



CHEER AMERICA
SCHOOL CHEER
DIVISIONS
 2022-2023 SEASON



CROWD PERFORMANCE DIVISIONS ROUTINE LENGTH: 2:30 Minutes CHEER PORTION: EMPHASIZES CROWD LEADING ABILITY WITH EFFECTIVE MATERIAL				
NOVICE	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	JV/FRESHMEN	5-30 Members	11th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female/Male
	NON-BUILDING MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	NON-BUILDING VARSITY	5-30 Members	9th-12th Grade	Female/Male
	* NOVICE JUNIOR CLUB	5-30 Members	14 Years & younger *	Female/Male
INTERMEDIATE	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	JV/FRESHMEN	5-30 Members	11th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female
	COED VARSITY	5-30 Members	9th-12th Grade	Female/Male
	NON-BUILDING MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	NON-BUILDING VARSITY	5-30 Members	9th-12th Grade	Female/Male
	NON-TUMBLING VARSITY	5-30 Members	9th-12th Grade	Female/ 0-2 Male
ADVANCED	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	JV/FRESHMEN	5-30 Members	11th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female
	COED VARSITY	5-30 Members	9th-12th Grade	Female/Male
	NON-BUILDING VARSITY	5-30 Members	9th-12th Grade	Female/Male
	NON-TUMBLING VARSITY	5-30 Members	9th-12th Grade	Female/ 0-2 Male

PERFORMANCE DIVISIONS ROUTINE LENGTH: 2:30 Minutes				
NOVICE	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female/Male
INTERMEDIATE	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female
	COED VARSITY	5-30 Members	9th-12th Grade	Female/Male
ADVANCED	MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male
	VARSITY	5-30 Members	9th-12th Grade	Female
	COED VARSITY	5-30 Members	9th-12th Grade	Female/Male

GAME DAY DIVISIONS ROUTINE LENGTH: 3:00 Minutes INCLUDES: BAND CHANT, GAME DAY CHEER, & FIGHT SONG (crowd leading material suitable for pep rallies /sideline)				
MIDDLE SCHOOL	5-30 Members	9th Grade & Below	Female/Male	
JUNIOR VARSITY	5-30 Members	11th Grade & Below	Female/Male	
VARSITY	5-30 Members	9th-12th Grade	Female	
COED VARSITY	5-30 Members	9th-12th Grade	Female/Male	
** SPIRIT PROGRAM	5-30 Members	9th-12th Grade	Female/Male	

**ALL TEAMS WILL FOLLOW THE STANDARD NFHS/USA CHEER SAFETY GUIDELINES.
 RESTRICTIONS CAN BE FOUND ON OUR WEBSITE UNDER 'SCHOOL CHEER RULES'.**



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DIVISION TYPES

CROWD PERFORMANCE:

Routine maximum time: 2 Minutes 30 seconds

Crowd Performance divisions focus on crowd leading with crowd effective material. Routines will include transitional stunts/pyramids, but will have a cheer section encouraging a crowd response similar to leading the fans on game day! Teams can use all sideline appropriate props such as signs, poms and megaphones in routines.

PERFORMANCE:

Routine maximum time: 2 Minutes 30 seconds

Performance divisions showcase the athletes skills and focus on visual elements. Routines will consist of transitional stunts, pyramids and a cheer. In the Performance divisions it is not required that the cheer encourages crowd participation.

GAME DAY:

Routine maximum time: 3 Minutes

Teams in the Game Day Divisions will showcase a Band Chant, Game Day Cheer, and Fight Song.

In the **Spirit Program division** cheer teams have the option to include their dancers, mascots and/or band members. This division celebrates how spirit programs work together to enhance their school game day!

DIVISION DETAILS

- EVERY MEMBER REPRESENTING A SCHOOL MUST BE OFFICIALLY RECOGNIZED BY THE COMPETING SCHOOL'S ADMINISTRATION AS A MEMBER OF THE COMPETING SCHOOL'S CHEER TEAM.
- MUST CONSIST EXCLUSIVELY OF MEMBERS THAT HAVE NOT GRADUATED FROM HIGH SCHOOL.
- TEAMS PERFORM FOR PARTICULAR ORGANIZED SPORT(S) AT THEIR SCHOOL

- DIVISIONS WILL BE DETERMINED BY THE GRADE OF THE PARTICIPANTS' AT THE TIME OF THE COMPETITION, REGARDLESS OF THE PARTICIPANTS' AGES.

- **CHEER AMERICA STRONGLY RECOMMENDS ALL TEAMS HAVE ALTERNATE(S), NOT CURRENTLY COMPETING WITH ANOTHER TEAM, WHO IS PREPARED TO SUBSTITUTE IN THE EVENT OF INJURY, PROBATION, ETC.**



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- ALL **VARSIITY** LEVEL DIVISIONS ARE FOR 9TH-12TH GRADE ATHLETES. ATHLETES YOUNGER THAN 9TH GRADE WILL BE ALLOWED TO PARTICIPATE ONLY IF THEY ARE ENROLLED IN THE SCHOOL THEY ARE REPRESENTING, ARE RECOGNIZED AS FULL TIME CHEERLEADERS FOR THAT SCHOOL, AND RECEIVE PERMISSION FROM CHEER AMERICA PRIOR TO COMPETITION.
 - **FLAG RUNNERS- MEMBERS THAT ARE STRICTLY USED FOR FLAGS & PROPS**
 - FLAG RUNNERS DO COUNT TOWARDS THE OVERALL NUMBER OF ATHLETES ON THE FLOOR
 - FLAG RUNNERS, IF MALES, ARE **NOT** CONSIDERED IN COED DETERMINATION.
 - *MAY **NOT** PARTICIPATE IN ANY STUNTS OR ADDITIONAL SKILLS.*
 - *IF YOU HAVE FLAG RUNNERS ON YOUR TEAM, CONTACT CHEER AMERICA WHEN REGISTERING INFO@CACHEERMAIL.COM*
 - **IF ENROLLMENT ALLOWS DIVISION MAY BE FURTHER SPLIT INTO SMALL, MEDIUM AND LARGE DIVISIONS.**
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* The **NOVICE JUNIOR CLUB** division is available for teams that may not fit into our other divisions. This includes Elementary Teams, and some other programs.

** **SPIRIT PROGRAM** division MUST consist of more than cheer and mascot by incorporating additional elements like Band, Drumline, Dance Team, etc. The additional programs must be officially recognized by the competing schools admin as a member of the schools' spirit program.

UPDATED: 10/3/22