

# CAMP MCDOWELL FATHER SON RETREAT 2019



## PARTICIPANT INFORMATION

### ABOUT

Father Son Retreat is a weekend Summer Camp retreat designed for people of all ages who stay on boys side to come to camp in a father and son type pair. At Father Son Retreat, everyone is a camper! The younger campers of the pair are the youth campers and their older pairs are the adults campers. Youth and adult campers experience and participate in camp activities together while our enthusiastic staff and volunteers take care of the details.

Father Son Retreat activities include fishing, farming, canoeing, hiking, arts & crafts, field games, and more. On Saturday, campers rotate through each activity with their 'activity group,' and on Sunday morning we play campwide kickball! Father Son Retreat, like all Summer Camp sessions and retreats, also includes a spiritually-themed program which is age-appropriate for youth campers and entertaining for the big campers. During "rest time" after lunch on Saturday, the youth campers are invited to stay in Eppes Hall with our staff. This gives our adult campers a little free time to rest on their own, explore Camp, read, etc. On Saturday night, all campers go to a cookout on the ball field ("Pasture Party") complete with games, watermelon, and a hayride. Both nights come to a close with group worship in the Chapel down the hill. Many campers find this peaceful end to a fun-filled day to be among their most cherished memories of Camp.

After worship, it is bedtime for the youth campers, and any big campers who are ready for sleep! For those big campers who choose, their youth camper may go back to the cabins with the cabin counselor (a college-aged Summer Staff member) while the big campers enjoy snacks and fellowship with other adults in Eppes Dining Hall.

The adult that attends with the child may be a father, godparent or other relative or special friend who would stay on boy's side. All campers stay together in Summer Camp cabins (down the hill) along with other big and little campers, dorm-style. Father Son Retreat is a wonderful and rare opportunity to enjoy quality time with your youth camper, family, and friends, in the setting of Christian Camp community. Come join us in "God's Backyard." You will be glad you did!

# CAMP MCDOWELL FATHER SON RETREAT 2019

## CHECK IN & CHECK OUT



**DATE/TIME: Friday September 6th 5:30 PM - 6:00 pm**

**LOCATION: Eppes Dining Hall**

**105 DeLong Road  
Nauvoo, AL 35578**

When you arrive to camp, continue on DeLong Road for about a mile. The Camp Store will be the first building on your left. The store will be open if you want to stop in! When you pass the store, stay to the left. You will then pass the two-story welcome center and the Chapel of St. Francis on your left. Continue straight until you see the fork in the road (literally!) Stay to the left of the fork and drive down the hill. The dining hall will be at the bottom of the hill. You will check in and get your cabin and activity group assignment.

After that you will move into your cabin and park your car up the hill. We will have arts and crafts activities and games available in Eppes Hall!

**CHECK OUT DATE/TIME: Sunday September 8th at 12:45 pm after lunch.** Sunday morning we will have a closing worship service with Eucharist, play campwide kickball, then eat lunch as the last activity of Father Son Retreat. See the Sample schedule below. If you cannot stay for lunch on Sunday, please let us know Sunday morning so that we can plan for meals.

## REGISTRATION

Each camper (youth campers and adult campers) must register individually as campers. The registration fee for Primary Camp is \$125 per person (\$250 total for two people, etc.). You may submit payments in your online account, over the phone, or by post mail 10 days prior to opening day. **All balances are due by Wednesday September 4th, 2019.**

**Online payments** may be made in your Camp McDowell camper account. Access your camper account through <https://campmcdowell.com/summer-camps-retreats/registrationlogin>

NOTE: If you have misplaced your password, you may request a new one on the login page by emailing or calling MaKenzie Parker at [summercamp@campmcdowell.com](mailto:summercamp@campmcdowell.com) or calling 205.387.1806 Ext. 100

## COMMUNICATION (cell phone, email, device policy)

We try very hard to be "the way the world could be". Part of this goal is getting totally unplugged for a short time and being present with those around you during Primary Camp. We ask that you either do not bring your phone with you or that you be discreet and considerate if you need to use your phone at any time during the retreat.

**Urgent:** Should you need to reach anyone while at Camp, please call 205.387.1806, EXT 101

**Registration Questions:** MaKenzie Parker 205.387.1806 ext 100 [summercamp@campmcdowell.com](mailto:summercamp@campmcdowell.com)

**(Non-Urgent) Summer Camp Coordinator:** Virginia White 205.739.9848 (cell) or 205.387.1806 Ext.122 [virginia@campmcdowell.com](mailto:virginia@campmcdowell.com)

**(Non-Urgent) Summer Camp Director:** 205.719.7727 (cell) or 205.387.1806 Ext.102 [kathryn@campmcdowell.com](mailto:kathryn@campmcdowell.com)

# CAMP MCDOWELL FATHER SON RETREAT 2019

## SAMPLE SCHEDULE

### **Friday, September 6**

- 5:30 Check-in
- 6:00 Cabin meeting
- 6:30 Dinner
- 7:15 Community Time
- 7:45 Small group
- 8:30 Compline
- 9:00 Compline ends:
- 10:00 Cabin curfew for adult campers

### **Saturday, September 7**

- 6:45 \*Earlybird fishing/canoe
- 7:30 Wake-up Bell
- 8:00 Breakfast
- 8:45 First Activity
- 10:15 Lemonade
- 10:30 Reptile Meet and Greet
- 12:00 Lunch
- 12:45 Rest time
- 2:15 Quiet Time over/prep for canoes and fishing
- 2:30 Second Activity Period
- 3:45 Canteen
- 4:15 Farm Tour
- 5:00 Fishing / rec hall free play
- 5:45 Walk to ballfield
- 6:00 Pasture Party!
- 7:30 S'mores
- 8:30 Compline
- 9:00 Compline ends:
- 10:00 Cabin curfew for adult campers

### **Sunday, September 8**

- 6:30 Early Bird Canoe Fishing
- 7:30 Wake-up Bell
- 8:00 Breakfast
- 8:40 Pack & clean cabins
- 9:00 Eucharist
- 10:00 Lemonade
- 10:20 Kickball!
- 12:00 Lunch
- 12:45 Conclude Father Son Retreat

# CAMP MCDOWELL FATHER SON RETREAT 2019

## PACKING LIST

Campers will be housed in dorm-style cabins. Beds are twin sized. All cabins have heat but do not have air conditioning. PLEASE LABEL IMPORTANT BELONGINGS WITH CAMPER NAME. *Lost and found items IF FOUND may be mailed back to campers for a fee with possible delays.*

- Comfortable, casual clothes that can get dirty ( t-shirts, shorts, jeans). Lightweight, loose-fitting clothes are best.
- Socks and sturdy, closed-toe shoes for working, playing, hiking, and other outdoor activities. Flip flops are only allowed in cabins. If bringing sandals, please bring sandals with a heel strap.
- Light rain jacket or coat
- Clothing appropriate for the weather
- Bedding and pillow for a twin bed
- Picnic blanket for pasture party
- Blue jeans or Overalls for the Pasture Party Cookout
- Towels for bathing
- Towels for swimming
- Swimsuit - one piece or tankini
- Sunscreen
- Bug Repellent
- Toiletries: Soap, Shampoo, Conditioner, Deodorant, Toothbrush, Toothpaste, brush/comb
- Underwear
- Socks
- Sleepwear
- Flashlight
- Fan (preferably one with a clip) and extension cord if needed.
- Reusable water bottle – to be filled during hydration breaks at the various activity sites each day. NOTE: Our Camp Store has attractive, sturdy, 32 oz water bottles available for purchase.
- Options for suggested for quiet time each day: Bible, book to read, journal, writing supplies
- Optional: Musical instruments for free time and assisting with worship

### Things NOT to bring:

- Alcohol, illegal drugs, or weapons of any kind; Fireworks or any explosive devices
- Youth may not bring tobacco, tobacco products, or electronic cigarettes (including JUULS)
- **Snacks ARE allowed, but MUST BE IN AIRTIGHT CONTAINERS and they CANNOT CONTAIN ANY NUTS or NUT PRODUCTS.** Many of our campers have nut allergies. Crumbs will attract insects in our cabins. Thank you in advance for keeping our campers with allergies safe and the cabins as bug-free as possible!

### Additional Money (Optional):

- The fee for the session includes canteen costs. There is no need to submit extra money for canteen. Campers get two snacks each at canteen on Saturday
- We will collect an offering at our closing worship service for the Camper Scholarship Fund. Please consider making a contribution.
- The camp store will be open if you would like to purchase any camp gear including shirts, water bottles, toiletries, candy and more. See the bottom of the schedule for store hours.

**\*\*MEDICATIONS NOTE: For safety and per Camp's liability, all medications must be kept in the Health Hut or locked in your car (all cars are parked up the hill). Camp's liability does not allow medications to be stored where children are housed. Thank you in advance for your understanding.**