various spacious floor plans. Each apartment features high ceilings and numerous windows to allow for an abundance of natural light.

Apartment Features:

- One-bedroom and two-bedroom floor plan options
- Each apartment has a kitchen with cabinets, a full-size stainless refrigerator and a microwave
- Stone countertops in kitchen and bathrooms
- Large bathrooms with tile floors, walk-in showers and safety bars
- Washer and dryer included in all apartments
- In-room emergency call response system
- Wi-Fi internet service in apartments and throughout the community
- Individually controlled heating and air conditioning
- Decorative blinds on all windows
- Premium courtyard views available





THE GROVE AT TRELAGO – ASSISTED LIVING

FIRST-CLASS PERSONALIZED SERVICE & WELLNESS

The Grove at Trelago's resident-centered Assisted Living lifestyle provides you with care, service and the support you need. Rest easy knowing an attentive and professional staff stands ready to assist with a range of personalized services, including:

- 24-hour care provided by professional trained caregivers and licensed nurses
- Three chef-prepared meals each day
- Complimentary medical alert pendant to alert staff in case of falls or emergencies
- Weekly housekeeping service
- Personal laundry and linen services
- Complimentary scheduled transportation to medical appointments and engagement outings
- On-site professional team to assist with your maintenance needs





THE GROVE AT TRELAGO – ASSISTED LIVING

Personalized care plans with daily task assistance, including:

- Personal grooming assistance
- Clothing selection and dressing assistance
- Assistance with eating
- Mobility and transfer assistance
- Showering assistance
- Medication management
- Continence management
- Glucose monitoring and insulin management
- Multiple generously landscaped courtyards

Other wellness offerings include:

- **Salon and Spa:** professionally managed salon with hair and nail services, and massage room
- **Therapy:** professionally managed therapy services are available on-site, offering physical, speech and occupational therapy
- **Wellness Partners:** convenient access to third-party home health and visiting medical professionals





CULINARY

Our on-site chefs are constantly adapting and creating dishes that delight the taste buds and ignite the senses. With multiple dining venues including our elegant main dining room, casual bistro and bar and intimate private dining room, residents decide what they would like to eat from our meticulously crafted, dietician approved menus. Beer and wine are available at each dining venue.





THE GROVE AT TRELAGO – ASSISTED LIVING

DYNAMIC ENGAGEMENT

The Grove at Trelago provides ample opportunities for residents to pursue new interests and enjoy existing hobbies. Whether you are participating in an educational seminar, an exercise class, enjoying a glass of wine among friends, or visiting a local cultural destination, we make it easy to engage the imagination and enjoy life. A dynamic calendar — curated by a dedicated team of engagement professionals — and on-site amenities ensure a new adventure is always at your fingertips.

Engagement amenities at The Grove at Trelago include:

Outdoors:

- Resort-style pool
- Walking paths
- Gardening area
- Multiple landscaped courtyards
- Putting green
- Dog park

Indoors:

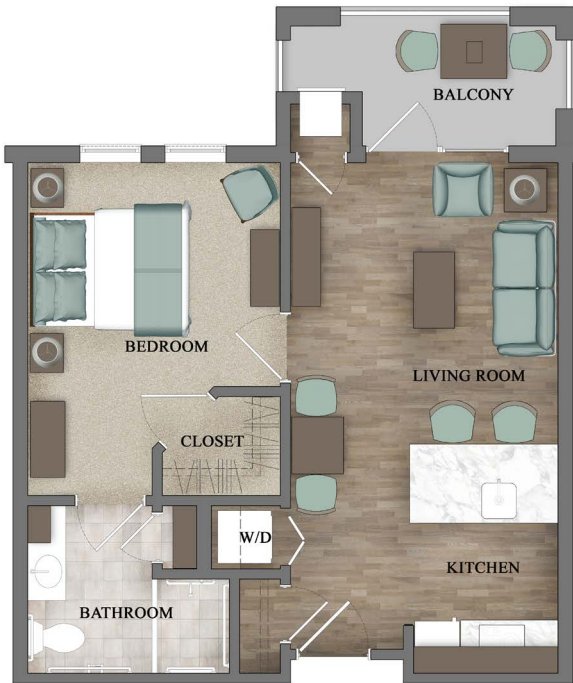
- Movie theater
- Game room featuring a pool table
- Multiple lounges for reading, relaxing and games
- Indoor fireplace
- Activities studio for arts, crafts and classes





THE GROVE AT TRELAGO – FLOOR PLANS

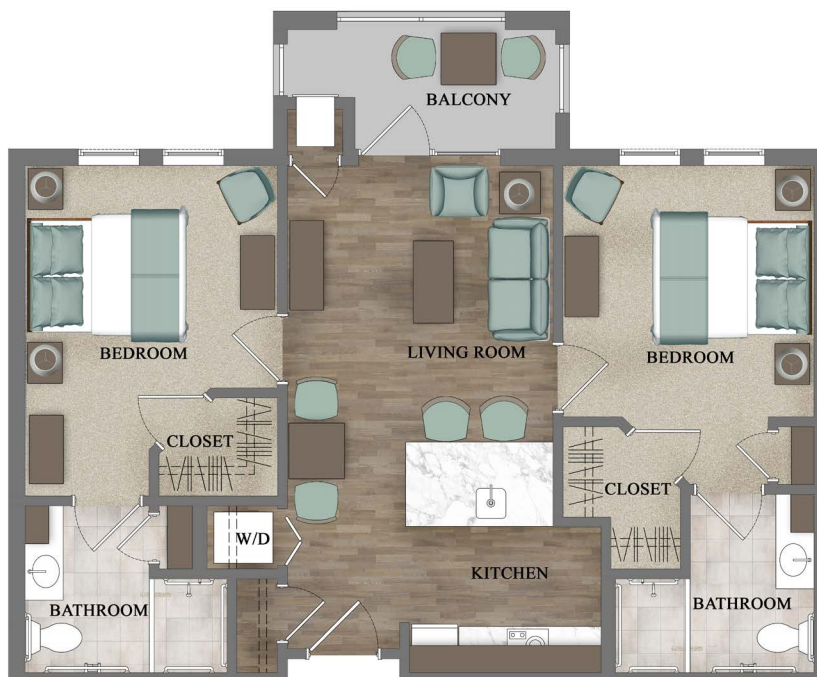
ASSISTED LIVING



ONE BEDROOM
475 Sq. Ft.



ONE BEDROOM
486 Sq. Ft. with Balcony (shown)
516 Sq. Ft. without Balcony



TWO BEDROOM
812-834 Sq. Ft. with Balcony (shown)



THE GROVE AT TRELAGO MEMORY CARE – STARLIGHT

The loss of memory and cognition doesn't have to mean a loss of dignity and independence. Starlight, our Memory Care Program, is purposefully designed to provide the highest quality of life for residents with dementia by promoting individualized purpose for each resident. Starlight creates a stimulating atmosphere that encourages engagement and well-being in a comfortable and secure environment. Residents benefit from personalized programming, full-service dining experiences and specialized wellness and engagement activities while enjoying the comfort and security of a residence they are proud to call home.





FIRST-CLASS PERSONALIZED SERVICE & WELLNESS

The loss of memory and cognition doesn't have to mean a loss of dignity and independence. Our Starlight Memory Care program is purposefully designed to provide a stimulating atmosphere that encourages engagement and well-being in a comfortable and secure environment. Residents benefit from personalized programming, full-service dining experiences and specialized wellness and engagement activities, while enjoying the comfort and security of a residence they are proud to call home.

The dedicated Memory Care Director and attentive and professional staff stand ready to assist with a range of personalized services, including:

- 24-hour care provided by professional trained caregivers and licensed nurses
- Individual care plans for each resident
- Personalized dining program serving three chef-prepared meals a day
- Resident-centered guidance and programming integrating activities of daily living and promoting engagement
- Weekly housekeeping and personal laundry and linen services
- Dedicated on-site salon and spa
- Complimentary scheduled transportation for engagement outings
- On-site professional team to assist with your maintenance needs





THE GROVE AT TRELAGO – FLOOR PLANS

MEMORY CARE

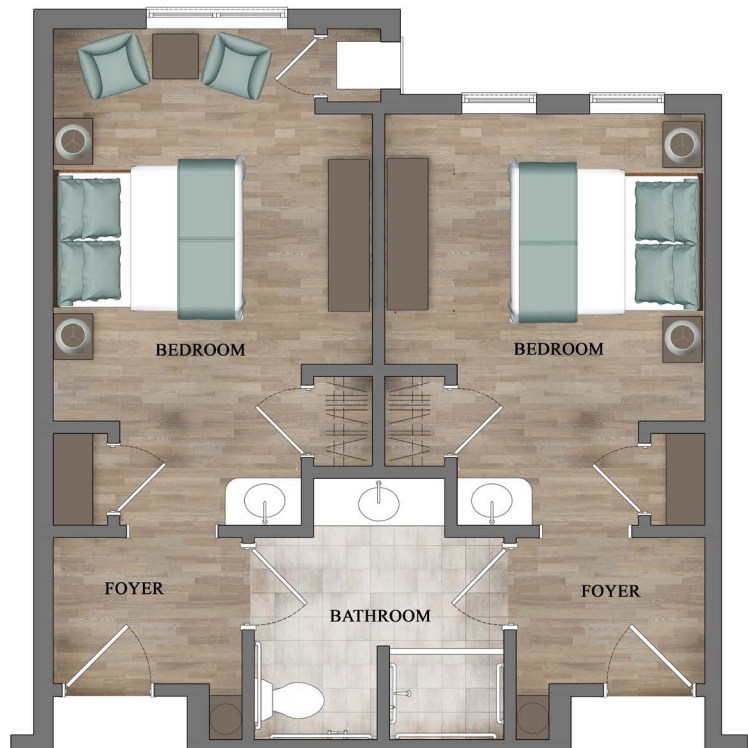
APARTMENT SUITE FEATURES

- Spacious Studio and Companion Suite floor plans
- Large bathrooms with walk-in tile showers
- Individually controlled heating and air conditioning*
- Wi-Fi internet service
- Premium courtyard views

*Companion Suites share common thermostat



STUDIO UNIT
368 – 420 Sq. Ft.

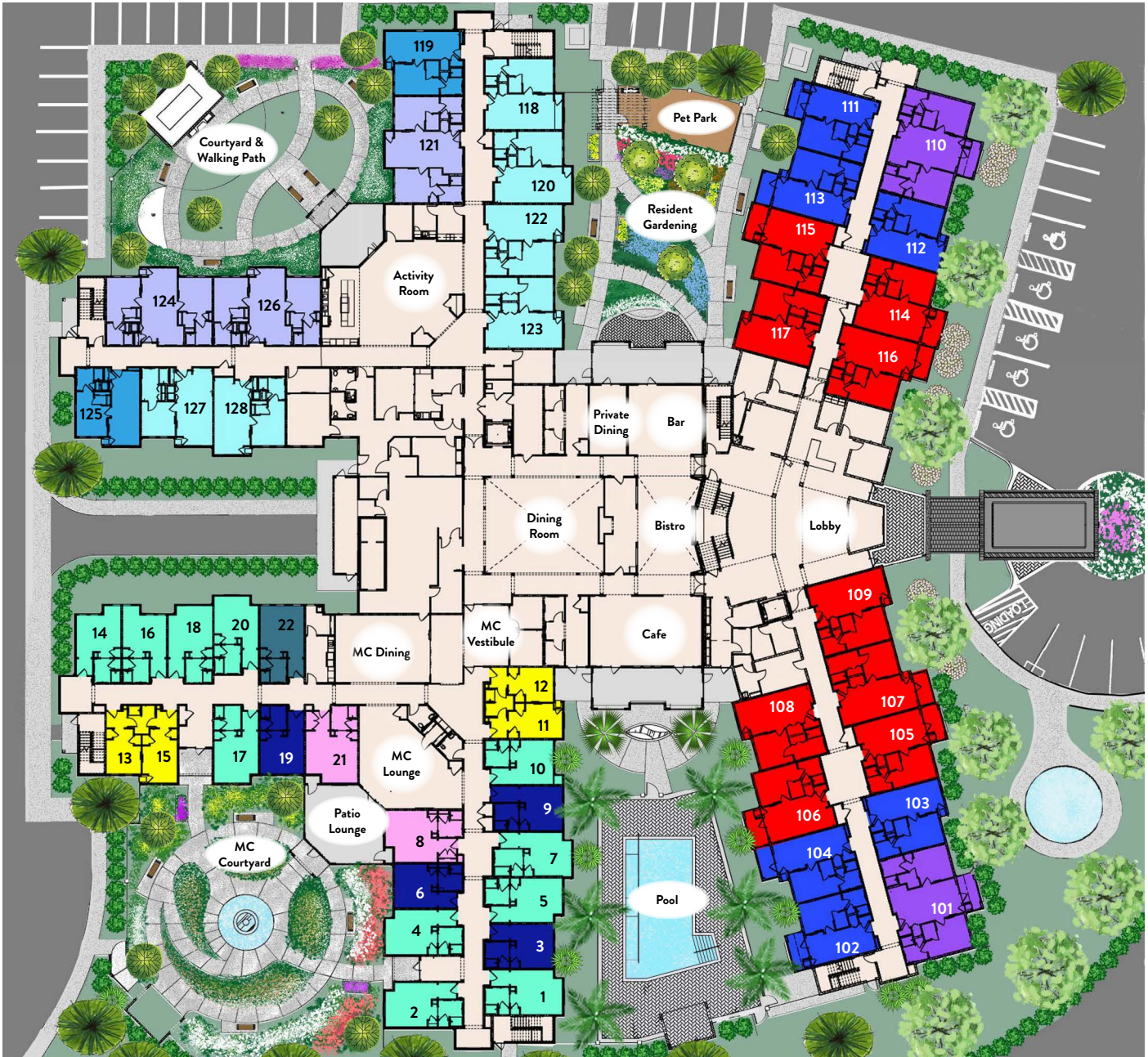


COMPANION SUITE
278 Sq. Ft. Per Unit
555 Total Sq. Ft.



THE GROVE AT TRELAGO – FLOOR PLANS

FIRST LEVEL



ASSISTED LIVING

- Kingswood - One Bedroom (475 Sq. Ft.)
- Mulberry - One Bedroom (486 - 516 Sq. Ft.)
- Sagewood - Two Bedroom (812 - 834 Sq. Ft.)

MEMORY CARE

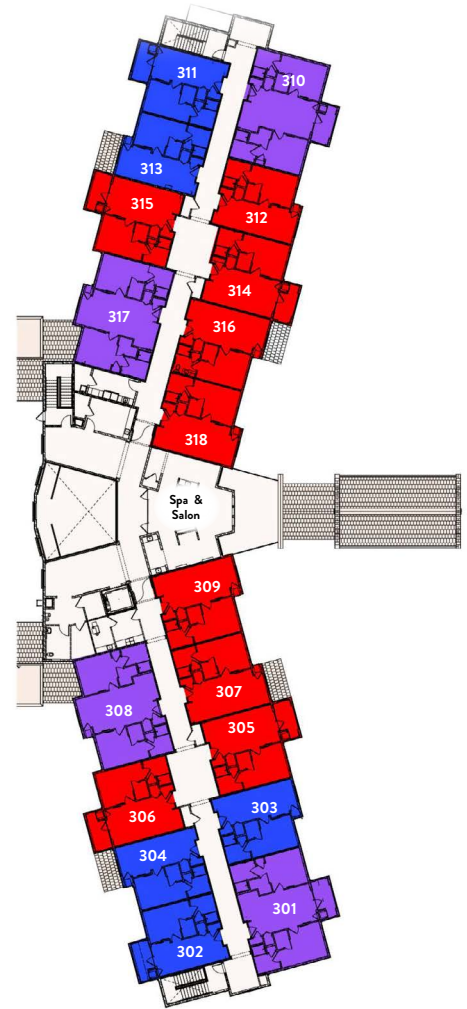
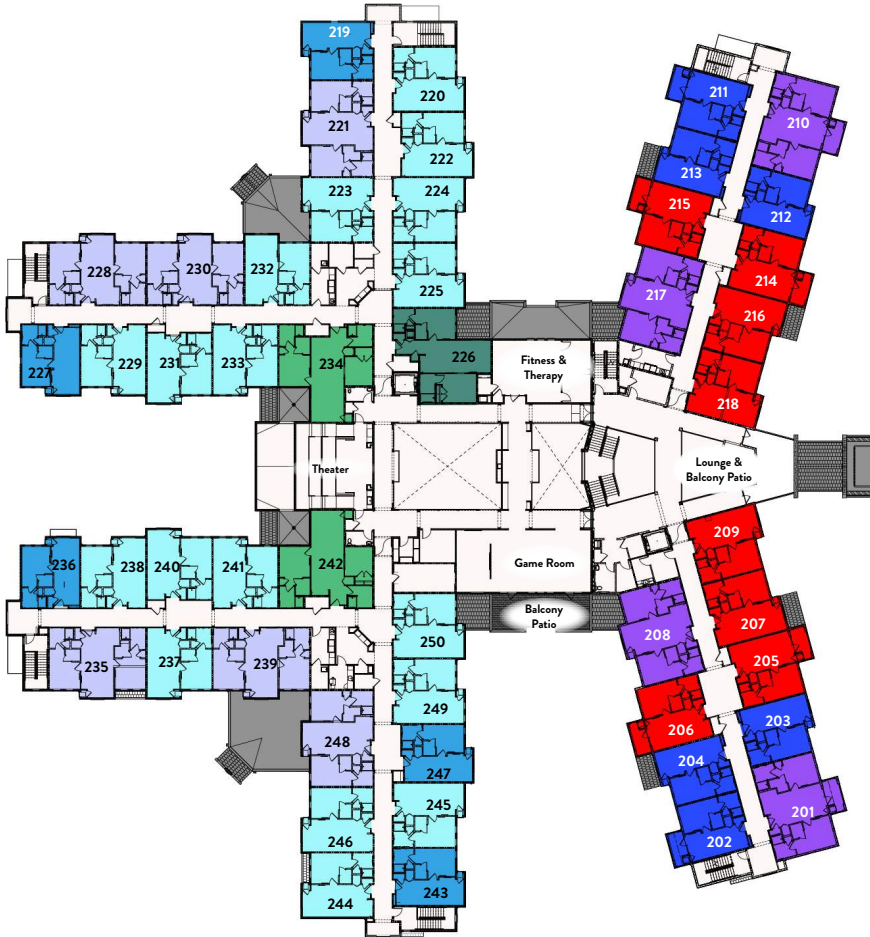
- Magnolia - Companion Suite (278 Sq. Ft.)
- Laurel - Studio (330 Sq. Ft.)
- Poinciana - Studio (368 Sq. Ft.)
- Hialeah - Studio (374 Sq. Ft.)
- Maple - Studio (420 Sq. Ft.)



THE GROVE AT TRELAGO – FLOOR PLANS

SECOND LEVEL

THIRD LEVEL



ASSISTED LIVING SECOND LEVEL

- Kingswood - One Bedroom (475 Sq. Ft.)
- Mulberry - One Bedroom (486 - 516 Sq. Ft.)
- Sagewood - Two Bedroom (812 - 834 Sq. Ft.)
- Hawthorne - Two Bedroom (860 Sq. Ft.)
- Cedar - Two Bedroom (895 Sq. Ft.)

ASSISTED LIVING THIRD LEVEL

- Longleaf - One Bedroom (475 Sq. Ft.)
- Cypress - One Bedroom (486 - 516 Sq. Ft.)
- Palmetto - One Bedroom (392 Sq. Ft.)



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Assisted Living | Memory Care

If you would like to learn more about The Grove at Trelago Assisted Living & Memory Care, please contact us anytime to schedule a visit.

901 Vista Trelago, Maitland, FL 32751
Trelago@StarlingLiving.com | 407.388.4477

GroveAtTrelago.com

ALF # 13676

Explore Starling's other communities.



The Grove at Countryside

Clearwater, FL

727.758.7945

Independent Living
Assisted Living
Memory Care

ALF #13954



The Grove at Canopy

Tallahassee, FL

850.219.2196

Independent Living
Assisted Living
Memory Care

ALF #13331



Starling at Nocatee

Ponte Vedra, FL

904.686.2000

Assisted Living
Memory Care

ALF #13109



Starling at Nocatee

Ponte Vedra, FL

904.686.7200

Independent Living



Starling at San Jose

Jacksonville, FL

904.510.5482

Assisted Living
Memory Care

ALF #12887



Starling at Ponte Vedra

Ponte Vedra Beach, FL

904.686.3700

Assisted Living
Memory Care

ALF #12734



THE GROVE AT TRELAGO

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Assisted Living | Memory Care

Getting started

If you would like to learn more about The Grove at Trelago Assisted Living and Memory Care, please contact us anytime to schedule a visit or to receive more information.

PHONE: 407.388.4477

ADDRESS: 901 Vista Trelago, Maitland, FL 32751

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WEBSITE: GroveAtTrelago.com