

“The greatest adventure
is what lies ahead”



Welcome to Starling. Welcome Home.

We invite you to explore a new beginning of unmatched convenience and elegance in a carefree oasis of luxury featuring exquisite dining options, resort-style amenities, dynamic engagement opportunities, robust wellness offerings, and personalized services individually catered by an expertly trained staff in a safe and secure environment enabling you to live the life you deserve.



Our Mission

At Starling our highest mission is to provide the finest professional service in an exceptional environment to ensure our residents experience an extraordinary lifestyle full of unmatched convenience and vitality.





First-class, personalized service

Rest easy knowing an attentive and professional staff stands ready to assist with a range of personalized services, including full-service dining experiences across multiple restaurant-style venues, professional environmental services including maintenance, housekeeping and linen services, dynamic engagement opportunities, complimentary scheduled transportation, a host of on-site wellness offerings, and an on-site concierge to assist with additional requests.



Culinary delights

No matter your craving, from a light snack to a fine dining experience, Starling offers a wide range of exquisite dining options. Our on site gourmet chefs are constantly adapting, perfecting, and creating dishes that delight the taste buds and ignite the senses. With multiple dining venues including an elegant main dining room, casual bistro and bar, and an intimate private dining room, residents decide where and what they would like to eat from our meticulously crafted menus.

Dynamic engagement

Starling provides ample opportunities for residents to pursue new interests and enjoy existing hobbies. Whether you are participating in an educational seminar, enjoying a glass of wine among friends, or visiting a local cultural destination, Starling makes it easy to engage the imagination and enjoy life. In addition to a dynamic calendar curated by a dedicated team of engagement professionals, a wide spectrum of premier on-site amenities ensure a new adventure is always at your fingertips.



Robust wellness

Starling features expansive wellness offerings, including a full service, professionally managed spa and salon featuring a nail bar and massage room, state-of-the-art fitness equipment with instructor led exercise classes, and convenient access to third party home health and visiting medical providers. Our Assisted Living and Memory Care communities are staffed 24/7 by professionally trained nurses and caregivers, and feature an on-site therapy studio providing speech, occupational, and physical therapy.





Independent Living Amenities and Features

Independent Living is ideal for individuals looking to enjoy a hospitality-rich lifestyle full of convenience and luxury in dynamic social community. Access an array of amenities and programs tailored to suit your desires, while living in your maintenance-free, spacious apartment. Robust engagement opportunities, personalized services, and gourmet dining make Starling the perfect place to pursue your passions and engage in a vibrant lifestyle.

Amenities and Services:

- Multiple full-service, restaurant-style dining venues
- Weekly housekeeping and linen services
- Full-time environmental services staff to assist with your maintenance needs
- Dedicated team of engagement professionals implementing a dynamic calendar of socials, activities, trips and educational offerings
- Complimentary scheduled transportation
- Robust wellness offerings including a spa, salon, nail bar, massage room, and fitness studio
- On-site access to home health services and visiting medical professionals
- Concierge for additional requests

Apartment Features:

- Expansive One-Bedroom, One-Bedroom + Den, and Two Bedroom floor plans
- Kitchens with high-end cabinets, full-size, stainless steel appliances, and stone countertops
- Large bathrooms with walk-in tile showers and upscale finishes
- Large walk-in closets
- Washer and dryer in all apartments
- Emergency call system, WiFi Internet service, and individually controlled heating and air conditioning

Assisted Living

Amenities and Features

Starling’s Assisted Living lifestyle is designed to nurture your mind and body through personalized services, luxurious amenities, resort-style wellness programs, first-class dining experiences, and personalized care from our dedicated team of professionally-trained nurses and caregivers. Our transparent and predictable care plans are uniquely offered on an a la carte or all-inclusive basis to ensure our personalized services are tailored to your individual needs.

Amenities and Services:

- Multiple full-service, restaurant-style dining venues
- Weekly housekeeping and laundry services
- On-site staff to assist with your maintenance needs
- Dedicated team of engagement professionals implementing a full and dynamic calendar of socials, activities, trips and educational offerings
- Complimentary scheduled transportation
- Robust wellness offerings including a spa, salon, nail bar, massage room, and instructor-led exercise classes
- 24/7 care provided by professionally-trained caregivers and licensed nurses
- Access to home health, therapy, and visiting medical professionals
- Concierge for additional requests

Apartment Features:

- Expansive Studio, One-Bedroom, and Two-Bedroom floor plans
- Kitchens with high-end cabinets, full-size, stainless steel appliances, and stone countertops
- Large bathrooms with walk-in tile showers and upscale finishes
- Large walk-in closets
- Washer and dryer¹
- Emergency call system, WiFi Internet service, and individually controlled heating and air conditioning

¹ Not available in all apartments

Memory Care

Amenities and Features

The loss of memory and cognition doesn’t have to mean a loss of dignity and independence. Our all-inclusive Memory Care program is purposefully designed to provide a stimulating atmosphere that encourages engagement and well-being in a comfortable and secure environment. Residents benefit from personalized programming, full service dining experiences, and specialized wellness and engagement activities, while enjoying the comfort and security of a residence they’re proud to call home.

Amenities and Services:

- Dedicated Memory Care Director
- Individual care plans for each resident
- Specialized and personalized dining program
- Weekly housekeeping and laundry services
- On-site staff to assist with your maintenance needs
- Resident-centered guidance and programming integrating daily living activities and promoting engagement
- Dedicated spa and salon
- 24/7 care provided by professionally-trained caregivers and licensed nurses

Apartment Features:

- Spacious Studio and Companion Suite¹ floor plans
- Large bathrooms with walk-in tile showers and upscale finishes
- WiFi Internet service and individually controlled heating and air conditioning²

¹ Not available at all communities

² Companion Suites share common thermostat



Getting started

If you would like to learn more about Starling, please contact us anytime to schedule a visit or receive more information.



STARLING AT NOCATEE

Independent Living

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