

Cheer America Recreation Information & Divisions

Rec Program:

Organizations entering the Cheer America Rec Divisions must meet eligibility criteria and guidelines:

Team/Program must be affiliated with and be governed or report to an organization that is independent from USASF All Star. Examples of such organizations are but not limited to; Boys & Girls Clubs, Community Youth Organizations, YMCA, and City Parks & Rec Programs. Organizations are not permitted to have athletes that crossover to All-Star cheer.

A team/program must be able to prove their membership or affiliation with registered organization.

Routine Requirements

Max Time: 2.5 min

The routine performed to music should consist of:

Cheer motions/jumps, tumbling, stunts/pyramids, dance

Routine can consist of all music or cheer/music combination

Rec will be performed on a spring floor unless otherwise indicated

Rec will mirror the All Star Elite score sheet and rubric

Rec will follow the USASF Safety Rules

Level	Division	Age	Athlete	Athlete Count
Level 1	Mini	8 years and below	Female/Male	5-36 athletes
	Youth	12 years and below	Female/Male	5-36 athletes
	Junior	14 years and below	Female/Male	5-36 athletes
	Senior	18 years and below	Female/Male	5-36 athletes
Level 2	Mini	8 years and below	Female/Male	5-36 athletes
	Youth	12 years and below	Female/Male	5-36 athletes
	Junior	14 years and below	Female/Male	5-36 athletes
	Senior	18 years and below	Female/Male	5-36 athletes
Level 3.1	Youth	12 years and below	Female/Male	5-36 athletes
	Junior	14 years and below	Female/Male	5-36 athletes
	Senior	18 years and below	Female/Male	5-36 athletes
Level 3	Youth	12 years and below	Female/Male	5-36 athletes
	Junior	14 years and below	Female/Male	5-36 athletes
	Senior	18 years and below	Female/Male	5-36 athletes
Level 4	Junior	14 years and below	Female/Male	5-36 athletes
	Senior	18 years and below	Female/Male	5-36 athletes

*Ages are determined by the athlete age as of August 31, 2019