

The Labyrinth at Camp McDowell



Did you know that Camp McDowell has a Labyrinth?

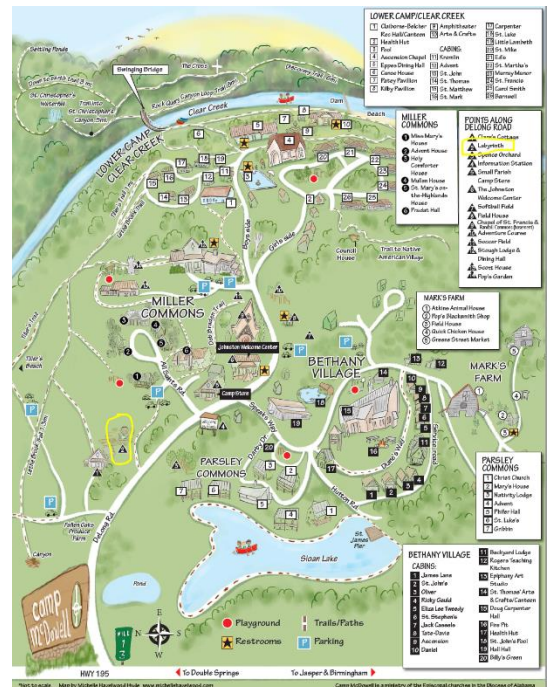
According to the [World Wide Labyrinth Locator](#), 11 of the 30 Labyrinths in Alabama are located at Episcopal Churches plus the one at Camp McDowell.

Labyrinths are wonderful vehicles for prayer, meditation, or quiet contemplation. There is no

right or wrong way to walk a labyrinth. Many people find it useful to speak (quietly or out loud) to God as you walk in, and then clear your mind and listen as you walk back out, careful not to disrupt or distract others who might be walking it at the same time.

The labyrinth can be accessed by a path that is roughly across the street from the fruit tree orchard, or by a path found at the back corner of the Miller Commons parking lot.

Inspired by Mary Ellen Calhoun, the seven path, 42 foot (diameter) classical labyrinth was constructed in October 1998 by former Executive Director Rev. Mark Johnston, some Eagle Scouts, Robin Belk, and other volunteers.



We invite you to experience the serenity of the labyrinth the next time you visit us in God's Backyard.