

ALABAMA FOLK SCHOOL - YOUTH FOLK CAMP 2022

PARTICIPANT INFORMATION PACKET

Greetings from Wonderful, Wonderful Camp McDowell and the Alabama Folk School!

We are so excited for your camper to be with us at Youth Folk Camp this year. The session is **Saturday, July 30th at 2:00 pm - Tuesday August 2nd at 3:00pm**. Please read the full information packet below to find pick up and drop off times, sample schedule, camper covenant, policies, medication packing list, and map of camp.

Youth Folk Camp is a unique combination of McDowell summer camp, and Alabama Folk School instruction in farming, painting, fiddle, guitar, mandolin, and banjo. Campers choose one major and minor class for the session, all taught by expert musicians and artists. **If you have not selected a major and minor with your camper, please login as soon as possible and complete all the necessary forms. We are now opening spaces for music majors to beginners. If you would like to switch your camper into a music major, please email me directly at folkschool@campmcdowell.org** . Some loaner instruments are available. In between their classes, campers will enjoy a variety of traditional summer camp activities including swimming, canoeing, and hiking. Youth Folk Camp is open to rising 5th-12th grades. Campers will be separated by age in their cabins, but combined with all ages in their classes. This follows the folk school model of intergenerational learning.

A Camper Showcase for family and friends will be held on the last day, **Tuesday, August 2nd at 1:30** at Hall Hall in Bethany Village. We encourage family and friends to attend. This is a great opportunity to learn more about the community and program your camper has experienced during the session.

*Please note: Youth Folk Camp at the Alabama Folk School at Camp McDowell strives to provide a healthy, safe environment for children of all abilities and backgrounds to learn and grow together. Out of concern for growing Covid-19 cases **we are asking all campers and staff to provide EITHER; documentation of a negative Covid test done within 48 hours before arriving at camp, or if you prefer, testing will be provided onsite during registration.** Please note this may significantly increase the time of check-in due to staff limitations.*

Please let us know if you have any questions. We look forward to welcoming you soon for another wonderful summer session at Camp McDowell.

With gratitude and excitement,
Caitlin Lollar
Alabama Folk School Director

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CHECK IN & CHECK OUT



DATE/TIME: Saturday, July 30th 2:00 pm - 3:30 pm 5

LOCATION: Bethany Village, Hall Hall
105 DeLong Road
Nauvoo, AL 35578 f

When you arrive at camp, continue on DeLong Road for about a mile. The Camp Store will be the first building on your left. The store will be open from 9am to 6pm if you want to stop in! When you pass the store, turn right onto Speaks Way. You will then arrive at Hall Hall on your left where our staff will greet you at 2pm to check in and get your cabin assignment. Please know that we cannot allow for any camper check-in prior to 2pm. If the arrival time does not work for your schedule, we ask that you please coordinate rides with another family who is planning to attend. After you check in, you will drop off meds at the Health Hut and move into your cabin.

CHECK OUT DATE/TIME: We will have a closing concert and presentation time Tuesday afternoon, August 2nd at 1:30 pm at Hall Hall in Bethany Village. Families and Friends are invited and encouraged to attend. Campers can be picked up and packed up immediately following the service. If you are unable to attend the concert then camper pick-up will begin at 2:30 pm and we ask that all campers are picked up no later than 3:00 pm.

CAMPER DROP OFF AND PICK UP POLICY

We want to make you aware of our new driving policy regarding the safety of your camper and their arrival and departure from camp. **Going forward, all campers must be dropped off by an adult who is 19 years old or older. Campers will no longer be allowed to drive themselves to or from any summer camp sessions, and will not be allowed to park cars on camp property during the session. All drivers must sign-in the campers in their car upon arrival, and upon departure drivers must sign them out as well.**

We believe this policy will ensure the safest experience for campers for a number of reasons. Youth Folk Camp is a 4-day session, and while we provide campers with the required 7-8 hours of sleep every night and sufficient rest times during the day, we believe that the safest mode of transportation for campers after a full session is in the passenger seat of a vehicle. We not only want to keep campers safe on the road, but we also have limited parking spaces at camp and will not have enough parking spaces for everyone during that time.

When making your driving arrangements, we encourage campers to carpool with other families if at all possible.

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CAMPER COVENANT - PLEASE PRINT AND BRING TO THE EVENT

As a camper, I agree to live by the standards set for the event.

I understand there is no use or possession of alcohol, tobacco, e-cigarettes including JUULs, illegal drugs, firearms, lighters, explosives, or weapons of any kind.

I understand inappropriate sexual behavior is not tolerated. In order to respect all participants' privacy, at no time may a male enter a female housing area or a female enter a male housing area. Common areas for males and females to gather in the same spaces will be stated during the schedule.

If I choose to violate the above standards or am knowingly in the presence of others violating these standards, I will be sent home immediately at my own expense.

I will respect camp, respect myself, and respect others while at Camp McDowell. I respect the policy of zero tolerance of physical, verbal, or emotional bullying.

In addition, I understand that camp is one of the rare places where I can get "unplugged" and have a true "camp" experience; in order to make this kind of experience a reality for me and the other participants, cell phones, other communication devices and other electronics are not allowed in my possession during the event.

I understand that I will be able to use the camp phone in case of an emergency. I agree to honor the "no cell phone" policy and my own experience by either leaving my cell phone (or other electronic device) at home or give it to a staff member at check-in for safekeeping during the event.

I plan to participate fully in the program and activities offered during this event.

Camper Name (Printed): _____

Camper Signature: _____

Date: _____

Guardian Name (Printed): _____

Guardian Signature: _____

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Date: -----

REGISTRATION AND PAYMENT

All balances are due Friday July, 22nd 2022. You may submit payments in your online account, over the phone, or by post mail 10 days prior to opening day.

Online payments may be made in your Camp McDowell camper account. Access your camper account through <https://mcdowellsummercamp.org/register-or-login>

Check: You can mail a check to Camp McDowell. Please reply to this email to let us know to expect your payment. Send your check to:

Camp McDowell
ATTN: Youth Folk Camp
105 DeLong Rd.
Nauvoo, AL 35578

Phone: You can call us at 205-387-1806 and we can process your card over the phone. We do not save any credit card information on our end which is why we have to process the information while you are on the phone with us. You can also set up a time with us to call and process your card if that is easier.

COMMUNICATION (cell phone, email, device policy)

We try very hard to be “the way the world could be”. Part of this goal is for campers to get totally unplugged for a short time and be present with those around you during the session. We ask that campers do not bring a phone or any other electronic gaming device with them. **All camper cell phones will be collected the first day of camp and given back on closing day.**

Urgent: Should you need to reach anyone while at Camp, please call 205.387.1806, EXT 101

Registration Questions: MaKenzie Parker 205.387.1806 ext 100 summercamp@campmcdowell.com

(Non-Urgent) Summer Camp Abilities Coordinator: Josh Carter 256.337.9180 (cell) or 205.387.1806 Ext.122
Abilitiescoordinator@campmcdowell.org

(Non-Urgent) Summer Camp Director: Catherine Poellnitz 205.387.1806 Ext.102
summercampdirector@campmcdowell.com

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SAMPLE SCHEDULE

Daily Schedule

8:00 am	Breakfast
9:00-10:30	Major Class
10:45	Lemonade break
11:00-11:40	Camper choice of pool or rec hall
12:00 pm	Lunch
12:30-1:15 pm	Cabin time
1:30-3:00 pm	Minor Class
3:00-3:30 pm	Canteen
3:45-5:45 pm	Major Class
6:00 pm	Dinner
6:45-7:45 pm	Evening activities
8:00 pm	Night canteen
8:45 pm	Close of the day
9:15 pm	Dismiss lower campers to cabins (Upper campers to jam sessions)
10:00 pm	Dismiss upper campers to cabins

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PACKING LIST

Campers will be housed in dorm-style cabins. Beds are twin sized. We suggest a container for clothes such as a large suitcase, trunk, or plastic bin that can go at the end of the bed. Also suggested is a basket or bag for dirty laundry and a toiletry bag or shower caddy. All cabins have heat and air conditioning. PLEASE LABEL IMPORTANT BELONGINGS WITH CAMPER NAME. *Lost and found items IF FOUND may be mailed back to campers for a fee with possible delays.*

- Musical instrument for music majors and minors
- Painting majors and minors will want an apron or paint clothes. Sketchbooks and inspiration photos for painting are suggested, but not necessary.
- Comfortable, casual clothes that can get dirty (t-shirts, shorts, jeans). Lightweight, loose-fitting clothes are best. This is especially important for farming majors and minors.
- Socks and sturdy, closed-toe shoes for working, playing, hiking, and other outdoor activities. Flip flops are only allowed in cabins. If bringing sandals, please bring sandals with a heel strap.
- Light rain jacket
- Clothing appropriate for the weather
- Bedding and pillow for a twin bed
- Towels for bathing
- Towels for swimming
- Swimsuit (one piece or tankini)
- Sunscreen
- Bug Repellent
- Toiletries: Soap, Shampoo, Conditioner, Deodorant, Toothbrush, Toothpaste, brush/comb
- Underwear
- Socks
- Sleepwear
- Flashlight
- Reusable water bottle – to be filled during hydration breaks at the various activity sites each day. NOTE: Our Camp Store has attractive, sturdy, 32 oz water bottles available for purchase.
- Options for suggested for quiet time each day: book to read, journal, writing supplies, pre-addressed and stamped envelopes for writing home, art supplies
- Optional: New or used books to donate to the Alabama Black Belt Book Drive - bring to the camp store
- Optional: New or Used Art Supplies to donate to camp - can be dropped off at the camp store
- Optional: New or Used Costumes to donate to camp - can be dropped off at the camp store
- Any prescriptions and over the counter meds should be ready to turn in to the nurse upon check-in. See Below for more information.

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PACKING LIST (CONTINUED)

Things NOT to bring:

- Alcohol, illegal drugs, or weapons of any kind; Fireworks or any explosive devices
- Youth may not bring tobacco, tobacco products, or electronic cigarettes (including JUULS)
- **Snacks ARE allowed, but MUST BE IN AIRTIGHT CONTAINERS and they CANNOT CONTAIN ANY NUTS or NUT PRODUCTS.** Many of our campers have nut allergies. Crumbs will attract insects in our cabins. Thank you in advance for keeping our campers with allergies safe and the cabins as bug-free as possible!

Additional Money (Optional):

- The fee for the session includes canteen costs. There is no need to submit extra money for canteen. Campers get two snacks each at canteen Saturday
- The camp store will be open on opening day if you would like to purchase any camp gear including shirts, water bottles, toiletries, candy and more. It will not be open during closing day.

****MEDICATIONS NOTE: For safety and per Camp policy, all medications must be kept in the Health Hut. Camp does not allow medications to be stored where children are housed. Thank you in advance for your understanding.**

INFORM & EQUIP OUR STAFF

Please help our excellent staff take excellent care of your child by INFORMING us of any special needs or issues (on their on-line Camper Profile page, Health/Medical page, or by emailing folkschool@campmcdowell.com). In addition, if your child takes medication at home for any reason, please **do not discontinue** while at camp. Keep them on the same routines so that the adjustment to camp life is not compounded by an adjustment to a change in their medication that may impact the way that they feel, think, or react to their surroundings.

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MAIL AND CARE PACKAGES

When are mail and care packages delivered to campers?

Care packages and mail are delivered to campers daily except for the first and last days of each camp session.

How do I get my mail or package to my camper?

You can either mail your package to camp, OR drop your packages off at the Camp Store after you've dropped your camper off.

Either way, labeling is everything! Make sure you write legibly and include your camper's full name, the camp session, and on which day you'd like it delivered. Mail should be sent to:

**Camp McDowell - Bethany Village
Youth Folk Camp & cabin name]
[camper full name]
105 DeLong Road
Nauvoo AL 35578**

How many care packages should I send?

We prefer and recommend sending only one care package per session per camper with the exception of birthdays (which might call for a little extra something).

Will you put together a care package for my camper for me?

Yes! Camp Staff will put together any care packages made up of items from The Camp Store. You can do this in two ways:

- **Online:** Purchasing your care packages before your camper's session begins helps staff out a lot! We can have your package(s) put together, labeled, and ready to go before your camper even arrives.
- **In Person:** After you drop your camper off at camp, stop by The Camp Store and we will help you put together and package up your care packages before you leave.

Do all campers receive care packages?

Sending care packages and mail is voluntary. Some campers might receive a care package or piece of mail daily, while other campers may not receive any.

Can I send care packages to a camper other than my own child?

Yes. The distribution of care packages works like typical mail. Packages and mail can be sent to whomever you choose. We welcome care packages addressed to "For a Scholarship Camper." *Note: Camp McDowell is open to ALL campers. Some campers attend with partial or full scholarships due to their family's financial situation. Any care packages addressed to "For a Scholarship Camper" will be distributed to scholarship campers who have not received a care package by the last day of their session's mail distribution. If you would like to give towards the Summer Camp Scholarship Fund, [click here](#). (Make sure you select "Summer Camp Scholarship Fund" from the drop down menu.)*

Is there anything I should NOT include in a care package?

Contents of care packages should stay within the scope of the camper packing list. **Please especially do not include food or candy containing NUTS or peanut butter.**

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Camp McDowell Packing Sheet & Medicine Reminder 2022

PLEASE READ!

for Parents

- Scheduled medicine times are: Before Breakfast, After Breakfast, After Lunch, Canteen, After Dinner and after nighttime Chapel.
- Prescription medicines **MUST** be in their original containers and have a label containing:
 - Camper Name
 - Name of Prescription Drug
 - Strength of Prescription Drug
 - Administration directions (“give as directed” is **NOT** acceptable)
 - Parents must indicate what time medication is to be taken
- Please remember that parents **must provide any over-the-counter medicines** they anticipate their child may need.

***If your child requires an Epi-pen or other injection, please contact the Nurse at 205-387-1806 ext. 119 or bethany nurse@campmcdowell.com*

Kathy Snoddy, R.N., Youth Folk Camp Nurse at Camp McDowell

Medication Packing Sheet *for Parents*

Please place this sheet in a bag with your child’s medicine. All information must be completed by a parent or legal guardian. Please fill out the information for prescription and over the counter medicines.

Camper Name: _____ DOB: _____/_____/_____

Session: _____

PRESCRIPTION MEDICATIONS:

Circle the time(s) to administer this medicine to the child, choosing from the following:

B*= Before Breakfast, **B**= After Breakfast, **L**= After Lunch, **C**=Canteen (4PM), **D**= After Dinner, **HS**= At Bedtime

*If a time is not selected, medicines will be given after breakfast.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS

OVER THE COUNTER (OTC) MEDICATIONS: ALL OTC MEDICATIONS MUST BE PROVIDED BY PARENTS/LEGAL GUARDIANS OF THE STUDENT. Circle “As Needed Only”, if medication is not taken daily.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only

Parent/Guardian Printed Name: _____

Parent Guardian Signature: _____

Date: _____

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McDowell Environmental Center

STUDENT HEALTH FORM

All information is confidential. **PLEASE PRINT NEATLY**
This form must be filled out by the student's **PARENT or LEGAL GUARDIAN**

Student name: (Last)	(First)	(Middle)	Date of Birth:	Sex: Female/Male (Please circle one)
Age:	Grade:	Height/Weight:	Preferred name (if different from above):	
Address:		City:	State:	Zip Code:
Parent/Guardian name: (Last) (First)			Relationship to student:	
Cell Phone:	Work Phone:		Email Address:	
Other Emergency Contact: (Last) (First)			Relationship to student/Phone Number:	
Primary Physician:			Physician Phone:	

Is your student on a special diet? Y / N If so, please explain what they CAN eat as well as what they CANNOT eat:

****If special foods must be sent with your child, please contact the camp nurse at 205-387-1806 ext. 119 or bethannurse@campmcdowell.com****

ALLERGY INFORMATION

To the best of your knowledge does your child have any allergies? **YES / NO** (Please circle one)
If **YES** was circled, please indicate to which of the following your child is allergic. Please be specific:

FOODS:	
PLANTS:	
MEDICINE ALLERGIES:	
ANIMALS:	
INSECTS:	
OTHER:	

PLEASE READ, COMPLETE and SIGN PAGE 3 OF THIS FORM

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Please indicate what treatment your child should receive if exposure occurs (Any medications to which your child is allergic will NOT be given): _____

**** If your child is bringing an EPI-PEN,**

you MUST contact the camp nurse at 205-387-1806 ext. 119 or bethany nurse@campmcdowell.com**

ADDITIONAL HEALTH CONCERNS:

STUDENT MEDICATIONS WHILE at MCDOWELL ENVIRONMENTAL CENTER:

- All medications must be in their original container with the student's name and school written on the container.
- There must be clear directions on when &/or why to give the medication.
 - NOTE: "Give as Directed" is not acceptable
- The container must specify the strength and dose of the medication.
- If it is an Over-The-Counter medication it must be age-appropriate and will be given following manufacturer recommendations. If it is not recommended for your child's age and your child's Healthcare provider prescribed it then a note from that provider must be sent with the OTC medication.

PRESCRIPTION MEDICATIONS:

ALL MEDICATION IS ADMINISTERED BY A LICENSED NURSE, EMT OR AUTHORIZED SCHOOL PERSONNEL. Add additional sheet, if necessary.

List all prescription medications that you will send with your child. Circle the time(s) to administer this medicine to the child, choosing from the following: **B***= Before Breakfast, **B**= After Breakfast, **L**= After Lunch, **C**=Canteen (4PM), **D**= After Dinner, **HS**= At Bedtime

*If a time is not selected, medicines will be given after breakfast.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS
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Medication:	Dosage:	Reason:	Time Given: B* B L C D HS

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OVER THE COUNTER (OTC) MEDICATIONS:

ALL OTC MEDICATIONS **MUST** BE PROVIDED BY PARENTS/LEGAL GUARDIANS OF THE STUDENT.

Circle "As Needed Only", if medication is not taken daily.

Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only
Medication:	Dosage:	Reason:	Time Given: B* B L C D HS As Needed Only

In the event of unexpected illnesses, our Nurse/EMT will have limited OTC medicines available for your child- Which of the following medicines do you permit to be given to your child by our Nurse/EMT?

Ibuprofen: Yes__ No__ **Acetaminophen:** Yes__ No__ **Benadryl:** Yes__ No__ **Cough Drops:** Yes__ No__ **Tums:** Yes__ No__

PHOTO RELEASE

"I give my permission for any photos or videos taken of my child or any artwork and writing made by my child during the event at Camp McDowell to be used for the public relations of the program."

Please note if you do NOT want your photo taken _____

ACCIDENT INSURANCE COVERAGE

Accident insurance costs are covered in the program fee and protect all students throughout the program. The maximum benefits are: Dental, \$500; Sickness, \$1,000; and Accidents, \$3,000. Parents or guardians are responsible for expenses in excess of these amounts.

MEDICAL AUTHORIZATION AND RELEASE

"I AUTHORIZE THE NURSE, EMT, OR AUTHORIZED SCHOOL PERSONNEL THE TASK OF ASSISTING MY CHILD IN TAKING THE ABOVE MEDICATIONS.

I GIVE THE NURSE AND EMT PERMISSION TO SPEAK WITH MY CHILD'S HEALTH CARE PROVIDER OR PHARMACIST AND AUTHORIZE MY CHILD'S HEALTH CARE PROVIDER OR PHARMACIST TO SPEAK WITH THE NURSE AND EMT SHOULD A QUESTION COME UP ABOUT ONE OF MY CHILD'S MEDICATIONS.

ALL HEALTH INFORMATION IS CONSIDERED CONFIDENTIAL AND WILL BE SHARED ONLY ON A NEED-TO-KNOW BASIS TO ENSURE THE SAFETY OF YOUR CHILD."

"This is to certify that the information provided on this form is accurate to the best of my knowledge,"

SIGNATURE of PARENT or LEGAL GUARDIAN

DATE

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