



Our Father

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen

Summary of the Law

You shall love the Lord, your God, with all your heart, with all your being, with all your strength, and with all your mind, and your neighbor as yourself.

Luke 10:27

Amen



Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Pray the Rosary

Begin the rosary with the Sign of the Cross. Recite the Apostles' Creed, then pray one Our Father, three Hail Marys and one Glory Be. For each decade (ten beads), say one Our Father on the large bead and ten Hail Marys on the ten smaller beads. After each decade, pray the Glory Be.

Act of Contrition
My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more; and to avoid whatever leads me to sin.



Amen

Rosary - The Mysteries

As you pray the rosary, meditate on one of the following groups of mysteries which are significant events in the lives of Jesus and Mary.

Morning Offering

Dear Lord, I offer this day all that I shall do in Mysteries of your life, with a spirit of devotion - Glorious Mysteries

By Jesus Christ, Your only Son.

Way of the Holy Queen as the last Immaculate Heart of Mary.

Amen



Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then most gracious advocate, thine eyes of mercy toward us, and after this exile show unto us the blessed fruit of thy womb; Jesus.

Glory Be
Amen

O clement, O loving, O sweet Virgin Mary, Holy Spirit as it was in the beginning; is now and ever shall be, world without end.

Amen

V. Pray for us, Holy Mother of God.

R. That we may be made worthy of the promises of Christ.



COY HOKOT HENOLU



Guardian Angel Prayer

Angel of God, my guardian
dear, to whom God's love
commits me here,
ever this day be at my side,
to light and guard, to rule
and guide.
Amen



Gifts of the Holy Spirit

Wisdom / Knowledge
Understanding
Piety / Counsel
Fortitude / Fear of the Lord

Fruits of the Spirit

Charity / Joy / Peace
Patience / Kindness / Goodness
Generosity / Gentleness
Faithfulness / Modesty Chastity /
Self-Control

Meal Prayer

Bless us O Lord, and these
Thy gifts, for which we are
about to receive. From Thy
bounty through Christ our
Lord.

Amen



The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth.
I believe in Jesus Christ,
His only Son, our Lord.
Who was conceived by the power of
the Holy Spirit and born of the Virgin
Mary.
He suffered under Pontius Pilate, was
crucified, died, and was buried.
He descended into hell.
On the third day he rose again.
He ascended into heaven and is seated
at the right hand of the Father. He will
come again to judge the living and the
dead.
Amen